

The Psalter

¶ *When saying a psalm aloud, the word 'blessed' is to be pronounced as two syllables: 'bless - ed'. Where spelled 'blest', the word is pronounced as one syllable.*

¶ *A diamond ♦ marks the mid-point in each psalm verse where, traditionally, a pause is observed.*

¶ *Each psalm or group of psalms may end with*

Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now
and shall be for ever. Amen.

Psalm 1

- 1 Blessed are they who have not walked
in the counsel of the wicked, ♦
nor lingered in the way of sinners,
nor sat in the assembly of the scornful.
- 2 Their delight is in the law of the Lord ♦
and they meditate on his law day and night.
- 3 Like a tree planted by streams of water
bearing fruit in due season, with leaves that do not wither, ♦
whatever they do, it shall prosper.
- 4 As for the wicked, it is not so with them; ♦
they are like chaff which the wind blows away.
- 5 Therefore the wicked shall not be able to stand in the judgement, ♦
nor the sinner in the congregation of the righteous.
- 6 For the Lord knows the way of the righteous, ♦
but the way of the wicked shall perish.

Psalm 2

- 1 Why are the nations in tumult, ♦
and why do the peoples devise a vain plot?
- 2 The kings of the earth rise up,
and the rulers take counsel together, ♦
against the Lord and against his anointed:
- 3 ‘Let us break their bonds asunder ♦
and cast away their cords from us.’
- 4 He who dwells in heaven shall laugh them to scorn; ♦
the Lord shall have them in derision.
- 5 Then shall he speak to them in his wrath ♦
and terrify them in his fury:
- 6 ‘Yet have I set my king ♦
upon my holy hill of Zion.’

- 7 I will proclaim the decree of the Lord; ♦
he said to me: ‘You are my Son; this day have I begotten you.
- 8 ‘Ask of me and I will give you the nations for your inheritance ♦
and the ends of the earth for your possession.
- 9 ‘You shall break them with a rod of iron ♦
and dash them in pieces like a potter’s vessel.’
- 10 Now therefore be wise, O kings; ♦
be prudent, you judges of the earth.
- 11 Serve the Lord with fear, and with trembling kiss his feet, ♦
lest he be angry and you perish from the way,
for his wrath is quickly kindled.
- 12 Happy are all they ♦
who take refuge in him.

Psalm 3

- 1 Lord, how many are my adversaries; ♦
many are they who rise up against me.
- 2 Many are they who say to my soul, ♦
‘There is no help for you in your God.’
- 3 But you, Lord, are a shield about me; ♦
you are my glory, and the lifter up of my head.
- 4 When I cry aloud to the Lord, ♦
he will answer me from his holy hill;
- 5 I lie down and sleep and rise again, ♦
because the Lord sustains me.
- 6 I will not be afraid of hordes of the peoples ♦
that have set themselves against me all around.
- 7 Rise up, O Lord, and deliver me, O my God, ♦
for you strike all my enemies on the cheek
and break the teeth of the wicked.
- 8 Salvation belongs to the Lord: ♦
may your blessing be upon your people.

Psalm 4

- 1 Answer me when I call, O God of my righteousness; ♦
you set me at liberty when I was in trouble;
have mercy on me and hear my prayer.
- 2 How long will you nobles dishonour my glory; ♦
how long will you love vain things and seek after falsehood?
- 3 But know that the Lord has shown me his marvellous kindness; ♦
when I call upon the Lord, he will hear me.
- 4 Stand in awe, and sin not; ♦
commune with your own heart upon your bed, and be still.
- 5 Offer the sacrifices of righteousness ♦
and put your trust in the Lord.
- 6 There are many that say, 'Who will show us any good?' ♦
Lord, lift up the light of your countenance upon us.
- 7 You have put gladness in my heart, ♦
more than when their corn and wine and oil increase.
- 8 In peace I will lie down and sleep, ♦
for it is you Lord, only, who make me dwell in safety.

Psalm 5

- 1 Give ear to my words, O Lord; ♦
consider my lamentation.
- 2 Hearken to the voice of my crying, my King and my God, ♦
for to you I make my prayer.
- 3 In the morning, Lord, you will hear my voice; ♦
early in the morning I make my appeal to you, and look up.
- 4 For you are the God who takes no pleasure in wickedness; ♦
no evil can dwell with you.
- 5 The boastful cannot stand in your sight; ♦
you hate all those that work wickedness.
- 6 You destroy those who speak lies; ♦
the bloodthirsty and deceitful the Lord will abhor.

- 7 But as for me, through the greatness of your mercy,
I will come into your house; ♦
I will bow down towards your holy temple in awe of you.
- 8 Lead me, Lord, in your righteousness,
because of my enemies; ♦
make your way straight before my face.
- 9 For there is no truth in their mouth,
in their heart is destruction, ♦
their throat is an open sepulchre,
and they flatter with their tongue.
- 10 Punish them, O God; ♦
let them fall through their own devices.
- 11 Because of their many transgressions cast them out, ♦
for they have rebelled against you.
- 12 But let all who take refuge in you be glad; ♦
let them sing out their joy for ever.
- 13 You will shelter them, ♦
so that those who love your name may exult in you.
- 14 For you, O Lord, will bless the righteous; ♦
and with your favour you will defend them as with a shield.

Psalm 6

- 1 O Lord, rebuke me not in your wrath; ♦
neither chasten me in your fierce anger.
- 2 Have mercy on me, Lord, for I am weak; ♦
Lord, heal me, for my bones are racked.
- 3 My soul also shakes with terror; ♦
how long, O Lord, how long?
- 4 Turn again, O Lord, and deliver my soul; ♦
save me for your loving mercy's sake.
- 5 For in death no one remembers you; ♦
and who can give you thanks in the grave?
- 6 I am weary with my groaning; ♦
every night I drench my pillow
and flood my bed with my tears.

- 7 My eyes are wasted with grief ♦
and worn away because of all my enemies.
- 8 Depart from me, all you that do evil, ♦
for the Lord has heard the voice of my weeping.
- 9 The Lord has heard my supplication; ♦
the Lord will receive my prayer.
- 10 All my enemies shall be put to shame and confusion; ♦
they shall suddenly turn back in their shame.

Psalm 7

- 1 O Lord my God, in you I take refuge; ♦
save me from all who pursue me, and deliver me,
- 2 Lest they rend me like a lion and tear me in pieces ♦
while there is no one to help me.
- 3 O Lord my God, if I have done these things: ♦
if there is any wickedness in my hands,
- 4 If I have repaid my friend with evil, ♦
or plundered my enemy without a cause,
- 5 Then let my enemy pursue me and overtake me, ♦
trample my life to the ground,
and lay my honour in the dust.
- 6 Rise up, O Lord, in your wrath;
lift yourself up against the fury of my enemies. ♦
Awaken, my God, the judgement that you have commanded.
- 7 Let the assembly of the peoples gather round you; ♦
be seated high above them: O Lord, judge the nations.
- 8 Give judgement for me
according to my righteousness, O Lord, ♦
and according to the innocence that is in me.
- 9 Let the malice of the wicked come to an end,
but establish the righteous; ♦
for you test the mind and heart, O righteous God.

- 10 God is my shield that is over me; ♦
he saves the true of heart.
- 11 God is a righteous judge; ♦
he is provoked all day long.
- 12 If they will not repent, God will whet his sword; ♦
he has bent his bow and made it ready.
- 13 He has prepared the weapons of death; ♦
he makes his arrows shafts of fire.
- 14 Behold those who are in labour with wickedness, ♦
who conceive evil and give birth to lies.
- 15 They dig a pit and make it deep ♦
and fall into the hole that they have made for others.
- 16 Their mischief rebounds on their own head; ♦
their violence falls on their own scalp.
- 17 I will give thanks to the Lord for his righteousness, ♦
and I will make music to the name of the Lord Most High.

Psalm 8

First version

- 1 O Lord our governor, ♦
how glorious is your name in all the world!
- 2 Your majesty above the heavens is praised ♦
out of the mouths of babes at the breast.
- 3 You have founded a stronghold against your foes, ♦
that you might still the enemy and the avenger.
- 4 When I consider your heavens, the work of your fingers, ♦
the moon and the stars that you have ordained,
- 5 What is man, that you should be mindful of him; ♦
the son of man, that you should seek him out?
- 6 You have made him little lower than the angels ♦
and crown him with glory and honour.
- 7 You have given him dominion over the works of your hands ♦
and put all things under his feet,

- 8 All sheep and oxen, ♦
even the wild beasts of the field,
- 9 The birds of the air, the fish of the sea ♦
and whatsoever moves in the paths of the sea.
- 10 *O Lord our governor, ♦
how glorious is your name in all the world!*

Psalm 8

Second version

- 1 *O Lord our governor, ♦
how glorious is your name in all the world!*
- 2 Your majesty above the heavens is praised ♦
out of the mouths of babes at the breast.
- 3 You have founded a stronghold against your foes, ♦
that you might still the enemy and the avenger.
- 4 When I consider your heavens, the work of your fingers, ♦
the moon and the stars that you have ordained,
- 5 What are mortals, that you should be mindful of them; ♦
mere human beings, that you should seek them out?
- 6 You have made them little lower than the angels ♦
and crown them with glory and honour.
- 7 You have given them dominion over the works of your hands ♦
and put all things under their feet,
- 8 All sheep and oxen, ♦
even the wild beasts of the field,
- 9 The birds of the air, the fish of the sea ♦
and whatsoever moves in the paths of the sea.
- 10 *O Lord our governor, ♦
how glorious is your name in all the world!*

Psalm 9

- 1 I will give thanks to you, Lord, with my whole heart; ♦
I will tell of all your marvellous works.
- 2 I will be glad and rejoice in you; ♦
I will make music to your name, O Most High.
- 3 When my enemies are driven back, ♦
they stumble and perish at your presence.
- 4 For you have maintained my right and my cause; ♦
you sat on your throne giving righteous judgement.
- 5 You have rebuked the nations and destroyed the wicked; ♦
you have blotted out their name for ever and ever.
- 6 The enemy was utterly laid waste. ♦
You uprooted their cities;
their very memory has perished.
- 7 But the Lord shall endure for ever; ♦
he has made fast his throne for judgement.
- 8 For he shall rule the world with righteousness ♦
and govern the peoples with equity.
- 9 Then will the Lord be a refuge for the oppressed, ♦
a refuge in the time of trouble.
- 10 And those who know your name will put their trust in you, ♦
for you, Lord, have never failed those who seek you.
- 11 Sing praises to the Lord who dwells in Zion; ♦
declare among the peoples the things he has done.
- 12 The avenger of blood has remembered them; ♦
he did not forget the cry of the oppressed.
- 13 Have mercy upon me, O Lord; ♦
consider the trouble I suffer from those who hate me,
you that lift me up from the gates of death;
- 14 That I may tell all your praises in the gates of the city of Zion ♦
and rejoice in your salvation.

- 15 The nations shall sink into the pit of their making ♦
and in the snare which they set will their own foot be taken.
- 16 The Lord makes himself known by his acts of justice; ♦
the wicked are snared in the works of their own hands.
- 17 They shall return to the land of darkness, ♦
all the nations that forget God.
- 18 For the needy shall not always be forgotten ♦
and the hope of the poor shall not perish for ever.
- 19 Arise, O Lord, and let not mortals have the upper hand; ♦
let the nations be judged before your face.
- 20 Put them in fear, O Lord, ♦
that the nations may know themselves to be but mortal.

Psalm 10

- 1 Why stand so far off, O Lord? ♦
Why hide yourself in time of trouble?
- 2 The wicked in their pride persecute the poor; ♦
let them be caught in the schemes they have devised.
- 3 The wicked boast of their heart's desire; ♦
the covetous curse and revile the Lord.
- 4 The wicked in their arrogance say, 'God will not avenge it'; ♦
in all their scheming God counts for nothing.
- 5 They are stubborn in all their ways,
for your judgements are far above out of their sight; ♦
they scoff at all their adversaries.
- 6 They say in their heart, 'I shall not be shaken; ♦
no harm shall ever happen to me.'
- 7 Their mouth is full of cursing, deceit and fraud; ♦
under their tongue lie mischief and wrong.
- 8 They lurk in the outskirts
and in dark alleys they murder the innocent; ♦
their eyes are ever watching for the helpless.

- 9 They lie in wait, like a lion in his den;
they lie in wait to seize the poor; ♦
they seize the poor when they get them into their net.
- 10 The innocent are broken and humbled before them; ♦
the helpless fall before their power.
- 11 They say in their heart, 'God has forgotten; ♦
he hides his face away; he will never see it.'
- 12 Arise, O Lord God, and lift up your hand; ♦
forget not the poor.
- 13 Why should the wicked be scornful of God? ♦
Why should they say in their hearts, 'You will not avenge it'?
- 14 Surely, you behold trouble and misery; ♦
you see it and take it into your own hand.
- 15 The helpless commit themselves to you, ♦
for you are the helper of the orphan.
- 16 Break the power of the wicked and malicious; ♦
search out their wickedness until you find none.
- 17 The Lord shall reign for ever and ever; ♦
the nations shall perish from his land.
- 18 Lord, you will hear the desire of the poor; ♦
you will incline your ear to the fullness of their heart,
- 19 To give justice to the orphan and oppressed, ♦
so that people are no longer driven in terror from the land.

Psalm 11

- 1 In the Lord have I taken refuge; ♦
how then can you say to me,
'Flee like a bird to the hills,
- 2 'For see how the wicked bend the bow
and fit their arrows to the string, ♦
to shoot from the shadows at the true of heart.
- 3 'When the foundations are destroyed, ♦
what can the righteous do?'

- 4 The Lord is in his holy temple; ♦
the Lord's throne is in heaven.
- 5 His eyes behold, ♦
his eyelids try every mortal being.
- 6 The Lord tries the righteous as well as the wicked, ♦
but those who delight in violence his soul abhors.
- 7 Upon the wicked he shall rain coals of fire
and burning sulphur; ♦
scorching wind shall be their portion to drink.
- 8 For the Lord is righteous;
he loves righteous deeds, ♦
and those who are upright shall behold his face.

Psalm 12

- 1 Help me, Lord, for no one godly is left; ♦
the faithful have vanished from the whole human race.
- 2 They all speak falsely with their neighbour; ♦
they flatter with their lips, but speak from a double heart.
- 3 O that the Lord would cut off all flattering lips ♦
and the tongue that speaks proud boasts!
- 4 Those who say, 'With our tongue will we prevail; ♦
our lips we will use; who is lord over us?'
- 5 'Because of the oppression of the needy,
and the groaning of the poor, ♦
I will rise up now,' says the Lord,
'and set them in the safety that they long for.'
- 6 The words of the Lord are pure words, ♦
like silver refined in the furnace
and purified seven times in the fire.
- 7 You, O Lord, will watch over us ♦
and guard us from this generation for ever.
- 8 The wicked strut on every side, ♦
when what is vile is exalted by the whole human race.

Psalm 13

- 1 How long will you forget me, O Lord; for ever? ♦
How long will you hide your face from me?
- 2 How long shall I have anguish in my soul
and grief in my heart, day after day? ♦
How long shall my enemy triumph over me?
- 3 Look upon me and answer, O Lord my God; ♦
lighten my eyes, lest I sleep in death;
- 4 Lest my enemy say, 'I have prevailed against him,' ♦
and my foes rejoice that I have fallen.
- 5 But I put my trust in your steadfast love; ♦
my heart will rejoice in your salvation.
- 6 I will sing to the Lord, ♦
for he has dealt so bountifully with me.

Psalm 14

- 1 The fool has said in his heart, 'There is no God.' ♦
Corrupt are they, and abominable in their wickedness;
there is no one that does good.
- 2 The Lord has looked down from heaven
upon the children of earth, ♦
to see if there is anyone who is wise
and seeks after God.
- 3 But every one has turned back;
all alike have become corrupt: ♦
there is none that does good; no, not one.
- 4 Have they no knowledge, those evildoers, ♦
who eat up my people as if they ate bread
and do not call upon the Lord?
- 5 There shall they be in great fear; ♦
for God is in the company of the righteous.

- 6 Though they would confound the counsel of the poor, ♦
yet the Lord shall be their refuge.
- 7 O that Israel's salvation would come out of Zion! ♦
When the Lord restores the fortunes of his people,
then will Jacob rejoice and Israel be glad.

Psalm 15

- 1 Lord, who may dwell in your tabernacle? ♦
Who may rest upon your holy hill?
- 2 Whoever leads an uncorrupt life ♦
and does the thing that is right;
- 3 Who speaks the truth from the heart ♦
and bears no deceit on the tongue;
- 4 Who does no evil to a friend ♦
and pours no scorn on a neighbour;
- 5 In whose sight the wicked are not esteemed, ♦
but who honours those who fear the Lord.
- 6 Whoever has sworn to a neighbour ♦
and never goes back on that word;
- 7 Who does not lend money in hope of gain, ♦
nor takes a bribe against the innocent;
- 8 Whoever does these things ♦
shall never fall.

Psalm 16

- 1 Preserve me, O God, for in you have I taken refuge; ♦
I have said to the Lord, 'You are my lord,
all my good depends on you.'
- 2 All my delight is upon the godly that are in the land, ♦
upon those who are noble in heart.
- 3 Though the idols are legion
that many run after, ♦
their drink offerings of blood I will not offer,
neither make mention of their names upon my lips.

- 4 The Lord himself is my portion and my cup; ♦
in your hands alone is my fortune.
- 5 My share has fallen in a fair land; ♦
indeed, I have a goodly heritage.
- 6 I will bless the Lord who has given me counsel, ♦
and in the night watches he instructs my heart.
- 7 I have set the Lord always before me; ♦
he is at my right hand; I shall not fall.
- 8 Wherefore my heart is glad and my spirit rejoices; ♦
my flesh also shall rest secure.
- 9 For you will not abandon my soul to Death, ♦
nor suffer your faithful one to see the Pit.
- 10 You will show me the path of life;
in your presence is the fullness of joy ♦
and in your right hand are pleasures for evermore.

Psalm 17

- 1 Hear my just cause, O Lord; consider my complaint; ♦
listen to my prayer, which comes not from lying lips.
- 2 Let my vindication come forth from your presence; ♦
let your eyes behold what is right.
- 3 Weigh my heart, examine me by night, ♦
refine me, and you will find no impurity in me.
- 4 My mouth does not trespass for earthly rewards; ♦
I have heeded the words of your lips.
- 5 My footsteps hold fast in the ways of your commandments; ♦
my feet have not stumbled in your paths.
- 6 I call upon you, O God, for you will answer me; ♦
incline your ear to me, and listen to my words.
- 7 Show me your marvellous loving-kindness, ♦
O Saviour of those who take refuge at your right hand
from those who rise up against them.
- 8 Keep me as the apple of your eye; ♦
hide me under the shadow of your wings,

- 9 From the wicked who assault me, ♦
from my enemies who surround me to take away my life.
- 10 They have closed their heart to pity ♦
and their mouth speaks proud things.
- 11 They press me hard, they surround me on every side, ♦
watching how they may cast me to the ground,
- 12 Like a lion that is greedy for its prey, ♦
like a young lion lurking in secret places.
- 13 Arise, Lord; confront them and cast them down; ♦
deliver me from the wicked by your sword.
- 14 Deliver me, O Lord, by your hand ♦
from those whose portion in life is unending,
- 15 Whose bellies you fill with your treasure, ♦
who are well supplied with children
and leave their wealth to their little ones.
- 16 As for me, I shall see your face in righteousness; ♦
when I awake and behold your likeness, I shall be satisfied.

Psalm 18

- 1 I love you, O Lord my strength. ♦
The Lord is my crag, my fortress and my deliverer;
- 2 My God, my rock in whom I take refuge, ♦
my shield, the horn of my salvation and my stronghold.
- 3 I cried to the Lord in my anguish ♦
and I was saved from my enemies.
- 4 The cords of death entwined me ♦
and the torrents of destruction overwhelmed me.
- 5 The cords of the Pit fastened about me ♦
and the snares of death entangled me.
- 6 In my distress I called upon the Lord ♦
and cried out to my God for help.
- 7 He heard my voice in his temple ♦
and my cry came to his ears.

- 8 The earth trembled and quaked; ♦
the foundations of the mountains shook;
they reeled because he was angry.
- 9 Smoke rose from his nostrils
and a consuming fire went out of his mouth; ♦
burning coals blazed forth from him.
- 10 He parted the heavens and came down ♦
and thick darkness was under his feet.
- 11 He rode upon the cherubim and flew; ♦
he came flying on the wings of the wind.
- 12 He made darkness his covering round about him, ♦
dark waters and thick clouds his pavilion.
- 13 From the brightness of his presence, through the clouds ♦
burst hailstones and coals of fire.
- 14 The Lord also thundered out of heaven; ♦
the Most High uttered his voice
with hailstones and coals of fire.
- 15 He sent out his arrows and scattered them; ♦
he hurled down lightnings and put them to flight.
- 16 The springs of the ocean were seen,
and the foundations of the world uncovered ♦
at your rebuke, O Lord,
at the blast of the breath of your displeasure.
- 17 He reached down from on high and took me; ♦
he drew me out of the mighty waters.
- 18 He delivered me from my strong enemy, ♦
from foes that were too mighty for me.
- 19 They came upon me in the day of my trouble; ♦
but the Lord was my upholder.
- 20 He brought me out into a place of liberty; ♦
he rescued me because he delighted in me.
- 21 The Lord rewarded me after my righteous dealing; ♦
according to the cleanness of my hands he recompensed me,
- 22 Because I had kept the ways of the Lord ♦
and had not gone wickedly away from my God,

- 23 For I had an eye to all his laws, ♦
and did not cast out his commandments from me.
- 24 I was also wholehearted before him ♦
and kept myself from iniquity;
- 25 Therefore the Lord rewarded me
after my righteous dealing, ♦
and according to the cleanness of my hands in his sight.
- 26 With the faithful you show yourself faithful; ♦
with the true you show yourself true;
- 27 With the pure you show yourself pure, ♦
but with the crooked you show yourself perverse.
- 28 For you will save a lowly people ♦
and bring down the high looks of the proud.
- 29 You also shall light my candle; ♦
the Lord my God shall make my darkness to be bright.
- 30 By your help I shall run at an enemy host; ♦
with the help of my God I can leap over a wall.
- 31 As for God, his way is perfect;
the word of the Lord is tried in the fire; ♦
he is a shield to all who trust in him.
- 32 For who is God but the Lord, ♦
and who is the rock except our God?
- 33 It is God who girds me about with strength ♦
and makes my way perfect.
- 34 He makes my feet like hinds' feet ♦
so that I tread surely on the heights.
- 35 He teaches my hands to fight ♦
and my arms to bend a bow of bronze.
- 36 You have given me the shield of your salvation; ♦
your right hand upholds me
and your grace has made me great.
- 37 You enlarge my strides beneath me, ♦
yet my feet do not slide.
- 38 I will pursue my enemies and overtake them, ♦
nor turn again until I have destroyed them.
- 39 I will smite them down so they cannot rise; ♦
they shall fall beneath my feet.
- 40 You have girded me with strength for the battle; ♦
you will cast down my enemies under me;
- 41 You will make my foes turn their backs upon me ♦
and I shall destroy them that hate me.
- 42 They will cry out, but there shall be none to help them; ♦
they will cry to the Lord, but he will not answer.
- 43 I shall beat them as small as the dust on the wind; ♦
I will cast them out as the mire in the streets.
- 44 You will deliver me from the strife of the peoples; ♦
you will make me the head of the nations.
- 45 A people I have not known shall serve me;
as soon as they hear me, they shall obey me; ♦
strangers will humble themselves before me.
- 46 The foreign peoples will lose heart ♦
and come trembling out of their strongholds.
- 47 The Lord lives, and blessed be my rock! ♦
Praised be the God of my salvation,
- 48 Even the God who vindicates me ♦
and subdues the peoples under me!
- 49 You that deliver me from my enemies,
you will set me up above my foes; ♦
from the violent you will deliver me;
- 50 Therefore will I give you thanks, O Lord, among the nations ♦
and sing praises to your name,
- 51 To the one who gives great victory to his king ♦
and shows faithful love to his anointed,
to David and his seed for ever.

Psalm 19

- 1 The heavens are telling the glory of God ♦
and the firmament proclaims his handiwork.
- 2 One day pours out its song to another ♦
and one night unfolds knowledge to another.
- 3 They have neither speech nor language ♦
and their voices are not heard,
- 4 Yet their sound has gone out into all lands ♦
and their words to the ends of the world.
- 5 In them has he set a tabernacle for the sun, ♦
that comes forth as a bridegroom out of his chamber
and rejoices as a champion to run his course.
- 6 It goes forth from the end of the heavens
and runs to the very end again, ♦
and there is nothing hidden from its heat.
- 7 The law of the Lord is perfect, reviving the soul; ♦
the testimony of the Lord is sure
and gives wisdom to the simple.
- 8 The statutes of the Lord are right and rejoice the heart; ♦
the commandment of the Lord is pure
and gives light to the eyes.
- 9 The fear of the Lord is clean and endures for ever; ♦
the judgements of the Lord are true
and righteous altogether.
- 10 More to be desired are they than gold,
more than much fine gold, ♦
sweeter also than honey,
dripping from the honeycomb.
- 11 By them also is your servant taught ♦
and in keeping them there is great reward.
- 12 Who can tell how often they offend? ♦
O cleanse me from my secret faults!

- 13 Keep your servant also from presumptuous sins
lest they get dominion over me; ♦
so shall I be undefiled,
and innocent of great offence.
- 14 Let the words of my mouth and the meditation of my heart
be acceptable in your sight, ♦
O Lord, my strength and my redeemer.

Psalm 20

- 1 May the Lord hear you in the day of trouble, ♦
the name of the God of Jacob defend you;
- 2 Send you help from his sanctuary ♦
and strengthen you out of Zion;
- 3 Remember all your offerings ♦
and accept your burnt sacrifice;
- 4 Grant you your heart's desire ♦
and fulfil all your mind.
- 5 May we rejoice in your salvation
and triumph in the name of our God; ♦
may the Lord perform all your petitions.
- 6 Now I know that the Lord will save his anointed; ♦
he will answer him from his holy heaven,
with the mighty strength of his right hand.
- 7 Some put their trust in chariots and some in horses, ♦
but we will call only on the name of the Lord our God.
- 8 They are brought down and fallen, ♦
but we are risen and stand upright.
- 9 O Lord, save the king ♦
and answer us when we call upon you.

- 1 The king shall rejoice in your strength, O Lord; ♦
how greatly shall he rejoice in your salvation!
- 2 You have given him his heart's desire ♦
and have not denied the request of his lips.
- 3 For you come to meet him with blessings of goodness ♦
and set a crown of pure gold upon his head.
- 4 He asked of you life and you gave it him, ♦
length of days, for ever and ever.
- 5 His honour is great because of your salvation; ♦
glory and majesty have you laid upon him.
- 6 You have granted him everlasting felicity ♦
and will make him glad with joy in your presence.
- 7 For the king puts his trust in the Lord; ♦
because of the loving-kindness of the Most High,
he shall not be overthrown.
- 8 Your hand shall mark down all your enemies; ♦
your right hand will find out those who hate you.
- 9 You will make them like a fiery oven
in the time of your wrath; ♦
the Lord will swallow them up in his anger
and the fire will consume them.
- 10 Their fruit you will root out of the land ♦
and their seed from among its inhabitants.
- 11 Because they intend evil against you ♦
and devise wicked schemes
which they cannot perform,
- 12 You will put them to flight ♦
when you aim your bow at their faces.
- 13 Be exalted, O Lord, in your own might; ♦
we will make music and sing of your power.

- 1 My God, my God, why have you forsaken me, ♦
and are so far from my salvation,
from the words of my distress?
- 2 O my God, I cry in the daytime,
but you do not answer; ♦
and by night also, but I find no rest.
- 3 Yet you are the Holy One, ♦
enthroned upon the praises of Israel.
- 4 Our forebears trusted in you; ♦
they trusted, and you delivered them.
- 5 They cried out to you and were delivered; ♦
they put their trust in you and were not confounded.
- 6 But as for me, I am a worm and no man, ♦
scorned by all and despised by the people.
- 7 All who see me laugh me to scorn; ♦
they curl their lips and wag their heads, saying,
- 8 'He trusted in the Lord; let him deliver him; ♦
let him deliver him, if he delights in him.'
- 9 But it is you that took me out of the womb ♦
and laid me safe upon my mother's breast.
- 10 On you was I cast ever since I was born; ♦
you are my God even from my mother's womb.
- 11 Be not far from me, for trouble is near at hand ♦
and there is none to help.
- 12 Mighty oxen come around me; ♦
fat bulls of Bashan close me in on every side.
- 13 They gape upon me with their mouths, ♦
as it were a ramping and a roaring lion.
- 14 I am poured out like water;
all my bones are out of joint; ♦
my heart has become like wax
melting in the depths of my body.
- 15 My mouth is dried up like a potsherd;
my tongue cleaves to my gums; ♦
you have laid me in the dust of death.

- 16 For the hounds are all about me,
the pack of evildoers close in on me; ♦
they pierce my hands and my feet.
- 17 I can count all my bones; ♦
they stand staring and looking upon me.
- 18 They divide my garments among them; ♦
they cast lots for my clothing.
- 19 Be not far from me, O Lord; ♦
you are my strength; hasten to help me.
- 20 Deliver my soul from the sword, ♦
my poor life from the power of the dog.
- 21 Save me from the lion's mouth,
from the horns of wild oxen. ♦
You have answered me!
- 22 I will tell of your name to my people; ♦
in the midst of the congregation will I praise you.
- 23 Praise the Lord, you that fear him; ♦
O seed of Jacob, glorify him;
stand in awe of him, O seed of Israel.
- 24 For he has not despised nor abhorred the suffering of the poor;
neither has he hidden his face from them; ♦
but when they cried to him he heard them.
- 25 From you comes my praise in the great congregation; ♦
I will perform my vows
in the presence of those that fear you.
- 26 The poor shall eat and be satisfied; ♦
those who seek the Lord shall praise him;
their hearts shall live for ever.
- 27 All the ends of the earth
shall remember and turn to the Lord, ♦
and all the families of the nations shall bow before him.
- 28 For the kingdom is the Lord's ♦
and he rules over the nations.

- 29 How can those who sleep in the earth
bow down in worship, ♦
or those who go down to the dust kneel before him?
- 30 He has saved my life for himself;
my descendants shall serve him; ♦
this shall be told of the Lord for generations to come.
- 31 They shall come and make known his salvation,
to a people yet unborn, ♦
declaring that he, the Lord, has done it.

Psalm 23

- 1 The Lord is my shepherd; ♦
therefore can I lack nothing.
- 2 He makes me lie down in green pastures ♦
and leads me beside still waters.
- 3 He shall refresh my soul ♦
and guide me in the paths of righteousness for his name's sake.
- 4 Though I walk through the valley of the shadow of death,
I will fear no evil; ♦
for you are with me;
your rod and your staff, they comfort me.
- 5 You spread a table before me
in the presence of those who trouble me; ♦
you have anointed my head with oil
and my cup shall be full.
- 6 Surely goodness and loving mercy shall follow me
all the days of my life, ♦
and I will dwell in the house of the Lord for ever.

- 1 The earth is the Lord's and all that fills it, ♦
the compass of the world and all who dwell therein.
- 2 For he has founded it upon the seas ♦
and set it firm upon the rivers of the deep.
- 3 'Who shall ascend the hill of the Lord, ♦
or who can rise up in his holy place?'
- 4 'Those who have clean hands and a pure heart, ♦
who have not lifted up their soul to an idol,
nor sworn an oath to a lie;
- 5 'They shall receive a blessing from the Lord, ♦
a just reward from the God of their salvation.'
- 6 Such is the company of those who seek him, ♦
of those who seek your face, O God of Jacob.
- 7 Lift up your heads, O gates;
be lifted up, you everlasting doors; ♦
and the King of glory shall come in.
- 8 'Who is the King of glory?' ♦
'The Lord, strong and mighty,
the Lord who is mighty in battle.'
- 9 Lift up your heads, O gates;
be lifted up, you everlasting doors; ♦
and the King of glory shall come in.
- 10 'Who is this King of glory?' ♦
'The Lord of hosts,
he is the King of glory.'

- 1 To you, O Lord, I lift up my soul;
O my God, in you I trust; ♦
let me not be put to shame;
let not my enemies triumph over me.
- 2 Let none who look to you be put to shame, ♦
but let the treacherous be shamed and frustrated.
- 3 Make me to know your ways, O Lord, ♦
and teach me your paths.
- 4 Lead me in your truth and teach me, ♦
for you are the God of my salvation;
for you have I hoped all the day long.
- 5 Remember, Lord, your compassion and love, ♦
for they are from everlasting.
- 6 Remember not the sins of my youth
or my transgressions, ♦
but think on me in your goodness, O Lord,
according to your steadfast love.
- 7 Gracious and upright is the Lord; ♦
therefore shall he teach sinners in the way.
- 8 He will guide the humble in doing right ♦
and teach his way to the lowly.
- 9 All the paths of the Lord are mercy and truth ♦
to those who keep his covenant and his testimonies.
- 10 For your name's sake, O Lord, ♦
be merciful to my sin, for it is great.
- 11 Who are those who fear the Lord? ♦
Them will he teach in the way that they should choose.
- 12 Their soul shall dwell at ease ♦
and their offspring shall inherit the land.
- 13 The hidden purpose of the Lord is for those who fear him ♦
and he will show them his covenant.
- 14 My eyes are ever looking to the Lord, ♦
for he shall pluck my feet out of the net.
- 15 Turn to me and be gracious to me, ♦
for I am alone and brought very low.

- 16 The sorrows of my heart have increased; ♦
O bring me out of my distress.
- 17 Look upon my adversity and misery ♦
and forgive me all my sin.
- 18 Look upon my enemies, for they are many ♦
and they bear a violent hatred against me.
- 19 O keep my soul and deliver me; ♦
let me not be put to shame, for I have put my trust in you.
- 20 Let integrity and uprightness preserve me, ♦
for my hope has been in you.
- 21 Deliver Israel, O God, ♦
out of all his troubles.

Psalm 26

- 1 Give judgement for me, O Lord,
for I have walked with integrity; ♦
I have trusted in the Lord and have not faltered.
- 2 Test me, O Lord, and try me; ♦
examine my heart and my mind.
- 3 For your love is before my eyes; ♦
I have walked in your truth.
- 4 I have not joined the company of the false, ♦
nor consorted with the deceitful.
- 5 I hate the gathering of evildoers ♦
and I will not sit down with the wicked.
- 6 I will wash my hands in innocence, O Lord, ♦
that I may go about your altar,
- 7 To make heard the voice of thanksgiving ♦
and tell of all your wonderful deeds.
- 8 Lord, I love the house of your habitation ♦
and the place where your glory abides.
- 9 Sweep me not away with sinners, ♦
nor my life with the bloodthirsty,

- 10 Whose hands are full of wicked schemes ♦
and their right hand full of bribes.
- 11 As for me, I will walk with integrity; ♦
redeem me, Lord, and be merciful to me.
- 12 My foot stands firm; ♦
in the great congregation I will bless the Lord.

Psalm 27

- 1 The Lord is my light and my salvation;
whom then shall I fear? ♦
The Lord is the strength of my life;
of whom then shall I be afraid?
- 2 When the wicked, even my enemies and my foes,
came upon me to eat up my flesh, ♦
they stumbled and fell.
- 3 Though a host encamp against me,
my heart shall not be afraid, ♦
and though there rise up war against me,
yet will I put my trust in him.
- 4 One thing have I asked of the Lord
and that alone I seek: ♦
that I may dwell in the house of the Lord
all the days of my life,
- 5 To behold the fair beauty of the Lord ♦
and to seek his will in his temple.
- 6 For in the day of trouble
he shall hide me in his shelter; ♦
in the secret place of his dwelling shall he hide me
and set me high upon a rock.
- 7 And now shall he lift up my head ♦
above my enemies round about me;
- 8 Therefore will I offer in his dwelling an oblation
with great gladness; ♦
I will sing and make music to the Lord.

- 9 Hear my voice, O Lord, when I call; ♦
have mercy upon me and answer me.
- 10 My heart tells of your word, 'Seek my face.' ♦
Your face, Lord, will I seek.
- 11 Hide not your face from me, ♦
nor cast your servant away in displeasure.
- 12 You have been my helper; ♦
leave me not, neither forsake me, O God of my salvation.
- 13 Though my father and my mother forsake me, ♦
the Lord will take me up.
- 14 Teach me your way, O Lord; ♦
lead me on a level path,
because of those who lie in wait for me.
- 15 Deliver me not into the will of my adversaries, ♦
for false witnesses have risen up against me,
and those who breathe out violence.
- 16 I believe that I shall see the goodness of the Lord ♦
in the land of the living.
- 17 Wait for the Lord;
be strong and he shall comfort your heart; ♦
wait patiently for the Lord.

Psalm 28

- 1 To you I call, O Lord my rock;
be not deaf to my cry, ♦
lest, if you do not hear me,
I become like those who go down to the Pit.
- 2 Hear the voice of my prayer when I cry out to you, ♦
when I lift up my hands to your holy of holies.
- 3 Do not snatch me away with the wicked,
with the evildoers, ♦
who speak peaceably with their neighbours,
while malice is in their hearts.
- 4 Repay them according to their deeds ♦
and according to the wickedness of their devices.

- 5 Reward them according to the work of their hands ♦
and pay them their just deserts.
- 6 They take no heed of the Lord's doings,
nor of the works of his hands; ♦
therefore shall he break them down
and not build them up.
- 7 Blessed be the Lord, ♦
for he has heard the voice of my prayer.
- 8 The Lord is my strength and my shield; ♦
my heart has trusted in him and I am helped;
- 9 Therefore my heart dances for joy ♦
and in my song will I praise him.
- 10 The Lord is the strength of his people, ♦
a safe refuge for his anointed.
- 11 Save your people and bless your inheritance; ♦
shepherd them and carry them for ever.

Psalm 29

- 1 Ascribe to the Lord, you powers of heaven, ♦
ascribe to the Lord glory and strength.
- 2 Ascribe to the Lord the honour due to his name; ♦
worship the Lord in the beauty of holiness.
- 3 The voice of the Lord is upon the waters;
the God of glory thunders; ♦
the Lord is upon the mighty waters.
- 4 The voice of the Lord is mighty in operation; ♦
the voice of the Lord is a glorious voice.
- 5 The voice of the Lord breaks the cedar trees; ♦
the Lord breaks the cedars of Lebanon;
- 6 He makes Lebanon skip like a calf ♦
and Sirion like a young wild ox.
- 7 The voice of the Lord splits the flash of lightning;
the voice of the Lord shakes the wilderness; ♦
the Lord shakes the wilderness of Kadesh.

- 8 The voice of the Lord makes the oak trees writhe
and strips the forests bare; ♦
in his temple all cry, 'Glory!'
- 9 The Lord sits enthroned above the water flood; ♦
the Lord sits enthroned as king for evermore.
- 10 The Lord shall give strength to his people; ♦
the Lord shall give his people the blessing of peace.

Psalm 30

- 1 I will exalt you, O Lord,
because you have raised me up ♦
and have not let my foes triumph over me.
- 2 O Lord my God, I cried out to you ♦
and you have healed me.
- 3 You brought me up, O Lord, from the dead; ♦
you restored me to life from among those that go down to the Pit.
- 4 Sing to the Lord, you servants of his; ♦
give thanks to his holy name.
- 5 For his wrath endures but the twinkling of an eye,
his favour for a lifetime. ♦
Heaviness may endure for a night,
but joy comes in the morning.
- 6 In my prosperity I said,
'I shall never be moved. ♦
You, Lord, of your goodness,
have made my hill so strong.'
- 7 Then you hid your face from me ♦
and I was utterly dismayed.
- 8 To you, O Lord, I cried; ♦
to the Lord I made my supplication:
- 9 'What profit is there in my blood,
if I go down to the Pit? ♦
Will the dust praise you or declare your faithfulness?
- 10 'Hear, O Lord, and have mercy upon me; ♦
O Lord, be my helper.'

- 11 You have turned my mourning into dancing; ♦
you have put off my sackcloth and girded me with gladness;
- 12 Therefore my heart sings to you without ceasing; ♦
O Lord my God, I will give you thanks for ever.

Psalm 31

- 1 In you, O Lord, have I taken refuge;
let me never be put to shame; ♦
deliver me in your righteousness.
- 2 Incline your ear to me; ♦
make haste to deliver me.
- 3 Be my strong rock, a fortress to save me,
for you are my rock and my stronghold; ♦
guide me, and lead me for your name's sake.
- 4 Take me out of the net
that they have laid secretly for me, ♦
for you are my strength.
- 5 Into your hands I commend my spirit, ♦
for you have redeemed me, O Lord God of truth.
- 6 I hate those who cling to worthless idols; ♦
I put my trust in the Lord.
- 7 I will be glad and rejoice in your mercy, ♦
for you have seen my affliction
and known my soul in adversity.
- 8 You have not shut me up in the hand of the enemy; ♦
you have set my feet in an open place.
- 9 Have mercy on me, Lord, for I am in trouble; ♦
my eye is consumed with sorrow,
my soul and my body also.
- 10 For my life is wasted with grief,
and my years with sighing; ♦
my strength fails me because of my affliction,
and my bones are consumed.

- 11 I have become a reproach to all my enemies
and even to my neighbours,
an object of dread to my acquaintances; ♦
when they see me in the street they flee from me.
- 12 I am forgotten like one that is dead, out of mind; ♦
I have become like a broken vessel.
- 13 For I have heard the whispering of the crowd;
fear is on every side; ♦
they scheme together against me,
and plot to take my life.
- 14 But my trust is in you, O Lord. ♦
I have said, 'You are my God.
- 15 'My times are in your hand; ♦
deliver me from the hand of my enemies,
and from those who persecute me.
- 16 'Make your face to shine upon your servant, ♦
and save me for your mercy's sake.'
- 17 Lord, let me not be confounded
for I have called upon you; ♦
but let the wicked be put to shame;
let them be silent in the grave.
- 18 Let the lying lips be put to silence ♦
that speak against the righteous
with arrogance, disdain and contempt.
- 19 How abundant is your goodness, O Lord,
which you have laid up for those who fear you; ♦
which you have prepared in the sight of all
for those who put their trust in you.
- 20 You hide them in the shelter of your presence
from those who slander them; ♦
you keep them safe in your refuge from the strife of tongues.
- 21 Blessed be the Lord! ♦
For he has shown me his steadfast love
when I was as a city besieged.

- 22 I had said in my alarm,
'I have been cut off from the sight of your eyes.' ♦
Nevertheless, you heard the voice of my prayer
when I cried out to you.
- 23 Love the Lord, all you his servants; ♦
for the Lord protects the faithful,
but repays to the full the proud.
- 24 Be strong and let your heart take courage, ♦
all you who wait in hope for the Lord.

Psalm 32

- 1 Happy the one whose transgression is forgiven, ♦
and whose sin is covered.
- 2 Happy the one to whom the Lord imputes no guilt, ♦
and in whose spirit there is no guile.
- 3 For I held my tongue; ♦
my bones wasted away
through my groaning all the day long.
- 4 Your hand was heavy upon me day and night; ♦
my moisture was dried up like the drought in summer.
- 5 Then I acknowledged my sin to you ♦
and my iniquity I did not hide.
- 6 I said, 'I will confess my transgressions to the Lord,' ♦
and you forgave the guilt of my sin.
- 7 Therefore let all the faithful make their prayers to you
in time of trouble; ♦
in the great water flood, it shall not reach them.
- 8 You are a place for me to hide in;
you preserve me from trouble; ♦
you surround me with songs of deliverance.
- 9 'I will instruct you and teach you
in the way that you should go; ♦
I will guide you with my eye.

- 10 'Be not like horse and mule which have no understanding; ♦
whose mouths must be held with bit and bridle,
or else they will not stay near you.'
- 11 Great tribulations remain for the wicked, ♦
but mercy embraces those who trust in the Lord.
- 12 Be glad, you righteous, and rejoice in the Lord; ♦
shout for joy, all who are true of heart.

Psalm 33

- 1 Rejoice in the Lord, O you righteous, ♦
for it is good for the just to sing praises.
- 2 Praise the Lord with the lyre; ♦
on the ten-stringed harp sing his praise.
- 3 Sing for him a new song; ♦
play skilfully, with shouts of praise.
- 4 For the word of the Lord is true ♦
and all his works are sure.
- 5 He loves righteousness and justice; ♦
the earth is full of the loving-kindness of the Lord.
- 6 By the word of the Lord were the heavens made ♦
and all their host by the breath of his mouth.
- 7 He gathers up the waters of the sea as in a waterskin ♦
and lays up the deep in his treasury.
- 8 Let all the earth fear the Lord; ♦
stand in awe of him, all who dwell in the world.
- 9 For he spoke, and it was done; ♦
he commanded, and it stood fast.
- 10 The Lord brings the counsel of the nations to naught; ♦
he frustrates the designs of the peoples.
- 11 But the counsel of the Lord shall endure for ever ♦
and the designs of his heart from generation to generation.
- 12 Happy the nation whose God is the Lord ♦
and the people he has chosen for his own.

- 13 The Lord looks down from heaven ♦
and beholds all the children of earth.
- 14 From where he sits enthroned he turns his gaze ♦
on all who dwell on the earth.
- 15 He fashions all the hearts of them ♦
and understands all their works.
- 16 No king is saved by the might of his host; ♦
no warrior delivered by his great strength.
- 17 A horse is a vain hope for deliverance; ♦
for all its strength it cannot save.
- 18 Behold, the eye of the Lord
is upon those who fear him, ♦
on those who wait in hope for his steadfast love,
- 19 To deliver their soul from death ♦
and to feed them in time of famine.
- 20 Our soul waits longingly for the Lord; ♦
he is our help and our shield.
- 21 Indeed, our heart rejoices in him; ♦
in his holy name have we put our trust.
- 22 Let your loving-kindness, O Lord, be upon us, ♦
as we have set our hope on you.

Psalm 34

- 1 I will bless the Lord at all times; ♦
his praise shall ever be in my mouth.
- 2 My soul shall glory in the Lord; ♦
let the humble hear and be glad.
- 3 O magnify the Lord with me; ♦
let us exalt his name together.
- 4 I sought the Lord and he answered me ♦
and delivered me from all my fears.
- 5 Look upon him and be radiant ♦
and your faces shall not be ashamed.

- 6 This poor soul cried, and the Lord heard me ♦
and saved me from all my troubles.
- 7 The angel of the Lord encamps around those who fear him ♦
and delivers them.
- 8 O taste and see that the Lord is gracious; ♦
blessed is the one who trusts in him.
- 9 Fear the Lord, all you his holy ones, ♦
for those who fear him lack nothing.
- 10 Lions may lack and suffer hunger, ♦
but those who seek the Lord
lack nothing that is good.
- 11 Come, my children, and listen to me; ♦
I will teach you the fear of the Lord.
- 12 Who is there who delights in life ♦
and longs for days to enjoy good things?
- 13 Keep your tongue from evil ♦
and your lips from lying words.
- 14 Turn from evil and do good; ♦
seek peace and pursue it.
- 15 The eyes of the Lord are upon the righteous ♦
and his ears are open to their cry.
- 16 The face of the Lord is against those who do evil, ♦
to root out the remembrance of them from the earth.
- 17 The righteous cry and the Lord hears them ♦
and delivers them out of all their troubles.
- 18 The Lord is near to the brokenhearted ♦
and will save those who are crushed in spirit.
- 19 Many are the troubles of the righteous; ♦
from them all will the Lord deliver them.
- 20 He keeps all their bones, ♦
so that not one of them is broken.
- 21 But evil shall slay the wicked ♦
and those who hate the righteous will be condemned.
- 22 The Lord ransoms the life of his servants ♦
and will condemn none who seek refuge in him.
- 1 Contend, O Lord, with those that contend with me; ♦
fight against those that fight against me.
- 2 Take up shield and buckler ♦
and rise up to help me.
- 3 Draw the spear and bar the way
against those who pursue me; ♦
say to my soul, 'I am your salvation.'
- 4 Let those who seek after my life be shamed and disgraced; ♦
let those who plot my ruin fall back and be put to confusion.
- 5 Let them be as chaff before the wind, ♦
with the angel of the Lord thrusting them down.
- 6 Let their way be dark and slippery, ♦
with the angel of the Lord pursuing them.
- 7 For they have secretly spread a net for me without a cause; ♦
without any cause they have dug a pit for my soul.
- 8 Let ruin come upon them unawares; ♦
let them be caught in the net they laid;
let them fall in it to their destruction.
- 9 Then will my soul be joyful in the Lord ♦
and glory in his salvation.
- 10 My very bones will say, 'Lord, who is like you? ♦
You deliver the poor from those that are too strong for them,
the poor and needy from those who would despoil them.'
- 11 False witnesses rose up against me; ♦
they charged me with things I knew not.
- 12 They rewarded me evil for good, ♦
to the desolation of my soul.
- 13 But as for me, when they were sick I put on sackcloth ♦
and humbled myself with fasting;
- 14 When my prayer returned empty to my bosom, ♦
it was as though I grieved for my friend or brother;
- 15 I behaved as one who mourns for his mother, ♦
bowed down and brought very low.

16 But when I stumbled, they gathered in delight;
 they gathered together against me; ♦
 as if they were strangers I did not know
 they tore at me without ceasing.

17 When I fell they mocked me; ♦
 they gnashed at me with their teeth.

18 O Lord, how long will you look on? ♦
 Rescue my soul from their ravages,
 and my poor life from the young lions.

19 I will give you thanks in the great congregation; ♦
 I will praise you in the mighty throng.

20 Do not let my treacherous foes rejoice over me, ♦
 or those who hate me without a cause
 mock me with their glances.

21 For they do not speak of peace, ♦
 but invent deceitful schemes against those that are quiet in the land.

22 They opened wide their mouths and derided me, saying ♦
 'We have seen it with our very eyes.'

23 This you have seen, O Lord; do not keep silent; ♦
 go not far from me, O Lord.

24 Awake, arise, to my cause, ♦
 to my defence, my God and my Lord!

25 Give me justice, O Lord my God,
 according to your righteousness; ♦
 let them not triumph over me.

26 Let them not say to themselves,
 'Our heart's desire!' ♦
 Let them not say, 'We have swallowed him up.'

27 Let all who rejoice at my trouble be put to shame and confusion; ♦
 let those who boast against me
 be clothed with shame and dishonour.

28 Let those who favour my cause rejoice and be glad; ♦
 let them say always,
 'Great is the Lord, who delights in his servant's well-being.'

29 So shall my tongue be talking of your righteousness ♦
 and of your praise all the day long.

1 Sin whispers to the wicked, in the depths of their heart; ♦
 there is no fear of God before their eyes.

2 They flatter themselves in their own eyes ♦
 that their abominable sin will not be found out.

3 The words of their mouth are unrighteous and full of deceit; ♦
 they have ceased to act wisely and to do good.

4 They think out mischief upon their beds
 and have set themselves in no good way; ♦
 nor do they abhor that which is evil.

5 Your love, O Lord, reaches to the heavens ♦
 and your faithfulness to the clouds.

6 Your righteousness stands like the strong mountains,
 your justice like the great deep; ♦
 you, Lord, shall save both man and beast.

7 How precious is your loving mercy, O God! ♦
 All mortal flesh shall take refuge
 under the shadow of your wings.

8 They shall be satisfied with the abundance of your house; ♦
 they shall drink from the river of your delights.

9 For with you is the well of life ♦
 and in your light shall we see light.

10 O continue your loving-kindness to those who know you ♦
 and your righteousness to those who are true of heart.

11 Let not the foot of pride come against me, ♦
 nor the hand of the ungodly thrust me away.

12 There are they fallen, all who work wickedness. ♦
 They are cast down and shall not be able to stand.

Psalm 37

- 1 Fret not because of evildoers; ♦
be not jealous of those who do wrong.
- 2 For they shall soon wither like grass ♦
and like the green herb fade away.
- 3 Trust in the Lord and be doing good; ♦
dwell in the land and be nourished with truth.
- 4 Let your delight be in the Lord ♦
and he will give you your heart's desire.
- 5 Commit your way to the Lord and put your trust in him, ♦
and he will bring it to pass.
- 6 He will make your righteousness as clear as the light ♦
and your just dealing as the noonday.
- 7 Be still before the Lord and wait for him; ♦
do not fret over those that prosper
as they follow their evil schemes.
- 8 Refrain from anger and abandon wrath; ♦
do not fret, lest you be moved to do evil.
- 9 For evildoers shall be cut off, ♦
but those who wait upon the Lord shall possess the land.
- 10 Yet a little while and the wicked shall be no more; ♦
you will search for their place and find them gone.
- 11 But the lowly shall possess the land ♦
and shall delight in abundance of peace.
- 12 The wicked plot against the righteous ♦
and gnash at them with their teeth.
- 13 The Lord shall laugh at the wicked, ♦
for he sees that their day is coming.
- 14 The wicked draw their sword and bend their bow
to strike down the poor and needy, ♦
to slaughter those who walk in truth.
- 15 Their sword shall go through their own heart ♦
and their bows shall be broken.
- 16 The little that the righteous have ♦
is better than great riches of the wicked.

- 17 For the arms of the wicked shall be broken, ♦
but the Lord upholds the righteous.
- 18 The Lord knows the days of the godly, ♦
and their inheritance shall stand for ever.
- 19 They shall not be put to shame in the perilous time, ♦
and in days of famine they shall have enough.
- 20 But the wicked shall perish;
like the glory of the meadows
the enemies of the Lord shall vanish; ♦
they shall vanish like smoke.
- 21 The wicked borrow and do not repay, ♦
but the righteous are generous in giving.
- 22 For those who are blest by God shall possess the land, ♦
but those who are cursed by him shall be rooted out.
- 23 When your steps are guided by the Lord ♦
and you delight in his way,
- 24 Though you stumble, you shall not fall headlong, ♦
for the Lord holds you fast by the hand.
- 25 I have been young and now am old, ♦
yet never have I seen the righteous forsaken,
or their children begging their bread.
- 26 All the day long they are generous in lending, ♦
and their children also shall be blest.
- 27 Depart from evil and do good ♦
and you shall abide for ever.
- 28 For the Lord loves the thing that is right ♦
and will not forsake his faithful ones.
- 29 The unjust shall be destroyed for ever, ♦
and the offspring of the wicked shall be rooted out.
- 30 The righteous shall possess the land ♦
and dwell in it for ever.
- 31 The mouth of the righteous utters wisdom, ♦
and their tongue speaks the thing that is right.
- 32 The law of their God is in their heart ♦
and their footsteps shall not slide.

- 33 The wicked spy on the righteous ♦
and seek occasion to slay them.
- 34 The Lord will not leave them in their hand, ♦
nor let them be condemned when they are judged.
- 35 Wait upon the Lord and keep his way; ♦
he will raise you up to possess the land,
and when the wicked are uprooted, you shall see it.
- 36 I myself have seen the wicked in great power ♦
and flourishing like a tree in full leaf.
- 37 I went by and lo, they were gone; ♦
I sought them, but they could nowhere be found.
- 38 Keep innocence and heed the thing that is right, ♦
for that will bring you peace at the last.
- 39 But the sinners shall perish together, ♦
and the posterity of the wicked shall be rooted out.
- 40 The salvation of the righteous comes from the Lord; ♦
he is their stronghold in the time of trouble.
- 41 The Lord shall stand by them and deliver them; ♦
he shall deliver them from the wicked and shall save them,
because they have put their trust in him.

Psalm 38

- 1 Rebuke me not, O Lord, in your anger, ♦
neither chasten me in your heavy displeasure.
- 2 For your arrows have stuck fast in me ♦
and your hand presses hard upon me.
- 3 There is no health in my flesh
because of your indignation; ♦
there is no peace in my bones because of my sin.
- 4 For my iniquities have gone over my head; ♦
their weight is a burden too heavy to bear.
- 5 My wounds stink and fester ♦
because of my foolishness.
- 6 I am utterly bowed down and brought very low; ♦
I go about mourning all the day long.

- 7 My loins are filled with searing pain; ♦
there is no health in my flesh.
- 8 I am feeble and utterly crushed; ♦
I roar aloud because of the disquiet of my heart.
- 9 O Lord, you know all my desires ♦
and my sighing is not hidden from you.
- 10 My heart is pounding, my strength has failed me; ♦
the light of my eyes is gone from me.
- 11 My friends and companions stand apart from my affliction; ♦
my neighbours stand afar off.
- 12 Those who seek after my life lay snares for me; ♦
and those who would harm me whisper evil
and mutter slander all the day long.
- 13 But I am like one who is deaf and hears not, ♦
like one that is dumb, who does not open his mouth.
- 14 I have become like one who does not hear ♦
and from whose mouth comes no retort.
- 15 For in you, Lord, have I put my trust; ♦
you will answer me, O Lord my God.
- 16 For I said, 'Let them not triumph over me, ♦
those who exult over me when my foot slips.'
- 17 Truly, I am on the verge of falling ♦
and my pain is ever with me.
- 18 I will confess my iniquity ♦
and be sorry for my sin.
- 19 Those that are my enemies without any cause are mighty, ♦
and those who hate me wrongfully are many in number.
- 20 Those who repay evil for good are against me, ♦
because the good is what I seek.
- 21 Forsake me not, O Lord; ♦
be not far from me, O my God.
- 22 Make haste to help me, ♦
O Lord of my salvation.

- 1 I said, 'I will keep watch over my ways, ♦
so that I offend not with my tongue.
- 2 'I will guard my mouth with a muzzle, ♦
while the wicked are in my sight.'
- 3 So I held my tongue and said nothing; ♦
I kept silent but to no avail.
- 4 My distress increased, my heart grew hot within me; ♦
while I mused, the fire was kindled
and I spoke out with my tongue:
- 5 'Lord, let me know my end and the number of my days, ♦
that I may know how short my time is.
- 6 'You have made my days but a handsbreadth,
and my lifetime is as nothing in your sight; ♦
truly, even those who stand upright are but a breath.
- 7 'We walk about like a shadow
and in vain we are in turmoil; ♦
we heap up riches and cannot tell who will gather them.
- 8 'And now, what is my hope? ♦
Truly my hope is even in you.
- 9 'Deliver me from all my transgressions ♦
and do not make me the taunt of the fool.'
- 10 I fell silent and did not open my mouth, ♦
for surely it was your doing.
- 11 Take away your plague from me; ♦
I am consumed by the blows of your hand.
- 12 With rebukes for sin you punish us;
like a moth you consume our beauty; ♦
truly, everyone is but a breath.
- 13 Hear my prayer, O Lord, and give ear to my cry; ♦
hold not your peace at my tears.
- 14 For I am but a stranger with you, ♦
a wayfarer, as all my forebears were.
- 15 Turn your gaze from me, that I may be glad again, ♦
before I go my way and am no more.

- 1 I waited patiently for the Lord; ♦
he inclined to me and heard my cry.
- 2 He brought me out of the roaring pit,
out of the mire and clay; ♦
he set my feet upon a rock and made my footing sure.
- 3 He has put a new song in my mouth,
a song of praise to our God; ♦
many shall see and fear
and put their trust in the Lord.
- 4 Blessed is the one who trusts in the Lord, ♦
who does not turn to the proud that follow a lie.
- 5 Great are the wonders you have done, O Lord my God.
How great your designs for us! ♦
There is none that can be compared with you.
- 6 If I were to proclaim them and tell of them ♦
they would be more than I am able to express.
- 7 Sacrifice and offering you do not desire ♦
but my ears you have opened;
- 8 Burnt offering and sacrifice for sin you have not required; ♦
then said I: 'Lo, I come.
- 9 'In the scroll of the book it is written of me
that I should do your will, O my God; ♦
I delight to do it: your law is within my heart.'
- 10 I have declared your righteousness in the great congregation; ♦
behold, I did not restrain my lips,
and that, O Lord, you know.
- 11 Your righteousness I have not hidden in my heart;
I have spoken of your faithfulness and your salvation; ♦
I have not concealed your loving-kindness and truth
from the great congregation.
- 12 Do not withhold your compassion from me, O Lord; ♦
let your love and your faithfulness always preserve me,

- 13 For innumerable troubles have come about me;
my sins have overtaken me so that I cannot look up; ♦
they are more in number than the hairs of my head,
and my heart fails me.
- 14 Be pleased, O Lord, to deliver me; ♦
O Lord, make haste to help me.
- 15 Let them be ashamed and altogether dismayed
who seek after my life to destroy it; ♦
let them be driven back and put to shame
who wish me evil.
- 16 Let those who heap insults upon me ♦
be desolate because of their shame.
- 17 Let all who seek you rejoice in you and be glad; ♦
let those who love your salvation say always,
'The Lord is great.'
- 18 Though I am poor and needy, ♦
the Lord cares for me.
- 19 You are my helper and my deliverer; ♦
O my God, make no delay.

Psalm 41

- 1 Blessed are those who consider the poor and needy; ♦
the Lord will deliver them in the time of trouble.
- 2 The Lord preserves them and restores their life,
that they may be happy in the land; ♦
he will not hand them over to the will of their enemies.
- 3 The Lord sustains them on their sickbed; ♦
their sickness, Lord, you will remove.
- 4 And so I said, 'Lord, be merciful to me; ♦
heal me, for I have sinned against you.'
- 5 My enemies speak evil about me, ♦
asking when I shall die and my name perish.

- 6 If they come to see me, they utter empty words; ♦
their heart gathers mischief;
when they go out, they tell it abroad.
- 7 All my enemies whisper together against me, ♦
against me they devise evil,
- 8 Saying that a deadly thing has laid hold on me, ♦
and that I will not rise again from where I lie.
- 9 Even my bosom friend, whom I trusted,
who ate of my bread, ♦
has lifted up his heel against me.
- 10 But you, O Lord, be merciful to me ♦
and raise me up, that I may reward them.
- 11 By this I know that you favour me, ♦
that my enemy does not triumph over me.
- 12 Because of my integrity you uphold me ♦
and will set me before your face for ever.
- 13 Blessed be the Lord God of Israel, ♦
from everlasting to everlasting. Amen and Amen.

Psalm 42

- 1 As the deer longs for the water brooks, ♦
so longs my soul for you, O God.
- 2 My soul is athirst for God, even for the living God; ♦
when shall I come before the presence of God?
- 3 My tears have been my bread day and night, ♦
while all day long they say to me, 'Where is now your God?'
- 4 Now when I think on these things, I pour out my soul: ♦
how I went with the multitude
and led the procession to the house of God,
- 5 With the voice of praise and thanksgiving, ♦
among those who kept holy day.
- 6 *Why are you so full of heaviness, O my soul, ♦
and why are you so disquieted within me?*

7 *O put your trust in God; ♦
for I will yet give him thanks,
who is the help of my countenance, and my God.*

8 *My soul is heavy within me; ♦
therefore I will remember you from the land of Jordan,
and from Hermon and the hill of Mizar.*

9 *Deep calls to deep in the thunder of your waterfalls; ♦
all your breakers and waves have gone over me.*

10 *The Lord will grant his loving-kindness in the daytime; ♦
through the night his song will be with me,
a prayer to the God of my life.*

11 *I say to God my rock,
'Why have you forgotten me, ♦
and why go I so heavily, while the enemy oppresses me?'*

12 *As they crush my bones, my enemies mock me; ♦
while all day long they say to me, 'Where is now your God?'*

13 *Why are you so full of heaviness, O my soul, ♦
and why are you so disquieted within me?*

14 *O put your trust in God; ♦
for I will yet give him thanks,
who is the help of my countenance, and my God.*

Psalm 43

1 *Give judgement for me, O God,
and defend my cause against an ungodly people; ♦
deliver me from the deceitful and the wicked.*

2 *For you are the God of my refuge;
why have you cast me from you, ♦
and why go I so heavily, while the enemy oppresses me?*

3 *O send out your light and your truth, that they may lead me, ♦
and bring me to your holy hill and to your dwelling,*

4 *That I may go to the altar of God,
to the God of my joy and gladness; ♦
and on the lyre I will give thanks to you, O God my God.*

5 *Why are you so full of heaviness, O my soul, ♦
and why are you so disquieted within me?*

6 *O put your trust in God; ♦
for I will yet give him thanks,
who is the help of my countenance, and my God.*

Psalm 44

1 *We have heard with our ears, O God, our forebears have told us, ♦
all that you did in their days, in time of old;*

2 *How with your hand you drove out nations and planted us in, ♦
and broke the power of peoples and set us free.*

3 *For not by their own sword did our ancestors take the land ♦
nor did their own arm save them,*

4 *But your right hand, your arm, and the light of your countenance, ♦
because you were gracious to them.*

5 *You are my King and my God, ♦
who commanded salvation for Jacob.*

6 *Through you we drove back our adversaries; ♦
through your name we trod down our foes.*

7 *For I did not trust in my bow; ♦
it was not my own sword that saved me;*

8 *It was you that saved us from our enemies ♦
and put our adversaries to shame.*

9 *We gloried in God all the day long, ♦
and were ever praising your name.*

10 *But now you have rejected us and brought us to shame, ♦
and go not out with our armies.*

11 *You have made us turn our backs on our enemies, ♦
and our enemies have despoiled us.*

12 *You have made us like sheep to be slaughtered, ♦
and have scattered us among the nations.*

13 *You have sold your people for a pittance ♦
and made no profit on their sale.*

- 14 You have made us the taunt of our neighbours, ♦
the scorn and derision of those that are round about us.
- 15 You have made us a byword among the nations; ♦
among the peoples they wag their heads.
- 16 My confusion is daily before me, ♦
and shame has covered my face,
- 17 At the taunts of the slanderer and reviler, ♦
at the sight of the enemy and avenger.
- 18 All this has come upon us,
though we have not forgotten you ♦
and have not played false to your covenant.
- 19 Our hearts have not turned back, ♦
nor our steps gone out of your way,
- 20 Yet you have crushed us in the haunt of jackals, ♦
and covered us with the shadow of death.
- 21 If we have forgotten the name of our God, ♦
or stretched out our hands to any strange god,
- 22 Will not God search it out? ♦
For he knows the secrets of the heart.
- 23 But for your sake are we killed all the day long, ♦
and are counted as sheep for the slaughter.
- 24 Rise up! Why sleep, O Lord? ♦
Awake, and do not reject us for ever.
- 25 Why do you hide your face ♦
and forget our grief and oppression?
- 26 Our soul is bowed down to the dust; ♦
our belly cleaves to the earth.
- 27 Rise up, O Lord, to help us ♦
and redeem us for the sake of your steadfast love.
- 1 My heart is astir with gracious words; ♦
as I make my song for the king,
my tongue is the pen of a ready writer.
- 2 You are the fairest of men; ♦
full of grace are your lips,
for God has blest you for ever.
- 3 Gird your sword upon your thigh, O mighty one; ♦
gird on your majesty and glory.
- 4 Ride on and prosper in the cause of truth ♦
and for the sake of humility and righteousness.
- 5 Your right hand will teach you terrible things; ♦
your arrows will be sharp in the heart of the king's enemies,
so that peoples fall beneath you.
- 6 Your throne is God's throne, for ever; ♦
the sceptre of your kingdom is the sceptre of righteousness.
- 7 You love righteousness and hate iniquity; ♦
therefore God, your God, has anointed you
with the oil of gladness above your fellows.
- 8 All your garments are fragrant with myrrh, aloes and cassia; ♦
from ivory palaces the music of strings makes you glad.
- 9 Kings' daughters are among your honourable women; ♦
at your right hand stands the queen in gold of Ophir.
- 10 Hear, O daughter; consider and incline your ear; ♦
forget your own people and your father's house.
- 11 So shall the king have pleasure in your beauty; ♦
he is your lord, so do him honour.
- 12 The people of Tyre shall bring you gifts; ♦
the richest of the people shall seek your favour.
- 13 The king's daughter is all glorious within; ♦
her clothing is embroidered cloth of gold.
- 14 She shall be brought to the king in raiment of needlework; ♦
after her the virgins that are her companions.

- 15 With joy and gladness shall they be brought ♦
and enter into the palace of the king.
- 16 'Instead of your fathers you shall have sons, ♦
whom you shall make princes over all the land.
- 17 'I will make your name to be remembered through all generations; ♦
therefore shall the peoples praise you for ever and ever.'

Psalm 46

- 1 God is our refuge and strength, ♦
a very present help in trouble;
- 2 Therefore we will not fear, though the earth be moved, ♦
and though the mountains tremble in the heart of the sea;
- 3 Though the waters rage and swell, ♦
and though the mountains quake at the towering seas.
- 4 There is a river whose streams make glad the city of God, ♦
the holy place of the dwelling of the Most High.
- 5 God is in the midst of her;
therefore shall she not be removed; ♦
God shall help her at the break of day.
- 6 The nations are in uproar and the kingdoms are shaken, ♦
but God utters his voice and the earth shall melt away.
- 7 *The Lord of hosts is with us; ♦
the God of Jacob is our stronghold.*
- 8 Come and behold the works of the Lord, ♦
what destruction he has wrought upon the earth.
- 9 He makes wars to cease in all the world; ♦
he shatters the bow and snaps the spear
and burns the chariots in the fire.
- 10 'Be still, and know that I am God; ♦
I will be exalted among the nations;
I will be exalted in the earth.'
- 11 *The Lord of hosts is with us; ♦
the God of Jacob is our stronghold.*

Psalm 47

- 1 Clap your hands together, all you peoples; ♦
O sing to God with shouts of joy.
- 2 For the Lord Most High is to be feared; ♦
he is the great King over all the earth.
- 3 He subdued the peoples under us ♦
and the nations under our feet.
- 4 He has chosen our heritage for us, ♦
the pride of Jacob, whom he loves.
- 5 God has gone up with a merry noise, ♦
the Lord with the sound of the trumpet.
- 6 O sing praises to God, sing praises; ♦
sing praises to our King, sing praises.
- 7 For God is the King of all the earth; ♦
sing praises with all your skill.
- 8 God reigns over the nations; ♦
God has taken his seat upon his holy throne.
- 9 The nobles of the peoples are gathered together ♦
with the people of the God of Abraham.
- 10 For the powers of the earth belong to God ♦
and he is very highly exalted.

Psalm 48

- 1 Great is the Lord and highly to be praised, ♦
in the city of our God.
- 2 His holy mountain is fair and lifted high, ♦
the joy of all the earth.
- 3 On Mount Zion, the divine dwelling place, ♦
stands the city of the great king.
- 4 In her palaces God has shown himself ♦
to be a sure refuge.
- 5 For behold, the kings of the earth assembled ♦
and swept forward together.

- 6 They saw, and were dumbfounded; ♦
dismayed, they fled in terror.
- 7 Trembling seized them there;
they writhed like a woman in labour, ♦
as when the east wind shatters the ships of Tarshish.
- 8 As we had heard, so have we seen
in the city of the Lord of hosts, the city of our God: ♦
God has established her for ever.
- 9 We have waited on your loving-kindness, O God, ♦
in the midst of your temple.
- 10 As with your name, O God,
so your praise reaches to the ends of the earth; ♦
your right hand is full of justice.
- 11 Let Mount Zion rejoice and the daughters of Judah be glad, ♦
because of your judgements, O Lord.
- 12 Walk about Zion and go round about her;
count all her towers; ♦
consider well her bulwarks; pass through her citadels,
- 13 That you may tell those who come after
that such is our God for ever and ever. ♦
It is he that shall be our guide for evermore.

Psalm 49

- 1 Hear this, all you peoples; ♦
listen, all you that dwell in the world,
- 2 You of low or high degree, ♦
both rich and poor together.
- 3 My mouth shall speak of wisdom ♦
and my heart shall meditate on understanding.
- 4 I will incline my ear to a parable; ♦
I will unfold my riddle with the lyre.
- 5 Why should I fear in evil days, ♦
when the malice of my foes surrounds me,

- 6 Such as trust in their goods ♦
and glory in the abundance of their riches?
- 7 For no one can indeed ransom another ♦
or pay to God the price of deliverance.
- 8 To ransom a soul is too costly; ♦
there is no price one could pay for it,
- 9 So that they might live for ever, ♦
and never see the grave.
- 10 For we see that the wise die also;
with the foolish and ignorant they perish ♦
and leave their riches to others.
- 11 Their tomb is their home for ever,
their dwelling through all generations, ♦
though they call their lands after their own names.
- 12 Those who have honour, but lack understanding, ♦
are like the beasts that perish.
- 13 Such is the way of those who boast in themselves, ♦
the end of those who delight in their own words.
- 14 Like a flock of sheep they are destined to die;
death is their shepherd; ♦
they go down straight to the Pit.
- 15 Their beauty shall waste away, ♦
and the land of the dead shall be their dwelling.
- 16 But God shall ransom my soul; ♦
from the grasp of death will he take me.
- 17 Be not afraid if some grow rich ♦
and the glory of their house increases,
- 18 For they will carry nothing away when they die, ♦
nor will their glory follow after them.
- 19 Though they count themselves happy while they live ♦
and praise you for your success,
- 20 They shall enter the company of their ancestors ♦
who will nevermore see the light.
- 21 Those who have honour, but lack understanding, ♦
are like the beasts that perish.

Psalm 50

- 1 The Lord, the most mighty God, has spoken ♦
and called the world from the rising of the sun to its setting.
- 2 Out of Zion, perfect in beauty, God shines forth; ♦
our God comes and will not keep silence.
- 3 Consuming fire goes out before him ♦
and a mighty tempest stirs about him.
- 4 He calls the heaven above, ♦
and the earth, that he may judge his people:
- 5 'Gather to me my faithful, ♦
who have sealed my covenant with sacrifice.'
- 6 Let the heavens declare his righteousness, ♦
for God himself is judge.
- 7 Hear, O my people, and I will speak: ♦
'I will testify against you, O Israel;
for I am God, your God.
- 8 'I will not reprove you for your sacrifices, ♦
for your burnt offerings are always before me.
- 9 'I will take no bull out of your house, ♦
nor he-goat out of your folds,
- 10 'For all the beasts of the forest are mine, ♦
the cattle upon a thousand hills.
- 11 'I know every bird of the mountains ♦
and the insect of the field is mine.
- 12 'If I were hungry, I would not tell you, ♦
for the whole world is mine and all that fills it.
- 13 'Do you think I eat the flesh of bulls, ♦
or drink the blood of goats?
- 14 'Offer to God a sacrifice of thanksgiving ♦
and fulfil your vows to God Most High.
- 15 'Call upon me in the day of trouble; ♦
I will deliver you and you shall honour me.'

- 16 But to the wicked, says God: ♦
'Why do you recite my statutes
and take my covenant upon your lips,
- 17 'Since you refuse to be disciplined ♦
and have cast my words behind you?
- 18 'When you saw a thief, you made friends with him ♦
and you threw in your lot with adulterers.
- 19 'You have loosed your lips for evil ♦
and harnessed your tongue to deceit.
- 20 'You sit and speak evil of your brother; ♦
you slander your own mother's son.
- 21 'These things have you done, and should I keep silence? ♦
Did you think that I am even such a one as yourself?
- 22 'But no, I must reprove you, ♦
and set before your eyes the things that you have done.
- 23 'You that forget God, consider this well, ♦
lest I tear you apart and there is none to deliver you.
- 24 'Whoever offers me the sacrifice of thanksgiving honours me ♦
and to those who keep my way
will I show the salvation of God.'

Psalm 51

- 1 Have mercy on me, O God, in your great goodness; ♦
according to the abundance of your compassion
blot out my offences.
- 2 Wash me thoroughly from my wickedness ♦
and cleanse me from my sin.
- 3 For I acknowledge my faults ♦
and my sin is ever before me.
- 4 Against you only have I sinned ♦
and done what is evil in your sight,
- 5 So that you are justified in your sentence ♦
and righteous in your judgement.
- 6 I have been wicked even from my birth, ♦
a sinner when my mother conceived me.

- 7 Behold, you desire truth deep within me ♦
and shall make me understand wisdom
in the depths of my heart.
- 8 Purge me with hyssop and I shall be clean; ♦
wash me and I shall be whiter than snow.
- 9 Make me hear of joy and gladness, ♦
that the bones you have broken may rejoice.
- 10 Turn your face from my sins ♦
and blot out all my misdeeds.
- 11 Make me a clean heart, O God, ♦
and renew a right spirit within me.
- 12 Cast me not away from your presence ♦
and take not your holy spirit from me.
- 13 Give me again the joy of your salvation ♦
and sustain me with your gracious spirit;
- 14 Then shall I teach your ways to the wicked ♦
and sinners shall return to you.
- 15 Deliver me from my guilt, O God,
the God of my salvation, ♦
and my tongue shall sing of your righteousness.
- 16 O Lord, open my lips ♦
and my mouth shall proclaim your praise.
- 17 For you desire no sacrifice, else I would give it; ♦
you take no delight in burnt offerings.
- 18 The sacrifice of God is a broken spirit; ♦
a broken and contrite heart, O God, you will not despise.
- 19 O be favourable and gracious to Zion; ♦
build up the walls of Jerusalem.
- 20 Then you will accept sacrifices offered in righteousness,
the burnt offerings and oblations; ♦
then shall they offer up bulls on your altar.

- 1 Why do you glory in evil, you tyrant, ♦
while the goodness of God endures continually?
- 2 You plot destruction, you deceiver; ♦
your tongue is like a sharpened razor.
- 3 You love evil rather than good, ♦
falsehood rather than the word of truth.
- 4 You love all words that hurt, ♦
O you deceitful tongue.
- 5 Therefore God shall utterly bring you down; ♦
he shall take you and pluck you out of your tent
and root you out of the land of the living.
- 6 The righteous shall see this and tremble; ♦
they shall laugh you to scorn, and say:
- 7 ‘This is the one who did not take God for a refuge, ♦
but trusted in great riches and relied upon wickedness.’
- 8 But I am like a spreading olive tree in the house of God; ♦
I trust in the goodness of God for ever and ever.
- 9 I will always give thanks to you for what you have done; ♦
I will hope in your name,
for your faithful ones delight in it.

- 1 The fool has said in his heart, ‘There is no God.’ ♦
Corrupt are they, and abominable in their wickedness;
there is no one that does good.
- 2 God has looked down from heaven upon the children of earth, ♦
to see if there is anyone who is wise and seeks after God.
- 3 They are all gone out of the way;
all alike have become corrupt; ♦
there is no one that does good, no not one.

- 4 Have they no knowledge, those evildoers, ♦
who eat up my people as if they ate bread,
and do not call upon God?
- 5 There shall they be in great fear,
such fear as never was; ♦
for God will scatter the bones of the ungodly.
- 6 They will be put to shame, ♦
because God has rejected them.
- 7 O that Israel's salvation would come out of Zion! ♦
When God restores the fortunes of his people
then will Jacob rejoice and Israel be glad.

Psalm 54

- 1 Save me, O God, by your name ♦
and vindicate me by your power.
- 2 Hear my prayer, O God; ♦
give heed to the words of my mouth.
- 3 For strangers have risen up against me,
and the ruthless seek after my life; ♦
they have not set God before them.
- 4 Behold, God is my helper; ♦
it is the Lord who upholds my life.
- 5 May evil rebound on those who lie in wait for me; ♦
destroy them in your faithfulness.
- 6 An offering of a free heart will I give you ♦
and praise your name, O Lord, for it is gracious.
- 7 For he has delivered me out of all my trouble, ♦
and my eye has seen the downfall of my enemies.

- 1 Hear my prayer, O God; ♦
hide not yourself from my petition.
- 2 Give heed to me and answer me; ♦
I am restless in my complaining.
- 3 I am alarmed at the voice of the enemy ♦
and at the clamour of the wicked;
- 4 For they would bring down evil upon me ♦
and are set against me in fury.
- 5 My heart is disquieted within me, ♦
and the terrors of death have fallen upon me.
- 6 Fearfulness and trembling are come upon me, ♦
and a horrible dread has overwhelmed me.
- 7 And I said: 'O that I had wings like a dove, ♦
for then would I fly away and be at rest.
- 8 'Then would I flee far away ♦
and make my lodging in the wilderness.
- 9 'I would make haste to escape ♦
from the stormy wind and tempest.'
- 10 Confuse their tongues, O Lord, and divide them, ♦
for I have seen violence and strife in the city.
- 11 Day and night they go about on her walls; ♦
mischief and trouble are in her midst.
- 12 Wickedness walks in her streets; ♦
oppression and guile never leave her squares.
- 13 For it was not an open enemy that reviled me, ♦
for then I could have borne it;
- 14 Nor was it my adversary that puffed himself up against me, ♦
for then I would have hid myself from him.
- 15 But it was even you, one like myself, ♦
my companion and my own familiar friend.
- 16 We took sweet counsel together ♦
and walked with the multitude in the house of God.

- 17 Let death come suddenly upon them;
let them go down alive to the Pit; ♦
for wickedness inhabits their dwellings, their very hearts.
- 18 As for me, I will call upon God ♦
and the Lord will deliver me.
- 19 In the evening and morning and at noonday
I will pray and make my supplication, ♦
and he shall hear my voice.
- 20 He shall redeem my soul in peace
from the battle waged against me, ♦
for many have come upon me.
- 21 God, who is enthroned of old,
will hear and bring them down; ♦
they will not repent, for they have no fear of God.
- 22 My companion stretched out his hands against his friend ♦
and has broken his covenant;
- 23 His speech was softer than butter, though war was in his heart; ♦
his words were smoother than oil, yet are they naked swords.
- 24 Cast your burden upon the Lord and he will sustain you, ♦
and will not let the righteous fall for ever.
- 25 But those that are bloodthirsty and deceitful, O God, ♦
you will bring down to the pit of destruction.
- 26 They shall not live out half their days, ♦
but my trust shall be in you, O Lord.

- 1 Have mercy on me, O God, for they trample over me; ♦
all day long they assault and oppress me.
- 2 My adversaries trample over me all the day long; ♦
many are they that make proud war against me.
- 3 In the day of my fear I put my trust in you, ♦
in God whose word I praise.
- 4 In God I trust, and will not fear, ♦
for what can flesh do to me?
- 5 All day long they wound me with words; ♦
their every thought is to do me evil.
- 6 They stir up trouble; they lie in wait; ♦
marking my steps, they seek my life.
- 7 Shall they escape for all their wickedness? ♦
In anger, O God, cast the peoples down.
- 8 You have counted up my groaning;
put my tears into your bottle; ♦
are they not written in your book?
- 9 Then shall my enemies turn back
on the day when I call upon you; ♦
this I know, for God is on my side.
- 10 In God whose word I praise,
in the Lord whose word I praise, ♦
in God I trust and will not fear:
what can flesh do to me?
- 11 To you, O God, will I fulfil my vows; ♦
to you will I present my offerings of thanks,
- 12 For you will deliver my soul from death
and my feet from falling, ♦
that I may walk before God in the light of the living.

Psalm 57

- 1 Be merciful to me, O God, be merciful to me, ♦
for my soul takes refuge in you;
- 2 In the shadow of your wings will I take refuge ♦
until the storm of destruction has passed by.
- 3 I will call upon the Most High God, ♦
the God who fulfils his purpose for me.
- 4 He will send from heaven and save me
and rebuke those that would trample upon me; ♦
God will send forth his love and his faithfulness.
- 5 I lie in the midst of lions, ♦
people whose teeth are spears and arrows,
and their tongue a sharp sword.
- 6 *Be exalted, O God, above the heavens, ♦
and your glory over all the earth.*
- 7 They have laid a net for my feet;
my soul is pressed down; ♦
they have dug a pit before me
and will fall into it themselves.
- 8 My heart is ready, O God, my heart is ready; ♦
I will sing and give you praise.
- 9 Awake, my soul; awake, harp and lyre, ♦
that I may awaken the dawn.
- 10 I will give you thanks, O Lord, among the peoples; ♦
I will sing praise to you among the nations.
- 11 For your loving-kindness is as high as the heavens, ♦
and your faithfulness reaches to the clouds.
- 12 *Be exalted, O God, above the heavens, ♦
and your glory over all the earth.*

Psalm 58

- 1 Do you indeed speak justly, you mighty? ♦
Do you rule the peoples with equity?
- 2 With unjust heart you act throughout the land; ♦
your hands mete out violence.
- 3 The wicked are estranged, even from the womb; ♦
those who speak falsehood go astray from their birth.
- 4 They are as venomous as a serpent; ♦
they are like the deaf adder which stops its ears,
- 5 Which does not heed the voice of the charmers, ♦
and is deaf to the skilful weaver of spells.
- 6 Break, O God, their teeth in their mouths; ♦
smash the fangs of these lions, O Lord.
- 7 Let them vanish like water that runs away; ♦
let them wither like trodden grass.
- 8 Let them be as the slimy track of the snail, ♦
like the untimely birth that never sees the sun.
- 9 Before ever their pots feel the heat of the thorns, ♦
green or blazing, let them be swept away.
- 10 The righteous will be glad when they see God's vengeance; ♦
they will bathe their feet in the blood of the wicked.
- 11 So that people will say,
'Truly, there is a harvest for the righteous; ♦
truly, there is a God who judges in the earth.'

Psalm 59

- 1 Rescue me from my enemies, O my God; ♦
set me high above those that rise up against me.
- 2 Save me from the evildoers ♦
and from murderous foes deliver me.
- 3 For see how they lie in wait for my soul ♦
and the mighty stir up trouble against me.
- 4 Not for any fault or sin of mine, O Lord; ♦
for no offence, they run and prepare themselves for war.

- 5 Rouse yourself, come to my aid and see; ♦
for you are the Lord of hosts, the God of Israel.
- 6 Awake, and judge all the nations; ♦
show no mercy to the evil traitors.
- 7 They return at nightfall and snarl like dogs ♦
and prowl about the city.
- 8 They pour out evil words with their mouths;
swords are on their lips; ♦
'For who', they say, 'can hear us?'
- 9 But you laugh at them, O Lord; ♦
you hold all the nations in derision.
- 10 For you, O my strength, will I watch; ♦
you, O God, are my strong tower.
- 11 My God in his steadfast love will come to me; ♦
he will let me behold the downfall of my enemies.
- 12 Slay them not, lest my people forget; ♦
send them reeling by your might
and bring them down, O Lord our shield.
- 13 For the sins of their mouth, for the words of their lips, ♦
let them be taken in their pride.
- 14 For the cursing and falsehood they have uttered, ♦
consume them in wrath, consume them till they are no more.
- 15 And they shall know that God rules in Jacob, ♦
and to the ends of the earth.
- 16 And still they return at nightfall and snarl like dogs ♦
and prowl about the city.
- 17 Though they forage for something to devour, ♦
and howl if they are not filled,
- 18 Yet will I sing of your strength ♦
and every morning praise your steadfast love;
- 19 For you have been my stronghold, ♦
my refuge in the day of my trouble.
- 20 To you, O my strength, will I sing; ♦
for you, O God, are my refuge,
my God of steadfast love.

- 1 O God, you have cast us off and broken us; ♦
you have been angry; restore us to yourself again.
- 2 You have shaken the earth and torn it apart; ♦
heal its wounds, for it trembles.
- 3 You have made your people drink bitter things; ♦
we reel from the deadly wine you have given us.
- 4 You have made those who fear you to flee, ♦
to escape from the range of the bow.
- 5 That your beloved may be delivered, ♦
save us by your right hand and answer us.
- 6 God has spoken in his holiness: ♦
'I will triumph and divide Shechem,
and share out the valley of Succoth.
- 7 'Gilead is mine and Manasseh is mine; ♦
Ephraim is my helmet and Judah my sceptre.
- 8 'Moab shall be my washpot;
over Edom will I cast my sandal; ♦
across Philistia will I shout in triumph.'
- 9 Who will lead me into the strong city? ♦
Who will bring me into Edom?
- 10 Have you not cast us off, O God? ♦
Will you no longer go forth with our troops?
- 11 Grant us your help against the enemy, ♦
for earthly help is in vain.
- 12 Through God will we do great acts, ♦
for it is he that shall tread down our enemies.

Psalm 61

- 1 Hear my crying, O God, ♦
and listen to my prayer.
- 2 From the end of the earth I call to you with fainting heart; ♦
O set me on the rock that is higher than I.
- 3 For you are my refuge, ♦
a strong tower against the enemy.
- 4 Let me dwell in your tent for ever ♦
and take refuge under the cover of your wings.
- 5 For you, O God, will hear my vows; ♦
you will grant the request of those who fear your name.
- 6 You will add length of days to the life of the king, ♦
that his years may endure throughout all generations.
- 7 May he sit enthroned before God for ever; ♦
may steadfast love and truth watch over him.
- 8 So will I always sing praise to your name, ♦
and day by day fulfil my vows.

Psalm 62

- 1 On God alone my soul in stillness waits; ♦
from him comes my salvation.
- 2 He alone is my rock and my salvation, ♦
my stronghold, so that I shall never be shaken.
- 3 How long will all of you assail me to destroy me, ♦
as you would a tottering wall or a leaning fence?
- 4 They plot only to thrust me down from my place of honour; ♦
lies are their chief delight; ♦
they bless with their mouth, but in their heart they curse.
- 5 Wait on God alone in stillness, O my soul; ♦
for in him is my hope.
- 6 He alone is my rock and my salvation, ♦
my stronghold, so that I shall not be shaken.
- 7 In God is my strength and my glory; ♦
God is my strong rock; in him is my refuge.
- 8 Put your trust in him always, my people; ♦
pour out your hearts before him, for God is our refuge.

- 9 The peoples are but a breath,
the whole human race a deceit; ♦
on the scales they are altogether lighter than air.
- 10 Put no trust in oppression; in robbery take no empty pride; ♦
though wealth increase, set not your heart upon it.
- 11 God spoke once, and twice have I heard the same, ♦
that power belongs to God.
- 12 Steadfast love belongs to you, O Lord, ♦
for you repay everyone according to their deeds.

Psalm 63

- 1 O God, you are my God; eagerly I seek you; ♦
my soul is athirst for you.
- 2 My flesh also faints for you, ♦
as in a dry and thirsty land where there is no water.
- 3 So would I gaze upon you in your holy place, ♦
that I might behold your power and your glory.
- 4 Your loving-kindness is better than life itself ♦
and so my lips shall praise you.
- 5 I will bless you as long as I live ♦
and lift up my hands in your name.
- 6 My soul shall be satisfied, as with marrow and fatness, ♦
and my mouth shall praise you with joyful lips,
- 7 When I remember you upon my bed ♦
and meditate on you in the watches of the night.
- 8 For you have been my helper ♦
and under the shadow of your wings will I rejoice.
- 9 My soul clings to you; ♦
your right hand shall hold me fast.
- 10 But those who seek my soul to destroy it ♦
shall go down to the depths of the earth;
- 11 Let them fall by the edge of the sword ♦
and become a portion for jackals.
- 12 But the king shall rejoice in God;
all those who swear by him shall be glad, ♦
for the mouth of those who speak lies shall be stopped.

Psalm 64

- 1 Hear my voice, O God, in my complaint; ♦
preserve my life from fear of the enemy.
- 2 Hide me from the conspiracy of the wicked, ♦
from the gathering of evildoers.
- 3 They sharpen their tongue like a sword ♦
and aim their bitter words like arrows,
- 4 That they may shoot at the blameless from hiding places; ♦
suddenly they shoot, and are not seen.
- 5 They hold fast to their evil course; ♦
they talk of laying snares, saying, 'Who will see us?'
- 6 They search out wickedness and lay a cunning trap, ♦
for deep are the inward thoughts of the heart.
- 7 But God will shoot at them with his swift arrow, ♦
and suddenly they shall be wounded.
- 8 Their own tongues shall make them fall, ♦
and all who see them shall wag their heads in scorn.
- 9 All peoples shall fear and tell what God has done, ♦
and they will ponder all his works.
- 10 The righteous shall rejoice in the Lord
and put their trust in him, ♦
and all that are true of heart shall exult.

Psalm 65

- 1 Praise is due to you, O God, in Zion; ♦
to you that answer prayer shall vows be paid.
- 2 To you shall all flesh come to confess their sins; ♦
when our misdeeds prevail against us,
you will purge them away.
- 3 Happy are they whom you choose
and draw to your courts to dwell there. ♦
We shall be satisfied with the blessings of your house,
even of your holy temple.

- 4 With wonders you will answer us in your righteousness,
O God of our salvation, ♦
O hope of all the ends of the earth
and of the farthest seas.
- 5 In your strength you set fast the mountains ♦
and are girded about with might.
- 6 You still the raging of the seas, ♦
the roaring of their waves
and the clamour of the peoples.
- 7 Those who dwell at the ends of the earth
tremble at your marvels; ♦
the gates of the morning and evening sing your praise.
- 8 You visit the earth and water it; ♦
you make it very plenteous.
- 9 The river of God is full of water; ♦
you prepare grain for your people,
for so you provide for the earth.
- 10 You drench the furrows and smooth out the ridges; ♦
you soften the ground with showers and bless its increase.
- 11 You crown the year with your goodness, ♦
and your paths overflow with plenty.
- 12 May the pastures of the wilderness flow with goodness ♦
and the hills be girded with joy.
- 13 May the meadows be clothed with flocks of sheep ♦
and the valleys stand so thick with corn
that they shall laugh and sing.

Psalm 66

- 1 Be joyful in God, all the earth; ♦
sing the glory of his name;
sing the glory of his praise.
- 2 Say to God, 'How awesome are your deeds! ♦
Because of your great strength
your enemies shall bow before you.'

- 3 'All the earth shall worship you, ♦
sing to you, sing praise to your name.'
- 4 Come now and behold the works of God, ♦
how wonderful he is in his dealings with humankind.
- 5 He turned the sea into dry land;
the river they passed through on foot; ♦
there we rejoiced in him.
- 6 In his might he rules for ever;
his eyes keep watch over the nations; ♦
let no rebel rise up against him.
- 7 Bless our God, O you peoples; ♦
make the voice of his praise to be heard,
- 8 Who holds our souls in life ♦
and suffers not our feet to slip.
- 9 For you, O God, have proved us; ♦
you have tried us as silver is tried.
- 10 You brought us into the snare; ♦
you laid heavy burdens upon our backs.
- 11 You let enemies ride over our heads;
we went through fire and water; ♦
but you brought us out into a place of liberty.
- 12 I will come into your house with burnt offerings
and will pay you my vows, ♦
which my lips uttered
and my mouth promised when I was in trouble.
- 13 I will offer you fat burnt sacrifices
with the smoke of rams; ♦
I will sacrifice oxen and goats.
- 14 Come and listen, all you who fear God, ♦
and I will tell you what he has done for my soul.
- 15 I called out to him with my mouth ♦
and his praise was on my tongue.

- 16 If I had nursed evil in my heart, ♦
the Lord would not have heard me,
- 17 But in truth God has heard me; ♦
he has heeded the voice of my prayer.
- 18 Blessed be God, who has not rejected my prayer, ♦
nor withheld his loving mercy from me.

Psalm 67

- 1 God be gracious to us and bless us ♦
and make his face to shine upon us,
- 2 That your way may be known upon earth, ♦
your saving power among all nations.
- 3 *Let the peoples praise you, O God; ♦
let all the peoples praise you.*
- 4 O let the nations rejoice and be glad, ♦
for you will judge the peoples righteously
and govern the nations upon earth.
- 5 *Let the peoples praise you, O God; ♦
let all the peoples praise you.*
- 6 Then shall the earth bring forth her increase, ♦
and God, our own God, will bless us.
- 7 God will bless us, ♦
and all the ends of the earth shall fear him.

Psalm 68

- 1 Let God arise and let his enemies be scattered; ♦
let those that hate him flee before him.
- 2 As the smoke vanishes, so may they vanish away; ♦
as wax melts at the fire,
so let the wicked perish at the presence of God.
- 3 But let the righteous be glad and rejoice before God; ♦
let them make merry with gladness.

4 Sing to God, sing praises to his name;
exalt him who rides on the clouds. ♦
The Lord is his name; rejoice before him.

5 Father of the fatherless, defender of widows, ♦
God in his holy habitation!

6 God gives the solitary a home
and brings forth prisoners to songs of welcome, ♦
but the rebellious inhabit a burning desert.

7 O God, when you went forth before your people, ♦
when you marched through the wilderness,

8 The earth shook and the heavens dropped down rain,
at the presence of God, the Lord of Sinai, ♦
at the presence of God, the God of Israel.

9 You sent down a gracious rain, O God; ♦
you refreshed your inheritance when it was weary.

10 Your people came to dwell there; ♦
in your goodness, O God, you provide for the poor.

11 The Lord gave the word;
great was the company of women who bore the tidings: ♦
'Kings and their armies they flee, they flee!'
and women at home are dividing the spoil.

12 Though you stayed among the sheepfolds, ♦
see now a dove's wings covered with silver
and its feathers with green gold.

13 When the Almighty scattered the kings, ♦
it was like snowflakes falling on Zalmon.

14 You mighty mountain, great mountain of Bashan! ♦
You towering mountain, great mountain of Bashan!

15 Why look with envy, you towering mountains,
at the mount which God has desired for his dwelling, ♦
the place where the Lord will dwell for ever?

16 The chariots of God are twice ten thousand,
even thousands upon thousands; ♦
the Lord is among them, the Lord of Sinai in holy power.

17 You have gone up on high and led captivity captive; ♦
you have received tribute,
even from those who rebelled,
that you may reign as Lord and God.

18 Blessed be the Lord who bears our burdens day by day, ♦
for God is our salvation.

19 God is for us the God of our salvation; ♦
God is the Lord who can deliver from death.

20 God will smite the head of his enemies, ♦
the hairy scalp of those who walk in wickedness.

21 The Lord has said, 'From the heights of Bashan, ♦
from the depths of the sea will I bring them back,

22 'Till you dip your foot in blood ♦
and the tongue of your dogs has a taste of your enemies.'

23 We see your solemn processions, O God, ♦
your processions into the sanctuary, my God and my King.

24 The singers go before, the musicians follow after, ♦
in the midst of maidens playing on timbrels.

25 In your companies, bless your God; ♦
bless the Lord, you that are of the fount of Israel.

26 At the head there is Benjamin, least of the tribes,
the princes of Judah in joyful company, ♦
the princes of Zebulun and Naphtali.

27 Send forth your strength, O God; ♦
establish, O God, what you have wrought in us.

28 For your temple's sake in Jerusalem ♦
kings shall bring their gifts to you.

29 Drive back with your word the wild beast of the reeds, ♦
the herd of the bull-like, the brutish hordes.

30 Trample down those who lust after silver; ♦
scatter the peoples that delight in war.

31 Vessels of bronze shall be brought from Egypt; ♦
Ethiopia will stretch out her hands to God.

- 32 Sing to God, you kingdoms of the earth; ♦
make music in praise of the Lord;
- 33 He rides on the ancient heaven of heavens ♦
and sends forth his voice, a mighty voice.
- 34 Ascribe power to God, whose splendour is over Israel, ♦
whose power is above the clouds.
- 35 How terrible is God in his holy sanctuary, ♦
the God of Israel, who gives power and strength to his people!
Blessed be God.

Psalm 69

- 1 Save me, O God, ♦
for the waters have come up, even to my neck.
- 2 I sink in deep mire where there is no foothold; ♦
I have come into deep waters and the flood sweeps over me.
- 3 I have grown weary with crying; my throat is raw; ♦
my eyes have failed from looking so long for my God.
- 4 Those who hate me without any cause ♦
are more than the hairs of my head;
- 5 Those who would destroy me are mighty; ♦
my enemies accuse me falsely:
must I now give back what I never stole?
- 6 O God, you know my foolishness, ♦
and my faults are not hidden from you.
- 7 Let not those who hope in you
be put to shame through me, Lord God of hosts; ♦
let not those who seek you be disgraced because of me,
O God of Israel.
- 8 For your sake have I suffered reproach; ♦
shame has covered my face.
- 9 I have become a stranger to my kindred, ♦
an alien to my mother's children.
- 10 Zeal for your house has eaten me up; ♦
the scorn of those who scorn you has fallen upon me.

- 11 I humbled myself with fasting, ♦
but that was turned to my reproach.
- 12 I put on sackcloth also ♦
and became a byword among them.
- 13 Those who sit at the gate murmur against me, ♦
and the drunkards make songs about me.
- 14 But as for me, I make my prayer to you, O Lord; ♦
at an acceptable time, O God.
- 15 Answer me, O God, in the abundance of your mercy ♦
and with your sure salvation.
- 16 Draw me out of the mire, that I sink not; ♦
let me be rescued from those who hate me
and out of the deep waters.
- 17 Let not the water flood drown me,
neither the deep swallow me up; ♦
let not the Pit shut its mouth upon me.
- 18 Answer me, Lord, for your loving-kindness is good; ♦
turn to me in the multitude of your mercies.
- 19 Hide not your face from your servant; ♦
be swift to answer me, for I am in trouble.
- 20 Draw near to my soul and redeem me; ♦
deliver me because of my enemies.
- 21 You know my reproach, my shame and my dishonour; ♦
my adversaries are all in your sight.
- 22 Reproach has broken my heart; I am full of heaviness. ♦
I looked for some to have pity, but there was no one,
neither found I any to comfort me.
- 23 They gave me gall to eat, ♦
and when I was thirsty, they gave me vinegar to drink.
- 24 Let the table before them be a trap ♦
and their sacred feasts a snare.
- 25 Let their eyes be darkened, that they cannot see, ♦
and give them continual trembling in their loins.

- 26 Pour out your indignation upon them, ♦
and let the heat of your anger overtake them.
- 27 Let their camp be desolate, ♦
and let there be no one to dwell in their tents.
- 28 For they persecute the one whom you have stricken, ♦
and increase the sorrows of him whom you have pierced.
- 29 Lay to their charge guilt upon guilt, ♦
and let them not receive your vindication.
- 30 Let them be wiped out of the book of the living ♦
and not be written among the righteous.
- 31 As for me, I am poor and in misery; ♦
your saving help, O God, will lift me up.
- 32 I will praise the name of God with a song; ♦
I will proclaim his greatness with thanksgiving.
- 33 This will please the Lord more than an offering of oxen, ♦
more than bulls with horns and hooves.
- 34 The humble shall see and be glad; ♦
you who seek God, your heart shall live.
- 35 For the Lord listens to the needy, ♦
and his own who are imprisoned he does not despise.
- 36 Let the heavens and the earth praise him, ♦
the seas and all that moves in them;
- 37 For God will save Zion and rebuild the cities of Judah; ♦
they shall live there and have it in possession.
- 38 The children of his servants shall inherit it, ♦
and they that love his name shall dwell therein.

Psalm 70

- 1 O God, make speed to save me; ♦
O Lord, make haste to help me.
- 2 Let those who seek my life
be put to shame and confusion; ♦
let them be turned back and disgraced
who wish me evil.

- 3 Let those who mock and deride me ♦
turn back because of their shame.
- 4 But let all who seek you rejoice and be glad in you; ♦
let those who love your salvation say always, 'Great is the Lord!'
- 5 As for me, I am poor and needy; ♦
come to me quickly, O God.
- 6 You are my help and my deliverer; ♦
O Lord, do not delay.

Psalm 71

- 1 In you, O Lord, do I seek refuge; ♦
let me never be put to shame.
- 2 In your righteousness, deliver me and set me free; ♦
incline your ear to me and save me.
- 3 Be for me a stronghold to which I may ever resort; ♦
send out to save me, for you are my rock and my fortress.
- 4 Deliver me, my God, from the hand of the wicked, ♦
from the grasp of the evildoer and the oppressor.
- 5 For you are my hope, O Lord God, ♦
my confidence, even from my youth.
- 6 Upon you have I leaned from my birth,
when you drew me from my mother's womb; ♦
my praise shall be always of you.
- 7 I have become a portent to many, ♦
but you are my refuge and my strength.
- 8 Let my mouth be full of your praise ♦
and your glory all the day long.
- 9 Do not cast me away in the time of old age; ♦
forsake me not when my strength fails.
- 10 For my enemies are talking against me, ♦
and those who lie in wait for my life take counsel together.
- 11 They say, 'God has forsaken him;
pursue him and take him, ♦
because there is none to deliver him.'

- 12 O God, be not far from me; ♦
come quickly to help me, O my God.
- 13 Let those who are against me
be put to shame and disgrace; ♦
let those who seek to do me evil
be covered with scorn and reproach.
- 14 But as for me I will hope continually ♦
and will praise you more and more.
- 15 My mouth shall tell of your righteousness
and salvation all the day long, ♦
for I know no end of the telling.
- 16 I will begin with the mighty works of the Lord God; ♦
I will recall your righteousness, yours alone.
- 17 O God, you have taught me since I was young, ♦
and to this day I tell of your wonderful works.
- 18 Forsake me not, O God,
when I am old and grey-headed, ♦
till I make known your deeds to the next generation
and your power to all that are to come.
- 19 Your righteousness, O God, reaches to the heavens; ♦
in the great things you have done, who is like you, O God?
- 20 What troubles and adversities you have shown me, ♦
and yet you will turn and refresh me
and bring me from the deep of the earth again.
- 21 Increase my honour; ♦
turn again and comfort me.
- 22 Therefore will I praise you upon the harp
for your faithfulness, O my God; ♦
I will sing to you with the lyre, O Holy One of Israel.
- 23 My lips will sing out as I play to you, ♦
and so will my soul, which you have redeemed.
- 24 My tongue also will tell of your righteousness all the day long, ♦
for they shall be shamed and disgraced
who sought to do me evil.
- 1 Give the king your judgements, O God, ♦
and your righteousness to the son of a king.
- 2 Then shall he judge your people righteously ♦
and your poor with justice.
- 3 May the mountains bring forth peace, ♦
and the little hills righteousness for the people.
- 4 May he defend the poor among the people, ♦
deliver the children of the needy and crush the oppressor.
- 5 May he live as long as the sun and moon endure, ♦
from one generation to another.
- 6 May he come down like rain upon the mown grass, ♦
like the showers that water the earth.
- 7 In his time shall righteousness flourish, ♦
and abundance of peace
till the moon shall be no more.
- 8 May his dominion extend from sea to sea ♦
and from the River to the ends of the earth.
- 9 May his foes kneel before him ♦
and his enemies lick the dust.
- 10 The kings of Tarshish and of the isles shall pay tribute; ♦
the kings of Sheba and Seba shall bring gifts.
- 11 All kings shall fall down before him; ♦
all nations shall do him service.
- 12 For he shall deliver the poor that cry out, ♦
the needy and those who have no helper.
- 13 He shall have pity on the weak and poor; ♦
he shall preserve the lives of the needy.
- 14 He shall redeem their lives from oppression and violence, ♦
and dear shall their blood be in his sight.
- 15 Long may he live;
unto him may be given gold from Sheba; ♦
may prayer be made for him continually
and may they bless him all the day long.

- 16 May there be abundance of grain on the earth,
standing thick upon the hilltops; ♦
may its fruit flourish like Lebanon
and its grain grow like the grass of the field.
- 17 May his name remain for ever
and be established as long as the sun endures; ♦
may all nations be blest in him
and call him blessed.
- 18 Blessed be the Lord, the God of Israel, ♦
who alone does wonderful things.
- 19 And blessed be his glorious name for ever. ♦
May all the earth be filled with his glory.
Amen. Amen.

Psalm 73

- 1 Truly, God is loving to Israel, ♦
to those who are pure in heart.
- 2 Nevertheless, my feet were almost gone; ♦
my steps had well-nigh slipped.
- 3 For I was envious of the proud; ♦
I saw the wicked in such prosperity;
- 4 For they suffer no pains ♦
and their bodies are sleek and sound;
- 5 They come to no misfortune like other folk; ♦
nor are they plagued as others are;
- 6 Therefore pride is their necklace ♦
and violence wraps them like a cloak.
- 7 Their iniquity comes from within; ♦
the conceits of their hearts overflow.
- 8 They scoff, and speak only of evil; ♦
they talk of oppression from on high.
- 9 They set their mouth against the heavens, ♦
and their tongue ranges round the earth;

- 10 And so the people turn to them ♦
and find in them no fault.
- 11 They say, 'How should God know? ♦
Is there knowledge in the Most High?'
- 12 Behold, these are the wicked; ♦
ever at ease, they increase their wealth.
- 13 Is it in vain that I cleansed my heart ♦
and washed my hands in innocence?
- 14 All day long have I been stricken ♦
and chastened every morning.
- 15 If I had said, 'I will speak as they do,' ♦
I should have betrayed the generation of your children.
- 16 Then thought I to understand this, ♦
but it was too hard for me,
- 17 Until I entered the sanctuary of God ♦
and understood the end of the wicked:
- 18 How you set them in slippery places; ♦
you cast them down to destruction.
- 19 How suddenly do they come to destruction, ♦
perish and come to a fearful end!
- 20 As with a dream when one awakes, ♦
so, Lord, when you arise you will despise their image.
- 21 When my heart became embittered ♦
and I was pierced to the quick,
- 22 I was but foolish and ignorant; ♦
I was like a brute beast in your presence.
- 23 Yet I am always with you; ♦
you hold me by my right hand.
- 24 You will guide me with your counsel ♦
and afterwards receive me with glory.
- 25 Whom have I in heaven but you? ♦
And there is nothing upon earth that I desire
in comparison with you.
- 26 Though my flesh and my heart fail me, ♦
God is the strength of my heart and my portion for ever.

- 27 Truly, those who forsake you will perish; ♦
you will put to silence the faithless who betray you.
- 28 But it is good for me to draw near to God; ♦
in the Lord God have I made my refuge,
that I may tell of all your works.

Psalm 74

- 1 O God, why have you utterly disowned us? ♦
Why does your anger burn
against the sheep of your pasture?
- 2 Remember your congregation that you purchased of old, ♦
the tribe you redeemed for your own possession,
and Mount Zion where you dwelt.
- 3 Hasten your steps towards the endless ruins, ♦
where the enemy has laid waste all your sanctuary.
- 4 Your adversaries roared in the place of your worship; ♦
they set up their banners as tokens of victory.
- 5 Like men brandishing axes on high in a thicket of trees, ♦
all her carved work they smashed down with hatchet and hammer.
- 6 They set fire to your holy place; ♦
they defiled the dwelling place of your name
and razed it to the ground.
- 7 They said in their heart, ‘Let us make havoc of them altogether,’ ♦
and they burned down all the sanctuaries of God in the land.
- 8 There are no signs to see, not one prophet left, ♦
not one among us who knows how long.
- 9 How long, O God, will the adversary scoff? ♦
Shall the enemy blaspheme your name for ever?
- 10 Why have you withheld your hand ♦
and hidden your right hand in your bosom?
- 11 Yet God is my king from of old, ♦
who did deeds of salvation in the midst of the earth.
- 12 It was you that divided the sea by your might ♦
and shattered the heads of the dragons on the waters;

- 13 You alone crushed the heads of Leviathan ♦
and gave him to the beasts of the desert for food.
- 14 You cleft the rock for fountain and flood; ♦
you dried up ever-flowing rivers.
- 15 Yours is the day, yours also the night; ♦
you established the moon and the sun.
- 16 You set all the bounds of the earth; ♦
you fashioned both summer and winter.
- 17 Remember now, Lord, how the enemy scoffed, ♦
how a foolish people despised your name.
- 18 Do not give to wild beasts the soul of your turtle dove; ♦
forget not the lives of your poor for ever.
- 19 Look upon your creation,
for the earth is full of darkness, ♦
full of the haunts of violence.
- 20 Let not the oppressed turn away ashamed, ♦
but let the poor and needy praise your name.
- 21 Arise, O God, maintain your own cause; ♦
remember how fools revile you all the day long.
- 22 Forget not the clamour of your adversaries, ♦
the tumult of your enemies that ascends continually.

Psalm 75

- 1 We give you thanks, O God, we give you thanks, ♦
for your name is near, as your wonderful deeds declare.
- 2 ‘I will seize the appointed time; ♦
I, the Lord, will judge with equity.
- 3 ‘Though the earth reels and all that dwell in her, ♦
it is I that hold her pillars steady.
- 4 ‘To the boasters I say, “Boast no longer,” ♦
and to the wicked, “Do not lift up your horn.
- 5 ‘“Do not lift up your horn on high; ♦
do not speak with a stiff neck.”’

- 6 For neither from the east nor from the west, ♦
nor yet from the wilderness comes exaltation.
- 7 But God alone is judge; ♦
he puts down one and raises up another.
- 8 For in the hand of the Lord there is a cup, ♦
well mixed and full of foaming wine.
- 9 He pours it out for all the wicked of the earth; ♦
they shall drink it, and drain the dregs.
- 10 But I will rejoice for ever ♦
and make music to the God of Jacob.
- 11 All the horns of the wicked will I break, ♦
but the horns of the righteous shall be exalted.

Psalm 76

- 1 In Judah God is known; ♦
his name is great in Israel.
- 2 At Salem is his tabernacle, ♦
and his dwelling place in Zion.
- 3 There broke he the flashing arrows of the bow, ♦
the shield, the sword and the weapons of war.
- 4 In the light of splendour you appeared, ♦
glorious from the eternal mountains.
- 5 The boastful were plundered; they have slept their sleep; ♦
none of the warriors can lift their hand.
- 6 At your rebuke, O God of Jacob, ♦
both horse and chariot fell stunned.
- 7 Terrible are you in majesty: ♦
who can stand before your face when you are angry?
- 8 You caused your judgement to be heard from heaven; ♦
the earth trembled and was still,
- 9 When God arose to judgement, ♦
to save all the meek upon earth.
- 10 You crushed the wrath of the peoples ♦
and bridled the wrathful remnant.

- 11 Make a vow to the Lord your God and keep it; ♦
let all who are round about him bring gifts
to him that is worthy to be feared.
- 12 He breaks down the spirit of princes ♦
and strikes terror in the kings of the earth.

Psalm 77

- 1 I cry aloud to God; ♦
I cry aloud to God and he will hear me.
- 2 In the day of my trouble I have sought the Lord; ♦
by night my hand is stretched out and does not tire;
my soul refuses comfort.
- 3 I think upon God and I groan; ♦
I ponder, and my spirit faints.
- 4 You will not let my eyelids close; ♦
I am so troubled that I cannot speak.
- 5 I consider the days of old; ♦
I remember the years long past;
- 6 I commune with my heart in the night; ♦
my spirit searches for understanding.
- 7 Will the Lord cast us off for ever? ♦
Will he no more show us his favour?
- 8 Has his loving mercy clean gone for ever? ♦
Has his promise come to an end for evermore?
- 9 Has God forgotten to be gracious? ♦
Has he shut up his compassion in displeasure?
- 10 And I said, 'My grief is this: ♦
that the right hand of the Most High has lost its strength.'
- 11 I will remember the works of the Lord ♦
and call to mind your wonders of old time.
- 12 I will meditate on all your works ♦
and ponder your mighty deeds.
- 13 Your way, O God, is holy; ♦
who is so great a god as our God?

- 14 You are the God who worked wonders ♦
and declared your power among the peoples.
- 15 With a mighty arm you redeemed your people, ♦
the children of Jacob and Joseph.
- 16 The waters saw you, O God;
the waters saw you and were afraid; ♦
the depths also were troubled.
- 17 The clouds poured out water; the skies thundered; ♦
your arrows flashed on every side;
- 18 The voice of your thunder was in the whirlwind;
your lightnings lit up the ground; ♦
the earth trembled and shook.
- 19 Your way was in the sea, and your paths in the great waters, ♦
but your footsteps were not known.
- 20 You led your people like sheep ♦
by the hand of Moses and Aaron.

Psalm 78

- 1 Hear my teaching, O my people; ♦
incline your ears to the words of my mouth.
- 2 I will open my mouth in a parable; ♦
I will pour forth mysteries from of old,
- 3 Such as we have heard and known, ♦
which our forebears have told us.
- 4 We will not hide from their children,
but will recount to generations to come, ♦
the praises of the Lord and his power
and the wonderful works he has done.
- 5 He laid a solemn charge on Jacob
and made it a law in Israel, ♦
which he commanded them to teach their children,
- 6 That the generations to come might know,
and the children yet unborn, ♦
that they in turn might tell it to their children;

- 7 So that they might put their trust in God ♦
and not forget the deeds of God,
but keep his commandments,
- 8 And not be like their forebears,
a stubborn and rebellious generation, ♦
a generation whose heart was not steadfast,
and whose spirit was not faithful to God.
- 9 The people of Ephraim, armed with the bow, ♦
turned back in the day of battle;
- 10 They did not keep the covenant of God ♦
and refused to walk in his law;
- 11 They forgot what he had done ♦
and the wonders he had shown them.
- 12 For he did marvellous things in the sight of their forebears, ♦
in the land of Egypt, in the field of Zoan.
- 13 He divided the sea and let them pass through; ♦
he made the waters stand still in a heap.
- 14 He led them with a cloud by day ♦
and all the night through with a blaze of fire.
- 15 He split the hard rocks in the wilderness ♦
and gave them drink as from the great deep.
- 16 He brought streams out of the rock ♦
and made water gush out like rivers.
- 17 Yet for all this they sinned more against him ♦
and defied the Most High in the wilderness.
- 18 They tested God in their hearts ♦
and demanded food for their craving.
- 19 They spoke against God and said, ♦
'Can God prepare a table in the wilderness?'
- 20 'He struck the rock indeed, so that the waters gushed out
and the streams overflowed, ♦
but can he give bread or provide meat for his people?'
- 21 When the Lord heard this, he was full of wrath; ♦
a fire was kindled against Jacob
and his anger went out against Israel,

- 22 For they had no faith in God ♦
and put no trust in his saving help.
- 23 So he commanded the clouds above ♦
and opened the doors of heaven.
- 24 He rained down upon them manna to eat ♦
and gave them the grain of heaven.
- 25 So mortals ate the bread of angels; ♦
he sent them food in plenty.
- 26 He caused the east wind to blow in the heavens ♦
and led out the south wind by his might.
- 27 He rained flesh upon them as thick as dust ♦
and winged fowl like the sand of the sea.
- 28 He let it fall in the midst of their camp ♦
and round about their tents.
- 29 So they ate and were well filled, ♦
for he gave them what they desired.
- 30 But they did not stop their craving; ♦
their food was still in their mouths,
- 31 When the anger of God rose against them, ♦
and slew their strongest men
and felled the flower of Israel.
- 32 But for all this, they sinned yet more ♦
and put no faith in his wonderful works.
- 33 So he brought their days to an end like a breath ♦
and their years in sudden terror.
- 34 Whenever he slew them, they would seek him; ♦
they would repent and earnestly search for God.
- 35 They remembered that God was their rock ♦
and the Most High God their redeemer.
- 36 Yet they did but flatter him with their mouth ♦
and dissembled with their tongue.
- 37 Their heart was not steadfast towards him, ♦
neither were they faithful to his covenant.
- 38 But he was so merciful that he forgave their misdeeds
and did not destroy them; ♦
many a time he turned back his wrath
and did not suffer his whole displeasure to be roused.
- 39 For he remembered that they were but flesh, ♦
a wind that passes by and does not return.
- 40 How often they rebelled against him in the wilderness ♦
and grieved him in the desert!
- 41 Again and again they tempted God ♦
and provoked the Holy One of Israel.
- 42 They did not remember his power ♦
in the day when he redeemed them from the enemy;
- 43 How he had wrought his signs in Egypt ♦
and his wonders in the field of Zoan.
- 44 He turned their rivers into blood, ♦
so that they could not drink of their streams.
- 45 He sent swarms of flies among them, which devoured them, ♦
and frogs which brought them ruin.
- 46 He gave their produce to the caterpillar, ♦
the fruit of their toil to the locust.
- 47 He destroyed their vines with hailstones ♦
and their sycamore trees with the frost.
- 48 He delivered their cattle to hailstones ♦
and their flocks to thunderbolts.
- 49 He set loose on them his blazing anger: ♦
fury, displeasure and trouble,
a troop of destroying angels.
- 50 He made a way for his anger
and spared not their souls from death, ♦
but gave their life over to the pestilence.
- 51 He smote the firstborn of Egypt, ♦
the first fruits of their strength in the tents of Ham.
- 52 But he led out his people like sheep ♦
and guided them in the wilderness like a flock.

53 He led them to safety and they were not afraid, ♦
but the sea overwhelmed their enemies.

54 He brought them to his holy place, ♦
the mountain which his right hand took in possession.

55 He drove out the nations before them
and shared out to them their inheritance; ♦
he settled the tribes of Israel in their tents.

56 Yet still they tested God Most High
and rebelled against him, ♦
and would not keep his commandments.

57 They turned back and fell away like their forebears, ♦
starting aside like an unstrung bow.

58 They grieved him with their hill altars ♦
and provoked him to displeasure with their idols.

59 God heard and was greatly angered, ♦
and utterly rejected Israel.

60 He forsook the tabernacle at Shiloh, ♦
the tent of his presence on earth.

61 He gave the ark of his strength into captivity, ♦
his splendour into the adversary's hand.

62 He delivered his people to the sword ♦
and raged against his inheritance.

63 The fire consumed their young men; ♦
there was no one to lament their maidens.

64 Their priests fell by the sword, ♦
and their widows made no lamentation.

65 Then the Lord woke as out of sleep, ♦
like a warrior who had been overcome with wine.

66 He struck his enemies from behind ♦
and put them to perpetual shame.

67 He rejected the tent of Joseph ♦
and chose not the tribe of Ephraim,

68 But he chose the tribe of Judah ♦
and the hill of Zion, which he loved.

69 And there he built his sanctuary like the heights of heaven, ♦
like the earth which he founded for ever.

70 He chose David also, his servant, ♦
and took him away from the sheepfolds.

71 From following the ewes with their lambs he took him, ♦
that he might shepherd Jacob his people
and Israel his inheritance.

72 So he shepherded them with a devoted heart ♦
and with skilful hands he guided them.

Psalm 79

1 O God, the heathen have come into your heritage; ♦
your holy temple have they defiled
and made Jerusalem a heap of stones.

2 The dead bodies of your servants they have given
to be food for the birds of the air, ♦
and the flesh of your faithful to the beasts of the field.

3 Their blood have they shed like water
on every side of Jerusalem, ♦
and there was no one to bury them.

4 We have become the taunt of our neighbours, ♦
the scorn and derision of those that are round about us.

5 Lord, how long will you be angry, for ever? ♦
How long will your jealous fury blaze like fire?

6 Pour out your wrath upon the nations that have not known you, ♦
and upon the kingdoms that have not called upon your name.

7 For they have devoured Jacob ♦
and laid waste his dwelling place.

8 Remember not against us our former sins; ♦
let your compassion make haste to meet us,
for we are brought very low.

9 Help us, O God of our salvation, for the glory of your name; ♦
deliver us, and wipe away our sins for your name's sake.

10 Why should the heathen say, ♦
'Where is now their God?'

- 11 Let vengeance for your servants' blood that is shed ♦
be known among the nations in our sight.
- 12 Let the sorrowful sighing of the prisoners come before you, ♦
and by your mighty arm
preserve those who are condemned to die.
- 13 May the taunts with which our neighbours taunted you, Lord, ♦
return sevenfold into their bosom.
- 14 But we that are your people and the sheep of your pasture
will give you thanks for ever, ♦
and tell of your praise from generation to generation.

Psalm 80

- 1 Hear, O Shepherd of Israel, ♦
you that led Joseph like a flock;
- 2 Shine forth, you that are enthroned upon the cherubim, ♦
before Ephraim, Benjamin and Manasseh.
- 3 Stir up your mighty strength ♦
and come to our salvation.
- 4 *Turn us again, O God; ♦
show the light of your countenance, and we shall be saved.*
- 5 O Lord God of hosts, ♦
how long will you be angry at your people's prayer?
- 6 You feed them with the bread of tears; ♦
you give them abundance of tears to drink.
- 7 You have made us the derision of our neighbours, ♦
and our enemies laugh us to scorn.
- 8 *Turn us again, O God of hosts; ♦
show the light of your countenance, and we shall be saved.*
- 9 You brought a vine out of Egypt; ♦
you drove out the nations and planted it.
- 10 You made room around it, ♦
and when it had taken root, it filled the land.

- 11 The hills were covered with its shadow ♦
and the cedars of God by its boughs.
- 12 It stretched out its branches to the Sea ♦
and its tendrils to the River.
- 13 Why then have you broken down its wall, ♦
so that all who pass by pluck off its grapes?
- 14 The wild boar out of the wood tears it off, ♦
and all the insects of the field devour it.
- 15 Turn again, O God of hosts, ♦
look down from heaven and behold;
- 16 Cherish this vine which your right hand has planted, ♦
and the branch that you made so strong for yourself.
- 17 Let those who burnt it with fire, who cut it down, ♦
perish at the rebuke of your countenance.
- 18 Let your hand be upon the man at your right hand, ♦
the son of man you made so strong for yourself.
- 19 And so will we not go back from you; ♦
give us life, and we shall call upon your name.
- 20 *Turn us again, O Lord God of hosts; ♦
show the light of your countenance, and we shall be saved.*

Psalm 81

- 1 Sing merrily to God our strength, ♦
shout for joy to the God of Jacob.
- 2 Take up the song and sound the timbrel, ♦
the tuneful lyre with the harp.
- 3 Blow the trumpet at the new moon, ♦
as at the full moon, upon our solemn feast day.
- 4 For this is a statute for Israel, ♦
a law of the God of Jacob,
- 5 The charge he laid on the people of Joseph, ♦
when they came out of the land of Egypt.

- 6 I heard a voice I did not know, that said: ♦
 'I eased their shoulder from the burden;
 their hands were set free from bearing the load.
- 7 'You called upon me in trouble and I delivered you; ♦
 I answered you from the secret place of thunder
 and proved you at the waters of Meribah.
- 8 'Hear, O my people, and I will admonish you: ♦
 O Israel, if you would but listen to me!
- 9 'There shall be no strange god among you; ♦
 you shall not worship a foreign god.
- 10 'I am the Lord your God,
 who brought you up from the land of Egypt; ♦
 open your mouth wide and I shall fill it.'
- 11 But my people would not hear my voice ♦
 and Israel would not obey me.
- 12 So I sent them away in the stubbornness of their hearts, ♦
 and let them walk after their own counsels.
- 13 O that my people would listen to me, ♦
 that Israel would walk in my ways!
- 14 Then I should soon put down their enemies ♦
 and turn my hand against their adversaries.
- 15 Those who hate the Lord would be humbled before him, ♦
 and their punishment would last for ever.
- 16 But Israel would I feed with the finest wheat ♦
 and with honey from the rock would I satisfy them.

Psalm 82

- 1 God has taken his stand in the council of heaven; ♦
 in the midst of the gods he gives judgement:
- 2 'How long will you judge unjustly ♦
 and show such favour to the wicked?
- 3 'You were to judge the weak and the orphan; ♦
 defend the right of the humble and needy;

- 4 'Rescue the weak and the poor; ♦
 deliver them from the hand of the wicked.
- 5 'They have no knowledge or wisdom;
 they walk on still in darkness: ♦
 all the foundations of the earth are shaken.
- 6 'Therefore I say that though you are gods ♦
 and all of you children of the Most High,
- 7 'Nevertheless, you shall die like mortals ♦
 and fall like one of their princes.'
- 8 Arise, O God and judge the earth, ♦
 for it is you that shall take all nations for your possession.

Psalm 83

- 1 Hold not your peace, O God, do not keep silent; ♦
 be not unmoved, O God;
- 2 For your enemies are in tumult ♦
 and those who hate you lift up their heads.
- 3 They take secret counsel against your people ♦
 and plot against those whom you treasure.
- 4 They say, 'Come, let us destroy them as a nation, ♦
 that the name of Israel be remembered no more.'
- 5 They have conspired together with one mind; ♦
 they are in league against you:
- 6 The tents of Edom and the Ishmaelites, ♦
 Moab and the Hagarenes,
- 7 Gebal and Ammon and Amalek, ♦
 the Philistines and those who dwell in Tyre.
- 8 Ashur also has joined them ♦
 and has lent a strong arm to the children of Lot.
- 9 Do to them as you did to Midian, ♦
 to Sisera and to Jabin at the river of Kishon,
- 10 Who perished at Endor ♦
 and became as dung for the earth.
- 11 Make their commanders like Oreb and Zeëb, ♦
 and all their princes like Zebah and Zalmunna,

- 12 Who said, 'Let us take for ourselves ♦
the pastures of God as our possession.'
- 13 O my God, make them like thistledown, ♦
like chaff before the wind.
- 14 Like fire that consumes a forest, ♦
like the flame that sets mountains ablaze,
- 15 So drive them with your tempest ♦
and dismay them with your storm.
- 16 Cover their faces with shame, O Lord, ♦
that they may seek your name.
- 17 Let them be disgraced and dismayed for ever; ♦
let them be put to confusion and perish;
- 18 And they shall know that you, whose name is the Lord, ♦
are alone the Most High over all the earth.

Psalm 84

- 1 How lovely is your dwelling place, O Lord of hosts! ♦
My soul has a desire and longing to enter the courts of the Lord;
my heart and my flesh rejoice in the living God.
- 2 The sparrow has found her a house
and the swallow a nest where she may lay her young; ♦
at your altars, O Lord of hosts, my King and my God.
- 3 Blessed are they who dwell in your house: ♦
they will always be praising you.
- 4 Blessed are those whose strength is in you, ♦
in whose heart are the highways to Zion,
- 5 Who going through the barren valley find there a spring, ♦
and the early rains will clothe it with blessing.
- 6 They will go from strength to strength ♦
and appear before God in Zion.
- 7 O Lord God of hosts, hear my prayer; ♦
listen, O God of Jacob.
- 8 Behold our defender, O God, ♦
and look upon the face of your anointed.

- 9 For one day in your courts ♦
is better than a thousand.
- 10 I would rather be a doorkeeper in the house of my God ♦
than dwell in the tents of ungodliness.
- 11 For the Lord God is both sun and shield;
he will give grace and glory; ♦
no good thing shall the Lord withhold
from those who walk with integrity.
- 12 O Lord God of hosts, ♦
blessed are those who put their trust in you.

Psalm 85

- 1 Lord, you were gracious to your land; ♦
you restored the fortunes of Jacob.
- 2 You forgave the offence of your people ♦
and covered all their sins.
- 3 You laid aside all your fury ♦
and turned from your wrathful indignation.
- 4 Restore us again, O God our Saviour, ♦
and let your anger cease from us.
- 5 Will you be displeased with us for ever? ♦
Will you stretch out your wrath from one generation to another?
- 6 Will you not give us life again, ♦
that your people may rejoice in you?
- 7 Show us your mercy, O Lord, ♦
and grant us your salvation.
- 8 I will listen to what the Lord God will say, ♦
for he shall speak peace to his people and to the faithful,
that they turn not again to folly.
- 9 Truly, his salvation is near to those who fear him, ♦
that his glory may dwell in our land.
- 10 Mercy and truth are met together, ♦
righteousness and peace have kissed each other;

- 11 Truth shall spring up from the earth ♦
and righteousness look down from heaven.
- 12 The Lord will indeed give all that is good, ♦
and our land will yield its increase.
- 13 Righteousness shall go before him ♦
and direct his steps in the way.

Psalm 86

- 1 Incline your ear, O Lord, and answer me, ♦
for I am poor and in misery.
- 2 Preserve my soul, for I am faithful; ♦
save your servant, for I put my trust in you.
- 3 Be merciful to me, O Lord, for you are my God; ♦
I call upon you all the day long.
- 4 Gladden the soul of your servant, ♦
for to you, O Lord, I lift up my soul.
- 5 For you, Lord, are good and forgiving, ♦
abounding in steadfast love to all who call upon you.
- 6 Give ear, O Lord, to my prayer ♦
and listen to the voice of my supplication.
- 7 In the day of my distress I will call upon you, ♦
for you will answer me.
- 8 Among the gods there is none like you, O Lord, ♦
nor any works like yours.
- 9 All nations you have made shall come and worship you, O Lord, ♦
and shall glorify your name.
- 10 For you are great and do wonderful things; ♦
you alone are God.
- 11 Teach me your way, O Lord, and I will walk in your truth; ♦
knit my heart to you, that I may fear your name.
- 12 I will thank you, O Lord my God, with all my heart, ♦
and glorify your name for evermore;
- 13 For great is your steadfast love towards me, ♦
for you have delivered my soul from the depths of the grave.

- 14 O God, the proud rise up against me
and a ruthless horde seek after my life; ♦
they have not set you before their eyes.
- 15 But you, Lord, are gracious and full of compassion, ♦
slow to anger and full of kindness and truth.
- 16 Turn to me and have mercy upon me; ♦
give your strength to your servant
and save the child of your handmaid.
- 17 Show me a token of your favour,
that those who hate me may see it and be ashamed; ♦
because you, O Lord, have helped and comforted me.

Psalm 87

- 1 His foundation is on the holy mountains. ♦
The Lord loves the gates of Zion
more than all the dwellings of Jacob.
- 2 Glorious things are spoken of you, ♦
Zion, city of our God.
- 3 I record Egypt and Babylon as those who know me; ♦
behold Philistia, Tyre and Ethiopia:
in Zion were they born.
- 4 And of Zion it shall be said, 'Each one was born in her; ♦
and the Most High himself has established her.'
- 5 The Lord will record as he writes up the peoples, ♦
'This one also was born there.'
- 6 And as they dance they shall sing, ♦
'All my fresh springs are in you.'

Psalm 88

- 1 O Lord, God of my salvation, ♦
I have cried day and night before you.
- 2 Let my prayer come into your presence; ♦
incline your ear to my cry.
- 3 For my soul is full of troubles; ♦
my life draws near to the land of death.
- 4 I am counted as one gone down to the Pit; ♦
I am like one that has no strength,
- 5 Lost among the dead, ♦
like the slain who lie in the grave,
- 6 Whom you remember no more, ♦
for they are cut off from your hand.
- 7 You have laid me in the lowest pit, ♦
in a place of darkness in the abyss.
- 8 Your anger lies heavy upon me, ♦
and you have afflicted me with all your waves.
- 9 You have put my friends far from me ♦
and made me to be abhorred by them.
- 10 I am so fast in prison that I cannot get free; ♦
my eyes fail from all my trouble.
- 11 Lord, I have called daily upon you; ♦
I have stretched out my hands to you.
- 12 Do you work wonders for the dead? ♦
Will the shades stand up and praise you?
- 13 Shall your loving-kindness be declared in the grave, ♦
your faithfulness in the land of destruction?
- 14 Shall your wonders be known in the dark ♦
or your righteous deeds in the land where all is forgotten?
- 15 But as for me, O Lord, I will cry to you; ♦
early in the morning my prayer shall come before you.
- 16 Lord, why have you rejected my soul? ♦
Why have you hidden your face from me?

- 17 I have been wretched and at the point of death from my youth; ♦
I suffer your terrors and am no more seen.
- 18 Your wrath sweeps over me; ♦
your horrors are come to destroy me;
- 19 All day long they come about me like water; ♦
they close me in on every side.
- 20 Lover and friend have you put far from me ♦
and hid my companions out of my sight.

Psalm 89

- 1 My song shall be always of the loving-kindness of the Lord: ♦
with my mouth will I proclaim your faithfulness
throughout all generations.
- 2 I will declare that your love is established for ever; ♦
you have set your faithfulness as firm as the heavens.
- 3 For you said: 'I have made a covenant with my chosen one; ♦
I have sworn an oath to David my servant:
- 4 "Your seed will I establish for ever ♦
and build up your throne for all generations." '
- 5 The heavens praise your wonders, O Lord, ♦
and your faithfulness in the assembly of the holy ones;
- 6 For who among the clouds can be compared to the Lord? ♦
Who is like the Lord among the host of heaven?
- 7 A God feared in the council of the holy ones, ♦
great and terrible above all those round about him.
- 8 Who is like you, Lord God of hosts? ♦
Mighty Lord, your faithfulness is all around you.
- 9 You rule the raging of the sea; ♦
you still its waves when they arise.
- 10 You crushed Rahab with a deadly wound ♦
and scattered your enemies with your mighty arm.
- 11 Yours are the heavens; the earth also is yours; ♦
you established the world and all that fills it.

- 12 You created the north and the south; ♦
Tabor and Hermon rejoice in your name.
- 13 You have a mighty arm; ♦
strong is your hand and high is your right hand.
- 14 Righteousness and justice are the foundation of your throne; ♦
steadfast love and faithfulness go before your face.
- 15 Happy are the people who know the shout of triumph: ♦
they walk, O Lord, in the light of your countenance.
- 16 In your name they rejoice all the day long ♦
and are exalted in your righteousness.
- 17 For you are the glory of their strength, ♦
and in your favour you lift up our heads.
- 18 Truly the Lord is our shield; ♦
the Holy One of Israel is our king.
- 19 You spoke once in a vision and said to your faithful people: ♦
'I have set a youth above the mighty;
I have raised a young man over the people.
- 20 'I have found David my servant; ♦
with my holy oil have I anointed him.
- 21 'My hand shall hold him fast ♦
and my arm shall strengthen him.
- 22 'No enemy shall deceive him, ♦
nor any wicked person afflict him.
- 23 'I will strike down his foes before his face ♦
and beat down those that hate him.
- 24 'My truth also and my steadfast love shall be with him, ♦
and in my name shall his head be exalted.
- 25 'I will set his dominion upon the sea ♦
and his right hand upon the rivers.
- 26 'He shall call to me, "You are my Father, ♦
my God, and the rock of my salvation;"
- 27 'And I will make him my firstborn, ♦
the most high above the kings of the earth.
- 28 'The love I have pledged to him will I keep for ever, ♦
and my covenant will stand fast with him.
- 29 'His seed also will I make to endure for ever ♦
and his throne as the days of heaven.
- 30 'But if his children forsake my law ♦
and cease to walk in my judgements,
- 31 'If they break my statutes ♦
and do not keep my commandments,
- 32 'I will punish their offences with a rod ♦
and their sin with scourges.
- 33 'But I will not take from him my steadfast love ♦
nor suffer my truth to fail.
- 34 'My covenant will I not break ♦
nor alter what has gone out of my lips.
- 35 'Once for all have I sworn by my holiness ♦
that I will not prove false to David.
- 36 'His seed shall endure for ever ♦
and his throne as the sun before me;
- 37 'It shall stand fast for ever as the moon, ♦
the enduring witness in the heavens.'
- 38 But you have cast off and rejected your anointed; ♦
you have shown fierce anger against him.
- 39 You have broken the covenant with your servant, ♦
and have cast his crown to the dust.
- 40 You have broken down all his walls ♦
and laid his strongholds in ruins.
- 41 All who pass by despoil him, ♦
and he has become the scorn of his neighbours.
- 42 You have exalted the right hand of his foes ♦
and made all his enemies rejoice.
- 43 You have turned back the edge of his sword ♦
and have not upheld him in battle.
- 44 You have made an end of his radiance ♦
and cast his throne to the ground.
- 45 You have cut short the days of his youth ♦
and have covered him with shame.

- 46 How long will you hide yourself so utterly, O Lord? ♦
How long shall your anger burn like fire?
- 47 Remember how short my time is, ♦
how frail you have made all mortal flesh.
- 48 Which of the living shall not see death, ♦
and shall deliver their soul from the power of darkness?
- 49 Where, O Lord, is your steadfast love of old, ♦
which you swore to David in your faithfulness?
- 50 Remember, O Lord, how your servant is scorned, ♦
how I bear in my bosom the taunts of many peoples,
- 51 While your enemies mock, O Lord, ♦
while they mock the footsteps of your anointed.
- 52 Blessed be the Lord for evermore. ♦
Amen and Amen.

Psalm 90

- 1 Lord, you have been our refuge ♦
from one generation to another.
- 2 Before the mountains were brought forth,
or the earth and the world were formed, ♦
from everlasting to everlasting you are God.
- 3 You turn us back to dust and say: ♦
'Turn back, O children of earth.'
- 4 For a thousand years in your sight are but as yesterday, ♦
which passes like a watch in the night.
- 5 You sweep them away like a dream; ♦
they fade away suddenly like the grass.
- 6 In the morning it is green and flourishes; ♦
in the evening it is dried up and withered.
- 7 For we consume away in your displeasure; ♦
we are afraid at your wrathful indignation.
- 8 You have set our misdeeds before you ♦
and our secret sins in the light of your countenance.

- 9 When you are angry, all our days are gone; ♦
our years come to an end like a sigh.
- 10 The days of our life are three score years and ten,
or if our strength endures, even four score; ♦
yet the sum of them is but labour and sorrow,
for they soon pass away and we are gone.
- 11 Who regards the power of your wrath ♦
and your indignation like those who fear you?
- 12 So teach us to number our days ♦
that we may apply our hearts to wisdom.
- 13 Turn again, O Lord; how long will you delay? ♦
Have compassion on your servants.
- 14 Satisfy us with your loving-kindness in the morning, ♦
that we may rejoice and be glad all our days.
- 15 Give us gladness for the days you have afflicted us, ♦
and for the years in which we have seen adversity.
- 16 Show your servants your works, ♦
and let your glory be over their children.
- 17 May the gracious favour of the Lord our God be upon us; ♦
prosper our handiwork; O prosper the work of our hands.

Psalm 91

- 1 Whoever dwells in the shelter of the Most High ♦
and abides under the shadow of the Almighty,
- 2 Shall say to the Lord, 'My refuge and my stronghold, ♦
my God, in whom I put my trust.'
- 3 For he shall deliver you from the snare of the fowler ♦
and from the deadly pestilence.
- 4 He shall cover you with his wings
and you shall be safe under his feathers; ♦
his faithfulness shall be your shield and buckler.
- 5 You shall not be afraid of any terror by night, ♦
nor of the arrow that flies by day;
- 6 Of the pestilence that stalks in darkness, ♦
nor of the sickness that destroys at noonday.

7 Though a thousand fall at your side
and ten thousand at your right hand, ♦
yet it shall not come near you.

8 Your eyes have only to behold ♦
to see the reward of the wicked.

9 Because you have made the Lord your refuge ♦
and the Most High your stronghold,

10 There shall no evil happen to you, ♦
neither shall any plague come near your tent.

11 For he shall give his angels charge over you, ♦
to keep you in all your ways.

12 They shall bear you in their hands, ♦
lest you dash your foot against a stone.

13 You shall tread upon the lion and adder; ♦
the young lion and the serpent you shall trample underfoot.

14 Because they have set their love upon me,
therefore will I deliver them; ♦
I will lift them up, because they know my name.

15 They will call upon me and I will answer them; ♦
I am with them in trouble,
I will deliver them and bring them to honour.

16 With long life will I satisfy them ♦
and show them my salvation.

Psalm 92

1 It is a good thing to give thanks to the Lord ♦
and to sing praises to your name, O Most High;

2 To tell of your love early in the morning ♦
and of your faithfulness in the night-time,

3 Upon the ten-stringed instrument, upon the harp, ♦
and to the melody of the lyre.

4 For you, Lord, have made me glad by your acts, ♦
and I sing aloud at the works of your hands.

5 O Lord, how glorious are your works! ♦
Your thoughts are very deep.

6 The senseless do not know, ♦
nor do fools understand,

7 That though the wicked sprout like grass ♦
and all the workers of iniquity flourish,

8 It is only to be destroyed for ever; ♦
but you, O Lord, shall be exalted for evermore.

9 For lo, your enemies, O Lord,
lo, your enemies shall perish, ♦
and all the workers of iniquity shall be scattered.

10 But my horn you have exalted
like the horns of wild oxen; ♦
I am anointed with fresh oil.

11 My eyes will look down on my foes; ♦
my ears shall hear the ruin of the evildoers
who rise up against me.

12 The righteous shall flourish like a palm tree, ♦
and shall spread abroad like a cedar of Lebanon.

13 Such as are planted in the house of the Lord ♦
shall flourish in the courts of our God.

14 They shall still bear fruit in old age; ♦
they shall be vigorous and in full leaf;

15 That they may show that the Lord is true; ♦
he is my rock,
and there is no unrighteousness in him.

Psalm 93

- 1 The Lord is king and has put on glorious apparel; ♦
the Lord has put on his glory
and girded himself with strength.
- 2 He has made the whole world so sure ♦
that it cannot be moved.
- 3 Your throne has been established from of old; ♦
you are from everlasting.
- 4 The floods have lifted up, O Lord,
the floods have lifted up their voice; ♦
the floods lift up their pounding waves.
- 5 Mightier than the thunder of many waters,
mightier than the breakers of the sea, ♦
the Lord on high is mightier.
- 6 Your testimonies are very sure; ♦
holiness adorns your house, O Lord, for ever.

Psalm 94

- 1 Lord God to whom vengeance belongs, ♦
O God to whom vengeance belongs, shine out in majesty.
- 2 Rise up, O Judge of the earth; ♦
give the arrogant their just deserts.
- 3 Lord, how long shall the wicked, ♦
how long shall the wicked triumph?
- 4 How long shall the evildoers boast ♦
and pour out such impudent words?
- 5 They crush your people, O Lord, ♦
and afflict your heritage.
- 6 They murder the widow and the stranger; ♦
the orphans they put to death.
- 7 And yet they say, 'The Lord will not see, ♦
neither shall the God of Jacob regard it.'
- 8 Consider, most stupid of people; ♦
you fools, when will you understand?

- 9 He that planted the ear, shall he not hear? ♦
He that formed the eye, shall he not see?
- 10 He who corrects the nations, shall he not punish? ♦
He who teaches the peoples, does he lack knowledge?
- 11 The Lord knows every human thought, ♦
that they are but a breath.
- 12 Blessed are those whom you chasten, O Lord, ♦
whom you instruct from your law;
- 13 That you may give them rest in days of adversity, ♦
until a pit is dug for the wicked.
- 14 For the Lord will not fail his people, ♦
neither will he forsake his inheritance.
- 15 For justice shall return to the righteous, ♦
and all that are true of heart shall follow it.
- 16 Who will rise up for me against the wicked? ♦
Who will take my part against the evildoers?
- 17 If the Lord had not helped me, ♦
my soul would soon have been put to silence.
- 18 And when I said, 'My foot has slipped', ♦
your loving mercy, O Lord, upheld me.
- 19 In the multitude of cares that troubled my heart, ♦
your comforts have refreshed my soul.
- 20 Will you have anything to do with the throne of wickedness, ♦
which fashions evil through its law?
- 21 They gather together against the life of the righteous ♦
and condemn the innocent to death.
- 22 But the Lord has become my stronghold ♦
and my God the rock of my trust.
- 23 He will turn against them their own wickedness
and silence them through their own malice; ♦
the Lord our God will put them to silence.

- 1 O come, let us sing to the Lord; ♦
let us heartily rejoice in the rock of our salvation.
- 2 Let us come into his presence with thanksgiving ♦
and be glad in him with psalms.
- 3 For the Lord is a great God ♦
and a great king above all gods.
- 4 In his hand are the depths of the earth ♦
and the heights of the mountains are his also.
- 5 The sea is his, for he made it, ♦
and his hands have moulded the dry land.
- 6 Come, let us worship and bow down ♦
and kneel before the Lord our Maker.
- 7 For he is our God; ♦
we are the people of his pasture and the sheep of his hand.
- 8 O that today you would listen to his voice: ♦
'Harden not your hearts as at Meribah,
on that day at Massah in the wilderness,
- 9 'When your forebears tested me, and put me to the proof, ♦
though they had seen my works.
- 10 'Forty years long I detested that generation and said, ♦
'This people are wayward in their hearts;
they do not know my ways.'
- 11 'So I swore in my wrath, ♦
'They shall not enter into my rest.' '

- 1 Sing to the Lord a new song; ♦
sing to the Lord, all the earth.
- 2 Sing to the Lord and bless his name; ♦
tell out his salvation from day to day.
- 3 Declare his glory among the nations ♦
and his wonders among all peoples.
- 4 For great is the Lord and greatly to be praised; ♦
he is more to be feared than all gods.
- 5 For all the gods of the nations are but idols; ♦
it is the Lord who made the heavens.
- 6 Honour and majesty are before him; ♦
power and splendour are in his sanctuary.
- 7 Ascribe to the Lord, you families of the peoples; ♦
ascribe to the Lord honour and strength.
- 8 Ascribe to the Lord the honour due to his name; ♦
bring offerings and come into his courts.
- 9 O worship the Lord in the beauty of holiness; ♦
let the whole earth tremble before him.
- 10 Tell it out among the nations that the Lord is king. ♦
He has made the world so firm that it cannot be moved;
he will judge the peoples with equity.
- 11 Let the heavens rejoice and let the earth be glad; ♦
let the sea thunder and all that is in it;
- 12 Let the fields be joyful and all that is in them; ♦
let all the trees of the wood shout for joy before the Lord.
- 13 For he comes, he comes to judge the earth; ♦
with righteousness he will judge the world
and the peoples with his truth.

Psalm 97

- 1 The Lord is king; let the earth rejoice; ♦
let the multitude of the isles be glad.
- 2 Clouds and darkness are round about him; ♦
righteousness and justice are the foundation of his throne.
- 3 Fire goes before him ♦
and burns up his enemies on every side.
- 4 His lightnings lit up the world; ♦
the earth saw it and trembled.
- 5 The mountains melted like wax at the presence of the Lord, ♦
at the presence of the Lord of the whole earth.
- 6 The heavens declared his righteousness, ♦
and all the peoples have seen his glory.
- 7 Confounded be all who worship carved images
and delight in mere idols. ♦
Bow down before him, all you gods.
- 8 Zion heard and was glad, and the daughters of Judah rejoiced, ♦
because of your judgements, O Lord.
- 9 For you, Lord, are most high over all the earth; ♦
you are exalted far above all gods.
- 10 The Lord loves those who hate evil; ♦
he preserves the lives of his faithful
and delivers them from the hand of the wicked.
- 11 Light has sprung up for the righteous ♦
and joy for the true of heart.
- 12 Rejoice in the Lord, you righteous, ♦
and give thanks to his holy name.

Psalm 98

- 1 Sing to the Lord a new song, ♦
for he has done marvellous things.
- 2 His own right hand and his holy arm ♦
have won for him the victory.
- 3 The Lord has made known his salvation; ♦
his deliverance has he openly shown in the sight of the nations.
- 4 He has remembered his mercy and faithfulness
towards the house of Israel, ♦
and all the ends of the earth have seen the salvation of our God.
- 5 Sound praises to the Lord, all the earth; ♦
break into singing and make music.
- 6 Make music to the Lord with the lyre, ♦
with the lyre and the voice of melody.
- 7 With trumpets and the sound of the horn ♦
sound praises before the Lord, the King.
- 8 Let the sea thunder and all that fills it, ♦
the world and all that dwell upon it.
- 9 Let the rivers clap their hands ♦
and let the hills ring out together before the Lord,
for he comes to judge the earth.
- 10 In righteousness shall he judge the world ♦
and the peoples with equity.

Psalm 99

- 1 The Lord is king: let the peoples tremble; ♦
he is enthroned above the cherubim: let the earth shake.
- 2 The Lord is great in Zion ♦
and high above all peoples.
- 3 Let them praise your name, which is great and awesome; ♦
the Lord our God is holy.
- 4 Mighty king, who loves justice,
you have established equity; ♦
you have executed justice and righteousness in Jacob.
- 5 *Exalt the Lord our God; ♦
bow down before his footstool, for he is holy.*
- 6 Moses and Aaron among his priests
and Samuel among those who call upon his name; ♦
they called upon the Lord and he answered them.
- 7 He spoke to them out of the pillar of cloud; ♦
they kept his testimonies and the law that he gave them.
- 8 You answered them, O Lord our God; ♦
you were a God who forgave them
and pardoned them for their offences.
- 9 *Exalt the Lord our God
and worship him upon his holy hill, ♦
for the Lord our God is holy.*

Psalm 100

- 1 O be joyful in the Lord, all the earth; ♦
serve the Lord with gladness
and come before his presence with a song.
- 2 Know that the Lord is God; ♦
it is he that has made us and we are his;
we are his people and the sheep of his pasture.
- 3 Enter his gates with thanksgiving
and his courts with praise; ♦
give thanks to him and bless his name.
- 4 For the Lord is gracious; his steadfast love is everlasting, ♦
and his faithfulness endures from generation to generation.

Psalm 101

- 1 I will sing of faithfulness and justice; ♦
to you, O Lord, will I sing.
- 2 Let me be wise in the way that is perfect: ♦
when will you come to me?
- 3 I will walk with purity of heart ♦
within the walls of my house.
- 4 I will not set before my eyes ♦
a counsel that is evil.
- 5 I abhor the deeds of unfaithfulness; ♦
they shall not cling to me.
- 6 A crooked heart shall depart from me; ♦
I will not know a wicked person.
- 7 One who slanders a neighbour in secret ♦
I will quickly put to silence.
- 8 Haughty eyes and an arrogant heart ♦
I will not endure.
- 9 My eyes are upon the faithful in the land, ♦
that they may dwell with me.
- 10 One who walks in the way that is pure ♦
shall be my servant.
- 11 There shall not dwell in my house ♦
one that practises deceit.
- 12 One who utters falsehood ♦
shall not continue in my sight.
- 13 Morning by morning will I put to silence ♦
all the wicked in the land,
- 14 To cut off from the city of the Lord ♦
all those who practise evil.

Psalm 102

- 1 O Lord, hear my prayer ♦
and let my crying come before you.
- 2 Hide not your face from me ♦
in the day of my distress.
- 3 Incline your ear to me; ♦
when I call, make haste to answer me,
- 4 For my days are consumed in smoke ♦
and my bones burn away as in a furnace.
- 5 My heart is smitten down and withered like grass, ♦
so that I forget to eat my bread.
- 6 From the sound of my groaning ♦
my bones cleave fast to my skin.
- 7 I am become like a vulture in the wilderness, ♦
like an owl that haunts the ruins.
- 8 I keep watch and am become like a sparrow ♦
solitary upon the housetop.
- 9 My enemies revile me all the day long, ♦
and those who rage at me have sworn together against me.
- 10 I have eaten ashes for bread ♦
and mingled my drink with weeping,
- 11 Because of your indignation and wrath, ♦
for you have taken me up and cast me down.
- 12 My days fade away like a shadow, ♦
and I am withered like grass.
- 13 But you, O Lord, shall endure for ever ♦
and your name through all generations.
- 14 You will arise and have pity on Zion; ♦
it is time to have mercy upon her;
surely the time has come.
- 15 For your servants love her very stones ♦
and feel compassion for her dust.

- 16 Then shall the nations fear your name, O Lord, ♦
and all the kings of the earth your glory,
- 17 When the Lord has built up Zion ♦
and shown himself in glory;
- 18 When he has turned to the prayer of the destitute ♦
and has not despised their plea.
- 19 This shall be written for those that come after, ♦
and a people yet unborn shall praise the Lord.
- 20 For he has looked down from his holy height; ♦
from the heavens he beheld the earth,
- 21 That he might hear the sighings of the prisoner ♦
and set free those condemned to die;
- 22 That the name of the Lord may be proclaimed in Zion ♦
and his praises in Jerusalem,
- 23 When peoples are gathered together ♦
and kingdoms also, to serve the Lord.
- 24 He has brought down my strength in my journey ♦
and has shortened my days.
- 25 I pray, 'O my God, do not take me in the midst of my days; ♦
your years endure throughout all generations.
- 26 'In the beginning you laid the foundations of the earth, ♦
and the heavens are the work of your hands;
- 27 'They shall perish, but you will endure; ♦
they all shall wear out like a garment.
- 28 'You change them like clothing, and they shall be changed; ♦
but you are the same, and your years will not fail.
- 29 'The children of your servants shall continue, ♦
and their descendants shall be established in your sight.'

Psalm 103

- 1 Bless the Lord, O my soul, ♦
and all that is within me bless his holy name.
- 2 Bless the Lord, O my soul, ♦
and forget not all his benefits;
- 3 Who forgives all your sins ♦
and heals all your infirmities;
- 4 Who redeems your life from the Pit ♦
and crowns you with faithful love and compassion;
- 5 Who satisfies you with good things, ♦
so that your youth is renewed like an eagle's.

- 6 The Lord executes righteousness ♦
and judgement for all who are oppressed.
- 7 He made his ways known to Moses ♦
and his works to the children of Israel.
- 8 The Lord is full of compassion and mercy, ♦
slow to anger and of great kindness.
- 9 He will not always accuse us, ♦
neither will he keep his anger for ever.
- 10 He has not dealt with us according to our sins, ♦
nor rewarded us according to our wickedness.
- 11 For as the heavens are high above the earth, ♦
so great is his mercy upon those who fear him.
- 12 As far as the east is from the west, ♦
so far has he set our sins from us.
- 13 As a father has compassion on his children, ♦
so is the Lord merciful towards those who fear him.
- 14 For he knows of what we are made; ♦
he remembers that we are but dust.
- 15 Our days are but as grass; ♦
we flourish as a flower of the field;
- 16 For as soon as the wind goes over it, it is gone, ♦
and its place shall know it no more.

- 17 But the merciful goodness of the Lord is from of old
and endures for ever on those who fear him, ♦
and his righteousness on children's children;
- 18 On those who keep his covenant ♦
and remember his commandments to do them.

- 19 The Lord has established his throne in heaven, ♦
and his kingdom has dominion over all.
- 20 Bless the Lord, you angels of his, ♦
you mighty ones who do his bidding
and hearken to the voice of his word.
- 21 Bless the Lord, all you his hosts, ♦
you ministers of his who do his will.
- 22 Bless the Lord, all you works of his,
in all places of his dominion; ♦
bless the Lord, O my soul.

Psalm 104

- 1 Bless the Lord, O my soul. ♦
O Lord my God, how excellent is your greatness!
- 2 You are clothed with majesty and honour, ♦
wrapped in light as in a garment.
- 3 You spread out the heavens like a curtain ♦
and lay the beams of your dwelling place in the waters above.
- 4 You make the clouds your chariot ♦
and ride on the wings of the wind.
- 5 You make the winds your messengers ♦
and flames of fire your servants.
- 6 You laid the foundations of the earth, ♦
that it never should move at any time.
- 7 You covered it with the deep like a garment; ♦
the waters stood high above the hills.
- 8 At your rebuke they fled; ♦
at the voice of your thunder they hastened away.

9 They rose up to the hills and flowed down to the valleys beneath, ♦
to the place which you had appointed for them.

10 You have set them their bounds that they should not pass, ♦
nor turn again to cover the earth.

11 You send the springs into the brooks, ♦
which run among the hills.

12 They give drink to every beast of the field, ♦
and the wild asses quench their thirst.

13 Beside them the birds of the air make their nests ♦
and sing among the branches.

14 You water the hills from your dwelling on high; ♦
the earth is filled with the fruit of your works.

15 You make grass to grow for the cattle ♦
and plants to meet our needs,

16 Bringing forth food from the earth ♦
and wine to gladden our hearts,

17 Oil to give us a cheerful countenance ♦
and bread to strengthen our hearts.

18 The trees of the Lord are full of sap, ♦
the cedars of Lebanon which he planted,

19 In which the birds build their nests, ♦
while the fir trees are a dwelling for the stork.

20 The mountains are a refuge for the wild goats ♦
and the stony cliffs for the conies.

21 You appointed the moon to mark the seasons, ♦
and the sun knows the time for its setting.

22 You make darkness that it may be night, ♦
in which all the beasts of the forest creep forth.

23 The lions roar for their prey ♦
and seek their food from God.

24 The sun rises and they are gone ♦
to lay themselves down in their dens.

25 People go forth to their work ♦
and to their labour until the evening.

26 O Lord, how manifold are your works! ♦
In wisdom you have made them all;
the earth is full of your creatures.

27 There is the sea, spread far and wide, ♦
and there move creatures beyond number, both small and great.

28 There go the ships, and there is that Leviathan ♦
which you have made to play in the deep.

29 All of these look to you ♦
to give them their food in due season.

30 When you give it them, they gather it; ♦
you open your hand and they are filled with good.

31 When you hide your face they are troubled; ♦
when you take away their breath,
they die and return again to the dust.

32 When you send forth your spirit, they are created, ♦
and you renew the face of the earth.

33 May the glory of the Lord endure for ever; ♦
may the Lord rejoice in his works;

34 He looks on the earth and it trembles; ♦
he touches the mountains and they smoke.

35 I will sing to the Lord as long as I live; ♦
I will make music to my God while I have my being.

36 So shall my song please him ♦
while I rejoice in the Lord.

37 Let sinners be consumed out of the earth
and the wicked be no more. ♦
Bless the Lord, O my soul.
Alleluia.

Psalm 105

- 1 O give thanks to the Lord and call upon his name; ♦
make known his deeds among the peoples.
- 2 Sing to him, sing praises, ♦
and tell of all his marvellous works.
- 3 Rejoice in the praise of his holy name; ♦
let the hearts of them rejoice who seek the Lord.
- 4 Seek the Lord and his strength; ♦
seek his face continually.
- 5 Remember the marvels he has done, ♦
his wonders and the judgements of his mouth,
- 6 O seed of Abraham his servant, ♦
O children of Jacob his chosen.
- 7 He is the Lord our God; ♦
his judgements are in all the earth.
- 8 He has always been mindful of his covenant, ♦
the promise that he made for a thousand generations:
- 9 The covenant he made with Abraham, ♦
the oath that he swore to Isaac,
- 10 Which he established as a statute for Jacob, ♦
an everlasting covenant for Israel,
- 11 Saying, 'To you will I give the land of Canaan ♦
to be the portion of your inheritance.'
- 12 When they were but few in number, ♦
of little account, and sojourners in the land,
- 13 Wandering from nation to nation, ♦
from one kingdom to another people,
- 14 He suffered no one to do them wrong ♦
and rebuked even kings for their sake,
- 15 Saying, 'Touch not my anointed ♦
and do my prophets no harm.'
- 16 Then he called down famine over the land ♦
and broke every staff of bread.
- 17 But he had sent a man before them, ♦
Joseph, who was sold as a slave.
- 18 They shackled his feet with fetters; ♦
his neck was ringed with iron.
- 19 Until all he foretold came to pass, ♦
the word of the Lord tested him.
- 20 The king sent and released him; ♦
the ruler of peoples set him free.
- 21 He appointed him lord of his household ♦
and ruler of all he possessed,
- 22 To instruct his princes as he willed ♦
and to teach his counsellors wisdom.
- 23 Then Israel came into Egypt; ♦
Jacob sojourned in the land of Ham.
- 24 And the Lord made his people exceedingly fruitful; ♦
he made them too many for their adversaries,
- 25 Whose heart he turned, so that they hated his people ♦
and dealt craftily with his servants.
- 26 Then sent he Moses his servant ♦
and Aaron whom he had chosen.
- 27 He showed his signs through their word ♦
and his wonders in the land of Ham.
- 28 He sent darkness and it grew dark; ♦
yet they did not heed his words.
- 29 He turned their waters into blood ♦
and slew all their fish.
- 30 Their land swarmed with frogs, ♦
even in their kings' chambers.
- 31 He spoke the word, and there came clouds of flies, ♦
swarms of gnats within all their borders.
- 32 He gave them hailstones for rain ♦
and flames of lightning in their land.
- 33 He blasted their vines and their fig trees ♦
and shattered trees across their country.

34 He spoke the word, and the grasshoppers came ♦
and young locusts without number;

35 They ate every plant in their land ♦
and devoured the fruit of their soil.

36 He smote all the firstborn in their land, ♦
the first fruits of all their strength.

37 Then he brought them out with silver and gold; ♦
there was not one among their tribes that stumbled.

38 Egypt was glad at their departing, ♦
for a dread of them had fallen upon them.

39 He spread out a cloud for a covering ♦
and a fire to light up the night.

40 They asked and he brought them quails; ♦
he satisfied them with the bread of heaven.

41 He opened the rock, and the waters gushed out ♦
and ran in the dry places like a river.

42 For he remembered his holy word ♦
and Abraham, his servant.

43 So he brought forth his people with joy, ♦
his chosen ones with singing.

44 He gave them the lands of the nations ♦
and they took possession of the fruit of their toil,

45 That they might keep his statutes ♦
and faithfully observe his laws.
Alleluia.

Psalm 106

1 Alleluia.
Give thanks to the Lord, for he is gracious, ♦
for his faithfulness endures for ever.

2 Who can express the mighty acts of the Lord ♦
or show forth all his praise?

3 Blessed are those who observe what is right ♦
and always do what is just.

4 Remember me, O Lord, in the favour you bear for your people; ♦
visit me in the day of your salvation;

5 That I may see the prosperity of your chosen
and rejoice in the gladness of your people, ♦
and exult with your inheritance.

6 We have sinned like our forebears; ♦
we have done wrong and dealt wickedly.

7 In Egypt they did not consider your wonders,
nor remember the abundance of your faithful love; ♦
they rebelled against the Most High at the Red Sea.

8 But he saved them for his name's sake, ♦
that he might make his power to be known.

9 He rebuked the Red Sea and it was dried up; ♦
so he led them through the deep as through the wilderness.

10 He saved them from the adversary's hand ♦
and redeemed them from the hand of the enemy.

11 As for those that troubled them, the waters overwhelmed them; ♦
there was not one of them left.

12 Then they believed his words ♦
and sang aloud his praise.

13 But soon they forgot his deeds ♦
and would not wait for his counsel.

14 A craving seized them in the wilderness, ♦
and they put God to the test in the desert.

15 He gave them their desire, ♦
but sent a wasting sickness among them.

16 They grew jealous of Moses in the camp ♦
and of Aaron, the holy one of the Lord.

17 So the earth opened and swallowed up Dathan ♦
and covered the company of Abiram.

18 A fire was kindled in their company; ♦
the flame burnt up the wicked.

19 They made a calf at Horeb ♦
and worshipped the molten image;

20 Thus they exchanged their glory ♦
for the image of an ox that feeds on hay.

21 They forgot God their saviour, ♦
who had done such great things in Egypt,

22 Wonderful deeds in the land of Ham ♦
and fearful things at the Red Sea.

23 So he would have destroyed them,
had not Moses his chosen stood before him in the breach, ♦
to turn away his wrath from consuming them.

24 Then they scorned the Promised Land ♦
and would not believe his word,

25 But murmured in their tents ♦
and would not heed the voice of the Lord.

26 So he lifted his hand against them ♦
and swore to overthrow them in the wilderness,

27 To disperse their descendants among the nations, ♦
and to scatter them throughout the lands.

28 They joined themselves to the Baal of Peor ♦
and ate sacrifices offered to the dead.

29 They provoked him to anger with their evil deeds ♦
and a plague broke out among them.

30 Then Phinehas stood up and interceded ♦
and so the plague was stayed.

31 This was counted to him for righteousness ♦
throughout all generations for ever.

32 They angered him also at the waters of Meribah, ♦
so that Moses suffered for their sake;

33 For they so embittered his spirit ♦
that he spoke rash words with his lips.

34 They did not destroy the peoples ♦
as the Lord had commanded them.

35 They mingled with the nations ♦
and learned to follow their ways,

36 So that they worshipped their idols, ♦
which became to them a snare.

37 Their own sons and daughters ♦
they sacrificed to evil spirits.

38 They shed innocent blood, ♦
the blood of their sons and daughters,

39 Which they offered to the idols of Canaan, ♦
and the land was defiled with blood.

40 Thus were they polluted by their actions, ♦
and in their wanton deeds went whoring after other gods.

41 Therefore was the wrath of the Lord
kindled against his people, ♦
and he abhorred his inheritance.

42 He gave them over to the hand of the nations, ♦
and those who hated them ruled over them.

43 So their enemies oppressed them ♦
and put them in subjection under their hand.

44 Many a time did he deliver them,
but they rebelled through their own devices ♦
and were brought down through their wickedness.

45 Nevertheless, he saw their adversity, ♦
when he heard their lamentation.

46 He remembered his covenant with them ♦
and relented according to the greatness of his faithful love.

47 He made them also to be pitied ♦
by all who had taken them captive.

48 Save us, O Lord our God,
and gather us from among the nations, ♦
that we may give thanks to your holy name
and glory in your praise.

49 Blessed be the Lord, the God of Israel,
from everlasting and to everlasting; ♦
and let all the people say, Amen.
Alleluia.

Psalm 107

- 1 O give thanks to the Lord, for he is gracious, ♦
for his steadfast love endures for ever.
- 2 Let the redeemed of the Lord say this, ♦
those he redeemed from the hand of the enemy,
- 3 And gathered out of the lands
from the east and from the west, ♦
from the north and from the south.
- 4 Some went astray in desert wastes ♦
and found no path to a city to dwell in.
- 5 Hungry and thirsty, ♦
their soul was fainting within them.
- 6 So they cried to the Lord in their trouble ♦
and he delivered them from their distress.
- 7 He set their feet on the right way ♦
till they came to a city to dwell in.
- 8 *Let them give thanks to the Lord for his goodness ♦
and the wonders he does for his children.*
- 9 *For he satisfies the longing soul ♦
and fills the hungry soul with good.*
- 10 Some sat in darkness and in the shadow of death, ♦
bound fast in misery and iron,
- 11 For they had rebelled against the words of God ♦
and despised the counsel of the Most High.
- 12 So he bowed down their heart with heaviness; ♦
they stumbled and there was none to help them.
- 13 Then they cried to the Lord in their trouble, ♦
and he delivered them from their distress.
- 14 He brought them out of darkness and out of the shadow of death, ♦
and broke their bonds asunder.
- 15 *Let them give thanks to the Lord for his goodness ♦
and the wonders he does for his children.*
- 16 *For he has broken the doors of bronze ♦
and breaks the bars of iron in pieces.*
- 17 Some were foolish and took a rebellious way, ♦
and were plagued because of their wrongdoing.
- 18 Their soul abhorred all manner of food ♦
and drew near to the gates of death.
- 19 Then they cried to the Lord in their trouble, ♦
and he delivered them from their distress.
- 20 He sent forth his word and healed them, ♦
and saved them from destruction.
- 21 *Let them give thanks to the Lord for his goodness ♦
and the wonders he does for his children.*
- 22 *Let them offer him sacrifices of thanksgiving ♦
and tell of his acts with shouts of joy.*
- 23 Those who go down to the sea in ships ♦
and ply their trade in great waters,
- 24 These have seen the works of the Lord ♦
and his wonders in the deep.
- 25 For at his word the stormy wind arose ♦
and lifted up the waves of the sea.
- 26 They were carried up to the heavens
and down again to the deep; ♦
their soul melted away in their peril.
- 27 They reeled and staggered like a drunkard ♦
and were at their wits' end.
- 28 Then they cried to the Lord in their trouble, ♦
and he brought them out of their distress.
- 29 He made the storm be still ♦
and the waves of the sea were calmed.
- 30 Then were they glad because they were at rest, ♦
and he brought them to the haven they desired.
- 31 *Let them give thanks to the Lord for his goodness ♦
and the wonders he does for his children.*
- 32 *Let them exalt him in the congregation of the people ♦
and praise him in the council of the elders.*

- 33 The Lord turns rivers into wilderness ♦
and water springs into thirsty ground;
- 34 A fruitful land he makes a salty waste, ♦
because of the wickedness of those who dwell there.
- 35 He makes the wilderness a pool of water ♦
and water springs out of a thirsty land.
- 36 There he settles the hungry ♦
and they build a city to dwell in.
- 37 They sow fields and plant vineyards ♦
and bring in a fruitful harvest.
- 38 He blesses them, so that they multiply greatly; ♦
he does not let their herds of cattle decrease.
- 39 He pours contempt on princes ♦
and makes them wander in trackless wastes.
- 40 They are diminished and brought low, ♦
through stress of misfortune and sorrow,
- 41 But he raises the poor from their misery ♦
and multiplies their families like flocks of sheep.
- 42 The upright will see this and rejoice, ♦
but all wickedness will shut its mouth.
- 43 Whoever is wise will ponder these things ♦
and consider the loving-kindness of the Lord.

Psalm 108

- 1 My heart is ready, O God, my heart is ready; ♦
I will sing and give you praise.
- 2 Awake, my soul; awake, harp and lyre, ♦
that I may awaken the dawn.
- 3 I will give you thanks, O Lord, among the peoples; ♦
I will sing praise to you among the nations.
- 4 For your loving-kindness is as high as the heavens ♦
and your faithfulness reaches to the clouds.
- 5 Be exalted, O God, above the heavens ♦
and your glory over all the earth.

- 6 That your beloved may be delivered, ♦
save us by your right hand and answer me.
- 7 God has spoken in his holiness: ♦
'I will triumph and divide Shechem
and share out the valley of Succoth.
- 8 'Gilead is mine and Manasseh is mine; ♦
Ephraim is my helmet and Judah my sceptre.
- 9 'Moab shall be my washpot,
over Edom will I cast my sandal, ♦
across Philistia will I shout in triumph.'
- 10 Who will lead me into the strong city? ♦
Who will bring me into Edom?
- 11 Have you not cast us off, O God? ♦
Will you no longer go forth with our troops?
- 12 O grant us your help against the enemy, ♦
for earthly help is in vain.
- 13 Through God will we do great acts, ♦
for it is he that shall tread down our enemies.

Psalm 109

- 1 Keep silent no longer, O God of my praise, ♦
for the mouth of wickedness and treachery
is opened against me.
- 2 They have spoken against me with a lying tongue; ♦
they encompassed me with words of hatred
and fought against me without a cause.
- 3 In return for my love, they set themselves against me, ♦
even though I had prayed for them.
- 4 Thus have they repaid me with evil for good, ♦
and hatred for my good will.
- 5 They say, 'Appoint a wicked man over him, ♦
and let an accuser stand at his right hand.
- 6 'When he is judged, let him be found guilty, ♦
and let his prayer be counted as sin.

- 7 'Let his days be few ♦
and let another take his office.
- 8 'Let his children be fatherless ♦
and his wife become a widow.
- 9 'Let his children wander to beg their bread; ♦
let them seek it in desolate places.
- 10 'Let the creditor seize all that he has; ♦
let strangers plunder the fruit of his toil.
- 11 'Let there be no one to keep faith with him, ♦
or have compassion on his fatherless children.
- 12 'Let his line soon come to an end ♦
and his name be blotted out in the next generation.
- 13 'Let the wickedness of his fathers
be remembered before the Lord, ♦
and no sin of his mother be blotted out;
- 14 'Let their sin be always before the Lord, ♦
that he may root out their name from the earth;
- 15 'Because he was not minded to keep faith, ♦
but persecuted the poor and needy
and sought to kill the brokenhearted.
- 16 'He loved cursing and it came to him; ♦
he took no delight in blessing and it was far from him.
- 17 'He clothed himself with cursing as with a garment: ♦
it seeped into his body like water
and into his bones like oil;
- 18 'Let it be to him like the cloak
which he wraps around him ♦
and like the belt that he wears continually.'
- 19 Thus may the Lord repay my accusers ♦
and those who speak evil against me.
- 20 But deal with me, O Lord my God, according to your name; ♦
O deliver me, for sweet is your faithfulness.
- 21 For I am helpless and poor ♦
and my heart is disquieted within me.

- 22 I fade like a shadow that lengthens; ♦
I am shaken off like a locust.
- 23 My knees are weak through fasting ♦
and my flesh is dried up and wasted.
- 24 I have become a reproach to them; ♦
those who see me shake their heads in scorn.
- 25 Help me, O Lord my God; ♦
save me for your loving mercy's sake,
- 26 And they shall know that this is your hand, ♦
that you, O Lord, have done it.
- 27 Though they curse, may you bless; ♦
let those who rise up against me be confounded,
but let your servant rejoice.
- 28 Let my accusers be clothed with disgrace ♦
and wrap themselves in their shame as in a cloak.
- 29 I will give great thanks to the Lord with my mouth; ♦
in the midst of the multitude will I praise him;
- 30 Because he has stood at the right hand of the needy, ♦
to save them from those who would condemn them.

Psalm 110

- 1 The Lord said to my lord, 'Sit at my right hand, ♦
until I make your enemies your footstool.'
- 2 May the Lord stretch forth the sceptre of your power; ♦
rule from Zion in the midst of your enemies.
- 3 'Noble are you on this day of your birth; ♦
on the holy mountain, from the womb of the dawn
the dew of your new birth is upon you.'
- 4 The Lord has sworn and will not retract: ♦
'You are a priest for ever after the order of Melchizedek.'
- 5 The king at your right hand, O Lord, ♦
shall smite down kings in the day of his wrath.
- 6 In all his majesty, he shall judge among the nations, ♦
smiting heads over all the wide earth.
- 7 He shall drink from the brook beside the way; ♦
therefore shall he lift high his head.

Psalm 111

- 1 Alleluia.
I will give thanks to the Lord with my whole heart, ♦
in the company of the faithful and in the congregation.
- 2 The works of the Lord are great, ♦
sought out by all who delight in them.
- 3 His work is full of majesty and honour ♦
and his righteousness endures for ever.
- 4 He appointed a memorial for his marvellous deeds; ♦
the Lord is gracious and full of compassion.
- 5 He gave food to those who feared him; ♦
he is ever mindful of his covenant.
- 6 He showed his people the power of his works ♦
in giving them the heritage of the nations.
- 7 The works of his hands are truth and justice; ♦
all his commandments are sure.
- 8 They stand fast for ever and ever; ♦
they are done in truth and equity.
- 9 He sent redemption to his people;
he commanded his covenant for ever; ♦
holy and awesome is his name.
- 10 The fear of the Lord is the beginning of wisdom;
a good understanding have those who live by it; ♦
his praise endures for ever.

Psalm 112

- 1 Alleluia.
Blessed are those who fear the Lord ♦
and have great delight in his commandments.
- 2 Their descendants will be mighty in the land, ♦
a generation of the faithful that will be blest.
- 3 Wealth and riches will be in their house, ♦
and their righteousness endures for ever.
- 4 Light shines in the darkness for the upright; ♦
gracious and full of compassion are the righteous.

- 5 It goes well with those who are generous in lending ♦
and order their affairs with justice,
- 6 For they will never be shaken; ♦
the righteous will be held in everlasting remembrance.
- 7 They will not be afraid of any evil tidings; ♦
their heart is steadfast, trusting in the Lord.
- 8 Their heart is sustained and will not fear, ♦
until they see the downfall of their foes.
- 9 They have given freely to the poor;
their righteousness stands fast for ever; ♦
their head will be exalted with honour.
- 10 The wicked shall see it and be angry;
they shall gnash their teeth in despair; ♦
the desire of the wicked shall perish.

Psalm 113

- 1 Alleluia.
Give praise, you servants of the Lord, ♦
O praise the name of the Lord.
- 2 Blessed be the name of the Lord, ♦
from this time forth and for evermore.
- 3 From the rising of the sun to its setting ♦
let the name of the Lord be praised.
- 4 The Lord is high above all nations ♦
and his glory above the heavens.
- 5 Who is like the Lord our God,
that has his throne so high, ♦
yet humbles himself to behold
the things of heaven and earth?
- 6 He raises the poor from the dust ♦
and lifts the needy from the ashes,
- 7 To set them with princes, ♦
with the princes of his people.
- 8 He gives the barren woman a place in the house ♦
and makes her a joyful mother of children.
Alleluia.

Psalm 114

- 1 When Israel came out of Egypt, ♦
the house of Jacob from a people of a strange tongue,
- 2 Judah became his sanctuary, ♦
Israel his dominion.
- 3 The sea saw that, and fled; ♦
Jordan was driven back.
- 4 The mountains skipped like rams, ♦
the little hills like young sheep.
- 5 What ailed you, O sea, that you fled? ♦
O Jordan, that you were driven back?
- 6 You mountains, that you skipped like rams, ♦
you little hills like young sheep?
- 7 Tremble, O earth, at the presence of the Lord, ♦
at the presence of the God of Jacob,
- 8 Who turns the hard rock into a pool of water, ♦
the flint-stone into a springing well.

Psalm 115

- 1 Not to us, Lord, not to us,
but to your name give the glory, ♦
for the sake of your loving mercy and truth.
- 2 Why should the nations say, ♦
'Where is now their God?'
- 3 As for our God, he is in heaven; ♦
he does whatever he pleases.
- 4 Their idols are silver and gold, ♦
the work of human hands.
- 5 They have mouths, but cannot speak; ♦
eyes have they, but cannot see;
- 6 They have ears, but cannot hear; ♦
noses have they, but cannot smell;

- 7 They have hands, but cannot feel;
feet have they, but cannot walk; ♦
not a whisper do they make from their throats.
- 8 Those who make them shall become like them ♦
and so will all who put their trust in them.
- 9 But you, Israel, put your trust in the Lord; ♦
he is their help and their shield.
- 10 House of Aaron, trust in the Lord; ♦
he is their help and their shield.
- 11 You that fear the Lord, trust in the Lord; ♦
he is their help and their shield.
- 12 The Lord has been mindful of us and he will bless us; ♦
may he bless the house of Israel;
may he bless the house of Aaron;
- 13 May he bless those who fear the Lord, ♦
both small and great together.
- 14 May the Lord increase you more and more, ♦
you and your children after you.
- 15 May you be blest by the Lord, ♦
the maker of heaven and earth.
- 16 The heavens are the heavens of the Lord, ♦
but the earth he has entrusted to his children.
- 17 The dead do not praise the Lord, ♦
nor those gone down into silence;
- 18 But we will bless the Lord, ♦
from this time forth for evermore.
Alleluia.

Psalm 116

- 1 I love the Lord,
for he has heard the voice of my supplication; ♦
because he inclined his ear to me
on the day I called to him.
- 2 The snares of death encompassed me;
the pains of hell took hold of me; ♦
by grief and sorrow was I held.
- 3 Then I called upon the name of the Lord: ♦
'O Lord, I beg you, deliver my soul.'
- 4 Gracious is the Lord and righteous; ♦
our God is full of compassion.
- 5 The Lord watches over the simple; ♦
I was brought very low and he saved me.
- 6 Turn again to your rest, O my soul, ♦
for the Lord has been gracious to you.
- 7 For you have delivered my soul from death, ♦
my eyes from tears and my feet from falling.
- 8 I will walk before the Lord ♦
in the land of the living.
- 9 I believed that I should perish
for I was sorely troubled; ♦
and I said in my alarm,
'Everyone is a liar.'
- 10 How shall I repay the Lord ♦
for all the benefits he has given to me?
- 11 I will lift up the cup of salvation ♦
and call upon the name of the Lord.
- 12 I will fulfil my vows to the Lord ♦
in the presence of all his people.
- 13 Precious in the sight of the Lord ♦
is the death of his faithful servants.
- 14 O Lord, I am your servant, ♦
your servant, the child of your handmaid;
you have freed me from my bonds.

- 15 I will offer to you a sacrifice of thanksgiving ♦
and call upon the name of the Lord.
- 16 I will fulfil my vows to the Lord ♦
in the presence of all his people,
- 17 In the courts of the house of the Lord, ♦
in the midst of you, O Jerusalem.
Alleluia.

Psalm 117

- 1 O praise the Lord, all you nations; ♦
praise him, all you peoples.
- 2 For great is his steadfast love towards us, ♦
and the faithfulness of the Lord endures for ever.
Alleluia.

Psalm 118

- 1 O give thanks to the Lord, for he is good; ♦
his mercy endures for ever.
- 2 Let Israel now proclaim, ♦
'His mercy endures for ever.'
- 3 Let the house of Aaron now proclaim, ♦
'His mercy endures for ever.'
- 4 Let those who fear the Lord proclaim, ♦
'His mercy endures for ever.'
- 5 In my constraint I called to the Lord; ♦
the Lord answered and set me free.
- 6 The Lord is at my side; I will not fear; ♦
what can flesh do to me?
- 7 With the Lord at my side as my saviour, ♦
I shall see the downfall of my enemies.
- 8 It is better to take refuge in the Lord ♦
than to put any confidence in flesh.

- 9 It is better to take refuge in the Lord ♦
than to put any confidence in princes.
- 10 All the nations encompassed me, ♦
but by the name of the Lord I drove them back.
- 11 They hemmed me in, they hemmed me in on every side, ♦
but by the name of the Lord I drove them back.
- 12 They swarmed about me like bees;
they blazed like fire among thorns, ♦
but by the name of the Lord I drove them back.
- 13 Surely, I was thrust to the brink, ♦
but the Lord came to my help.
- 14 The Lord is my strength and my song, ♦
and he has become my salvation.
- 15 Joyful shouts of salvation ♦
sound from the tents of the righteous:
- 16 'The right hand of the Lord does mighty deeds;
the right hand of the Lord raises up; ♦
the right hand of the Lord does mighty deeds.'
- 17 I shall not die, but live ♦
and declare the works of the Lord.
- 18 The Lord has punished me sorely, ♦
but he has not given me over to death.
- 19 Open to me the gates of righteousness, ♦
that I may enter and give thanks to the Lord.
- 20 This is the gate of the Lord; ♦
the righteous shall enter through it.
- 21 I will give thanks to you, for you have answered me ♦
and have become my salvation.
- 22 The stone which the builders rejected ♦
has become the chief cornerstone.
- 23 This is the Lord's doing, ♦
and it is marvellous in our eyes.
- 24 This is the day that the Lord has made; ♦
we will rejoice and be glad in it.

- 25 Come, O Lord, and save us we pray. ♦
Come, Lord, send us now prosperity.
- 26 Blessed is he who comes in the name of the Lord; ♦
we bless you from the house of the Lord.
- 27 The Lord is God; he has given us light; ♦
link the pilgrims with cords
right to the horns of the altar.
- 28 You are my God and I will thank you; ♦
you are my God and I will exalt you.
- 29 O give thanks to the Lord, for he is good; ♦
his mercy endures for ever.

Psalm 119

I ✠ Aleph

- 1 Blessed are those whose way is pure, ♦
who walk in the law of the Lord.
- 2 Blessed are those who keep his testimonies ♦
and seek him with their whole heart,
- 3 Those who do no wickedness, ♦
but walk in his ways.
- 4 You, O Lord, have charged ♦
that we should diligently keep your commandments.
- 5 O that my ways were made so direct ♦
that I might keep your statutes.
- 6 Then should I not be put to shame, ♦
because I have regard for all your commandments.
- 7 I will thank you with an unfeigned heart, ♦
when I have learned your righteous judgements.
- 8 I will keep your statutes; ♦
O forsake me not utterly.

2 Beth

- 9 How shall young people cleanse their way ♦
to keep themselves according to your word?
- 10 With my whole heart have I sought you; ♦
O let me not go astray from your commandments.
- 11 Your words have I hidden within my heart, ♦
that I should not sin against you.
- 12 Blessed are you, O Lord; ♦
O teach me your statutes.
- 13 With my lips have I been telling ♦
of all the judgements of your mouth.
- 14 I have taken greater delight in the way of your testimonies ♦
than in all manner of riches.
- 15 I will meditate on your commandments ♦
and contemplate your ways.
- 16 My delight shall be in your statutes ♦
and I will not forget your word.

3 Gimel

- 17 O do good to your servant that I may live, ♦
and so shall I keep your word.
- 18 Open my eyes, that I may see ♦
the wonders of your law.
- 19 I am a stranger upon earth; ♦
hide not your commandments from me.
- 20 My soul is consumed at all times ♦
with fervent longing for your judgements.
- 21 You have rebuked the arrogant; ♦
cursed are those who stray from your commandments.
- 22 Turn from me shame and rebuke, ♦
for I have kept your testimonies.
- 23 Rulers also sit and speak against me, ♦
but your servant meditates on your statutes.
- 24 For your testimonies are my delight; ♦
they are my faithful counsellors.

4 Daleth

- 25 My soul cleaves to the dust; ♦
O give me life according to your word.
- 26 I have acknowledged my ways and you have answered me; ♦
O teach me your statutes.
- 27 Make me understand the way of your commandments, ♦
and so shall I meditate on your wondrous works.
- 28 My soul melts away in tears of sorrow; ♦
raise me up according to your word.
- 29 Take from me the way of falsehood; ♦
be gracious to me through your law.
- 30 I have chosen the way of truth ♦
and your judgements have I laid before me.
- 31 I hold fast to your testimonies; ♦
O Lord, let me not be put to shame.
- 32 I will run the way of your commandments, ♦
when you have set my heart at liberty.

5 He

- 33 Teach me, O Lord, the way of your statutes ♦
and I shall keep it to the end.
- 34 Give me understanding and I shall keep your law; ♦
I shall keep it with my whole heart.
- 35 Lead me in the path of your commandments, ♦
for therein is my delight.
- 36 Incline my heart to your testimonies ♦
and not to unjust gain.
- 37 Turn away my eyes lest they gaze on vanities; ♦
O give me life in your ways.
- 38 Confirm to your servant your promise, ♦
which stands for all who fear you.
- 39 Turn away the reproach which I dread, ♦
because your judgements are good.
- 40 Behold, I long for your commandments; ♦
in your righteousness give me life.

6 ׀ Waw

- 41 Let your faithful love come unto me, O Lord, ♦
even your salvation, according to your promise.
- 42 Then shall I answer those who taunt me, ♦
for my trust is in your word.
- 43 O take not the word of truth utterly out of my mouth, ♦
for my hope is in your judgements.
- 44 So shall I always keep your law; ♦
I shall keep it for ever and ever.
- 45 I will walk at liberty, ♦
because I study your commandments.
- 46 I will tell of your testimonies, even before kings, ♦
and will not be ashamed.
- 47 My delight shall be in your commandments, ♦
which I have greatly loved.
- 48 My hands will I lift up to your commandments,
which I love, ♦
and I will meditate on your statutes.

7 ׀ Zayin

- 49 Remember your word to your servant, ♦
on which you have built my hope.
- 50 This is my comfort in my trouble, ♦
that your promise gives me life.
- 51 The proud have derided me cruelly, ♦
but I have not turned aside from your law.
- 52 I have remembered your everlasting judgements, O Lord, ♦
and have been comforted.
- 53 I am seized with indignation at the wicked, ♦
for they have forsaken your law.
- 54 Your statutes have been like songs to me ♦
in the house of my pilgrimage.
- 55 I have thought on your name in the night, O Lord, ♦
and so have I kept your law.
- 56 These blessings have been mine, ♦
for I have kept your commandments.

8 ׀ Heth

- 57 You only are my portion, O Lord; ♦
I have promised to keep your words.
- 58 I entreat you with all my heart, ♦
be merciful to me according to your promise.
- 59 I have considered my ways ♦
and turned my feet back to your testimonies.
- 60 I made haste and did not delay ♦
to keep your commandments.
- 61 Though the cords of the wicked entangle me, ♦
I do not forget your law.
- 62 At midnight I will rise to give you thanks, ♦
because of your righteous judgements.
- 63 I am a companion of all those who fear you, ♦
those who keep your commandments.
- 64 The earth, O Lord, is full of your faithful love; ♦
instruct me in your statutes.

9 ׀ Teth

- 65 You have dealt graciously with your servant, ♦
according to your word, O Lord.
- 66 O teach me true understanding and knowledge, ♦
for I have trusted in your commandments.
- 67 Before I was afflicted I went astray, ♦
but now I keep your word.
- 68 You are gracious and do good; ♦
O Lord, teach me your statutes.
- 69 The proud have smeared me with lies, ♦
but I will keep your commandments with my whole heart.
- 70 Their heart has become gross with fat, ♦
but my delight is in your law.
- 71 It is good for me that I have been afflicted, ♦
that I may learn your statutes.
- 72 The law of your mouth is dearer to me ♦
than a hoard of gold and silver.

10 י Yodh

- 73 Your hands have made me and fashioned me; ♦
give me understanding, that I may learn your commandments.
- 74 Those who fear you will be glad when they see me, ♦
because I have hoped in your word.
- 75 I know, O Lord, that your judgements are right, ♦
and that in very faithfulness you caused me to be troubled.
- 76 Let your faithful love be my comfort, ♦
according to your promise to your servant.
- 77 Let your tender mercies come to me, that I may live, ♦
for your law is my delight.
- 78 Let the proud be put to shame, for they wrong me with lies; ♦
but I will meditate on your commandments.
- 79 Let those who fear you turn to me, ♦
even those who know your testimonies.
- 80 Let my heart be sound in your statutes, ♦
that I may not be put to shame.

11 כ Kaph

- 81 My soul is pining for your salvation; ♦
I have hoped in your word.
- 82 My eyes fail with watching for your word, ♦
while I say, 'O when will you comfort me?'
- 83 I have become like a wineskin in the smoke, ♦
yet I do not forget your statutes.
- 84 How many are the days of your servant? ♦
When will you bring judgement on those who persecute me?
- 85 The proud have dug pits for me ♦
in defiance of your law.
- 86 All your commandments are true; ♦
help me, for they persecute me with falsehood.
- 87 They had almost made an end of me on earth, ♦
but I have not forsaken your commandments.
- 88 Give me life according to your loving-kindness; ♦
so shall I keep the testimonies of your mouth.

12 ל Lamedh

- 89 O Lord, your word is everlasting; ♦
it ever stands firm in the heavens.
- 90 Your faithfulness also remains from one generation to another; ♦
you have established the earth and it abides.
- 91 So also your judgements stand firm this day, ♦
for all things are your servants.
- 92 If your law had not been my delight, ♦
I should have perished in my trouble.
- 93 I will never forget your commandments, ♦
for by them you have given me life.
- 94 I am yours, O save me! ♦
For I have sought your commandments.
- 95 The wicked have waited for me to destroy me, ♦
but I will meditate on your testimonies.
- 96 I have seen an end of all perfection, ♦
but your commandment knows no bounds.

13 מ Mem

- 97 Lord, how I love your law! ♦
All the day long it is my study.
- 98 Your commandments have made me wiser than my enemies, ♦
for they are ever with me.
- 99 I have more understanding than all my teachers, ♦
for your testimonies are my meditation.
- 100 I am wiser than the aged, ♦
because I keep your commandments.
- 101 I restrain my feet from every evil way, ♦
that I may keep your word.
- 102 I have not turned aside from your judgements, ♦
for you have been my teacher.
- 103 How sweet are your words on my tongue! ♦
They are sweeter than honey to my mouth.
- 104 Through your commandments I get understanding; ♦
therefore I hate all lying ways.

14 **י** Nun

- 105 Your word is a lantern to my feet ♦
and a light upon my path.
- 106 I have sworn and will fulfil it, ♦
to keep your righteous judgements.
- 107 I am troubled above measure; ♦
give me life, O Lord, according to your word.
- 108 Accept the freewill offering of my mouth, O Lord, ♦
and teach me your judgements.
- 109 My soul is ever in my hand, ♦
yet I do not forget your law.
- 110 The wicked have laid a snare for me, ♦
but I have not strayed from your commandments.
- 111 Your testimonies have I claimed as my heritage for ever; ♦
for they are the very joy of my heart.
- 112 I have applied my heart to fulfil your statutes: ♦
always, even to the end.

15 **ו** Samekh

- 113 I hate those who are double-minded, ♦
but your law do I love.
- 114 You are my hiding place and my shield ♦
and my hope is in your word.
- 115 Away from me, you wicked! ♦
I will keep the commandments of my God.
- 116 Sustain me according to your promise, that I may live, ♦
and let me not be disappointed in my hope.
- 117 Hold me up and I shall be saved, ♦
and my delight shall be ever in your statutes.
- 118 You set at nought those who depart from your statutes, ♦
for their deceiving is in vain.
- 119 You consider all the wicked as dross; ♦
therefore I love your testimonies.
- 120 My flesh trembles for fear of you ♦
and I am afraid of your judgements.

16 **ז** Ayin

- 121 I have done what is just and right; ♦
O give me not over to my oppressors.
- 122 Stand surety for your servant's good; ♦
let not the proud oppress me.
- 123 My eyes fail with watching for your salvation ♦
and for your righteous promise.
- 124 O deal with your servant according to your faithful love ♦
and teach me your statutes.
- 125 I am your servant; O grant me understanding, ♦
that I may know your testimonies.
- 126 It is time for you to act, O Lord, ♦
for they frustrate your law.
- 127 Therefore I love your commandments ♦
above gold, even much fine gold.
- 128 Therefore I direct my steps by all your precepts, ♦
and all false ways I utterly abhor.

17 **ח** Pe

- 129 Your testimonies are wonderful; ♦
therefore my soul keeps them.
- 130 The opening of your word gives light; ♦
it gives understanding to the simple.
- 131 I open my mouth and draw in my breath, ♦
as I long for your commandments.
- 132 Turn to me and be gracious to me, ♦
as is your way with those who love your name.
- 133 Order my steps by your word, ♦
and let no wickedness have dominion over me.
- 134 Redeem me from earthly oppressors ♦
so that I may keep your commandments.
- 135 Show the light of your countenance upon your servant ♦
and teach me your statutes.
- 136 My eyes run down with streams of water, ♦
because the wicked do not keep your law.

18 **צ** *Tsadhe*

- 137 Righteous are you, O Lord, ♦
and true are your judgements.
- 138 You have ordered your decrees in righteousness ♦
and in great faithfulness.
- 139 My indignation destroys me, ♦
because my adversaries forget your word.
- 140 Your word has been tried to the uttermost ♦
and so your servant loves it.
- 141 I am small and of no reputation, ♦
yet do I not forget your commandments.
- 142 Your righteousness is an everlasting righteousness ♦
and your law is the truth.
- 143 Trouble and heaviness have taken hold upon me, ♦
yet my delight is in your commandments.
- 144 The righteousness of your testimonies is everlasting; ♦
O grant me understanding and I shall live.

19 **ק** *Qoph*

- 145 I call with my whole heart; ♦
answer me, O Lord, that I may keep your statutes.
- 146 To you I call, O save me! ♦
And I shall keep your testimonies.
- 147 Early in the morning I cry to you, ♦
for in your word is my trust.
- 148 My eyes are open before the night watches, ♦
that I may meditate on your word.
- 149 Hear my voice, O Lord, according to your faithful love; ♦
according to your judgement, give me life.
- 150 They draw near that in malice persecute me, ♦
who are far from your law.
- 151 You, O Lord, are near at hand, ♦
and all your commandments are true.
- 152 Long have I known of your testimonies, ♦
that you have founded them for ever.

20 **ר** *Resh*

- 153 O consider my affliction and deliver me, ♦
for I do not forget your law.
- 154 Plead my cause and redeem me; ♦
according to your promise, give me life.
- 155 Salvation is far from the wicked, ♦
for they do not seek your statutes.
- 156 Great is your compassion, O Lord; ♦
give me life, according to your judgements.
- 157 Many there are that persecute and oppress me, ♦
yet do I not swerve from your testimonies.
- 158 It grieves me when I see the treacherous, ♦
for they do not keep your word.
- 159 Consider, O Lord, how I love your commandments; ♦
give me life according to your loving-kindness.
- 160 The sum of your word is truth, ♦
and all your righteous judgements endure for evermore.

21 **ש** *Shin*

- 161 Princes have persecuted me without a cause, ♦
but my heart stands in awe of your word.
- 162 I am as glad of your word ♦
as one who finds great spoils.
- 163 As for lies, I hate and abhor them, ♦
but your law do I love.
- 164 Seven times a day do I praise you, ♦
because of your righteous judgements.
- 165 Great peace have they who love your law; ♦
nothing shall make them stumble.
- 166 Lord, I have looked for your salvation ♦
and I have fulfilled your commandments.
- 167 My soul has kept your testimonies ♦
and greatly have I loved them.
- 168 I have kept your commandments and testimonies, ♦
for all my ways are before you.

- 169 Let my cry come before you, O Lord; ♦
give me understanding, according to your word.
- 170 Let my supplication come before you; ♦
deliver me, according to your promise.
- 171 My lips shall pour forth your praise, ♦
when you have taught me your statutes.
- 172 My tongue shall sing of your word, ♦
for all your commandments are righteous.
- 173 Let your hand reach out to help me, ♦
for I have chosen your commandments.
- 174 I have longed for your salvation, O Lord, ♦
and your law is my delight.
- 175 Let my soul live and it shall praise you, ♦
and let your judgements be my help.
- 176 I have gone astray like a sheep that is lost; ♦
O seek your servant, for I do not forget your commandments.

Psalm 120

- 1 When I was in trouble I called to the Lord; ♦
I called to the Lord and he answered me.
- 2 Deliver me, O Lord, from lying lips ♦
and from a deceitful tongue.
- 3 What shall be given to you? ♦
What more shall be done to you, deceitful tongue?
- 4 The sharp arrows of a warrior, ♦
tempered in burning coals!
- 5 Woe is me, that I must lodge in Meshech ♦
and dwell among the tents of Kedar.
- 6 My soul has dwelt too long ♦
with enemies of peace.
- 7 I am for making peace, ♦
but when I speak of it, they make ready for war.

- 1 I lift up my eyes to the hills; ♦
from where is my help to come?
- 2 My help comes from the Lord, ♦
the maker of heaven and earth.
- 3 He will not suffer your foot to stumble; ♦
he who watches over you will not sleep.
- 4 Behold, he who keeps watch over Israel ♦
shall neither slumber nor sleep.
- 5 The Lord himself watches over you; ♦
the Lord is your shade at your right hand,
- 6 So that the sun shall not strike you by day, ♦
neither the moon by night.
- 7 The Lord shall keep you from all evil; ♦
it is he who shall keep your soul.
- 8 The Lord shall keep watch over your going out
and your coming in, ♦
from this time forth for evermore.

Psalm 122

- 1 I was glad when they said to me, ♦
'Let us go to the house of the Lord.'
- 2 And now our feet are standing ♦
within your gates, O Jerusalem;
- 3 Jerusalem, built as a city ♦
that is at unity in itself.
- 4 Thither the tribes go up, the tribes of the Lord, ♦
as is decreed for Israel,
to give thanks to the name of the Lord.
- 5 For there are set the thrones of judgement, ♦
the thrones of the house of David.

- 6 O pray for the peace of Jerusalem: ♦
‘May they prosper who love you.
- 7 ‘Peace be within your walls ♦
and tranquillity within your palaces.’
- 8 For my kindred and companions’ sake, ♦
I will pray that peace be with you.
- 9 For the sake of the house of the Lord our God, ♦
I will seek to do you good.

Psalm 123

- 1 To you I lift up my eyes, ♦
to you that are enthroned in the heavens.
- 2 As the eyes of servants look to the hand of their master, ♦
or the eyes of a maid to the hand of her mistress,
- 3 So our eyes wait upon the Lord our God, ♦
until he have mercy upon us.
- 4 Have mercy upon us, O Lord, have mercy upon us, ♦
for we have had more than enough of contempt.
- 5 Our soul has had more than enough of the scorn of the arrogant, ♦
and of the contempt of the proud.

Psalm 124

- 1 If the Lord himself had not been on our side, ♦
now may Israel say;
- 2 If the Lord had not been on our side, ♦
when enemies rose up against us;
- 3 Then would they have swallowed us alive ♦
when their anger burned against us;
- 4 Then would the waters have overwhelmed us
and the torrent gone over our soul; ♦
over our soul would have swept the raging waters.

- 5 But blessed be the Lord ♦
who has not given us over to be a prey for their teeth.
- 6 Our soul has escaped
as a bird from the snare of the fowler; ♦
the snare is broken and we are delivered.
- 7 Our help is in the name of the Lord, ♦
who has made heaven and earth.

Psalm 125

- 1 Those who trust in the Lord are like Mount Zion, ♦
which cannot be moved, but stands fast for ever.
- 2 As the hills stand about Jerusalem, ♦
so the Lord stands round about his people,
from this time forth for evermore.
- 3 The sceptre of wickedness shall not hold sway
over the land allotted to the righteous, ♦
lest the righteous turn their hands to evil.
- 4 Do good, O Lord, to those who are good, ♦
and to those who are true of heart.
- 5 Those who turn aside to crooked ways
the Lord shall take away with the evildoers; ♦
but let there be peace upon Israel.

Psalm 126

- 1 When the Lord restored the fortunes of Zion, ♦
then were we like those who dream.
- 2 Then was our mouth filled with laughter ♦
and our tongue with songs of joy.
- 3 Then said they among the nations, ♦
‘The Lord has done great things for them.’
- 4 The Lord has indeed done great things for us, ♦
and therefore we rejoiced.

- 5 Restore again our fortunes, O Lord, ♦
as the river beds of the desert.
- 6 Those who sow in tears ♦
shall reap with songs of joy.
- 7 Those who go out weeping, bearing the seed, ♦
will come back with shouts of joy,
bearing their sheaves with them.

Psalm 127

- 1 Unless the Lord builds the house, ♦
those who build it labour in vain.
- 2 Unless the Lord keeps the city, ♦
the guard keeps watch in vain.
- 3 It is in vain that you hasten to rise up early
and go so late to rest, eating the bread of toil, ♦
for he gives his beloved sleep.
- 4 Children are a heritage from the Lord ♦
and the fruit of the womb is his gift.
- 5 Like arrows in the hand of a warrior, ♦
so are the children of one's youth.
- 6 Happy are those who have their quiver full of them: ♦
they shall not be put to shame
when they dispute with their enemies in the gate.

Psalm 128

- 1 Blessed are all those who fear the Lord, ♦
and walk in his ways.
- 2 You shall eat the fruit of the toil of your hands; ♦
it shall go well with you, and happy shall you be.
- 3 Your wife within your house
shall be like a fruitful vine; ♦
your children round your table,
like fresh olive branches.

- 4 Thus shall the one be blest ♦
who fears the Lord.
- 5 The Lord from out of Zion bless you, ♦
that you may see Jerusalem in prosperity
all the days of your life.
- 6 May you see your children's children, ♦
and may there be peace upon Israel.

Psalm 129

- 1 'Many a time have they fought against me from my youth,' ♦
may Israel now say;
- 2 'Many a time have they fought against me from my youth, ♦
but they have not prevailed against me.'
- 3 The ploughers ploughed upon my back ♦
and made their furrows long.
- 4 But the righteous Lord ♦
has cut the cords of the wicked in pieces.
- 5 Let them be put to shame and turned backwards, ♦
as many as are enemies of Zion.
- 6 Let them be like grass upon the housetops, ♦
which withers before it can grow,
- 7 So that no reaper can fill his hand, ♦
nor a binder of sheaves his bosom;
- 8 And none who go by may say,
'The blessing of the Lord be upon you. ♦
We bless you in the name of the Lord.'

Psalm 130

- 1 Out of the depths have I cried to you, O Lord;
Lord, hear my voice; ♦
let your ears consider well the voice of my supplication.
- 2 If you, Lord, were to mark what is done amiss, ♦
O Lord, who could stand?
- 3 But there is forgiveness with you, ♦
so that you shall be feared.
- 4 I wait for the Lord; my soul waits for him; ♦
in his word is my hope.
- 5 My soul waits for the Lord,
more than the night watch for the morning, ♦
more than the night watch for the morning.
- 6 O Israel, wait for the Lord, ♦
for with the Lord there is mercy;
- 7 With him is plenteous redemption ♦
and he shall redeem Israel from all their sins.

Psalm 131

- 1 O Lord, my heart is not proud; ♦
my eyes are not raised in haughty looks.
- 2 I do not occupy myself with great matters, ♦
with things that are too high for me.
- 3 But I have quieted and stilled my soul,
like a weaned child on its mother's breast; ♦
so my soul is quieted within me.
- 4 O Israel, trust in the Lord, ♦
from this time forth for evermore.

Psalm 132

- 1 Lord, remember for David ♦
all the hardships he endured;
- 2 How he swore an oath to the Lord ♦
and vowed a vow to the Mighty One of Jacob:
- 3 'I will not come within the shelter of my house, ♦
nor climb up into my bed;
- 4 'I will not allow my eyes to sleep, ♦
nor let my eyelids slumber,
- 5 'Until I find a place for the Lord, ♦
a dwelling for the Mighty One of Jacob.'
- 6 Now, we heard of the ark in Ephrathah ♦
and found it in the fields of Ja-ar.
- 7 Let us enter his dwelling place ♦
and fall low before his footstool.
- 8 Arise, O Lord, into your resting place, ♦
you and the ark of your strength.
- 9 Let your priests be clothed with righteousness ♦
and your faithful ones sing with joy.
- 10 For your servant David's sake, ♦
turn not away the face of your anointed.
- 11 The Lord has sworn an oath to David, ♦
a promise from which he will not shrink:
- 12 'Of the fruit of your body ♦
shall I set upon your throne.
- 13 'If your children keep my covenant
and my testimonies that I shall teach them, ♦
their children also shall sit upon your throne for evermore.'
- 14 For the Lord has chosen Zion for himself; ♦
he has desired her for his habitation:
- 15 'This shall be my resting place for ever; ♦
here will I dwell, for I have longed for her.

- 16 'I will abundantly bless her provision; ♦
her poor will I satisfy with bread.
- 17 'I will clothe her priests with salvation, ♦
and her faithful ones shall rejoice and sing.
- 18 'There will I make a horn to spring up for David; ♦
I will keep a lantern burning for my anointed.
- 19 'As for his enemies, I will clothe them with shame; ♦
but on him shall his crown be bright.'

Psalm 133

- 1 Behold how good and pleasant it is ♦
to dwell together in unity.
- 2 It is like the precious oil upon the head, ♦
running down upon the beard,
- 3 Even on Aaron's beard, ♦
running down upon the collar of his clothing.
- 4 It is like the dew of Hermon ♦
running down upon the hills of Zion.
- 5 For there the Lord has promised his blessing: ♦
even life for evermore.

Psalm 134

- 1 Come, bless the Lord, all you servants of the Lord, ♦
you that by night stand in the house of the Lord.
- 2 Lift up your hands towards the sanctuary ♦
and bless the Lord.
- 3 The Lord who made heaven and earth ♦
give you blessing out of Zion.

Psalm 135

- 1 Alleluia.
Praise the name of the Lord; ♦
give praise, you servants of the Lord,
- 2 You that stand in the house of the Lord, ♦
in the courts of the house of our God.
- 3 Praise the Lord, for the Lord is good; ♦
make music to his name, for it is lovely.
- 4 For the Lord has chosen Jacob for himself ♦
and Israel for his own possession.
- 5 For I know that the Lord is great ♦
and that our Lord is above all gods.
- 6 The Lord does whatever he pleases
in heaven and on earth, ♦
in the seas and in all the deeps.
- 7 He brings up the clouds from the ends of the earth; ♦
he makes lightning with the rain
and brings the winds out of his treasuries.
- 8 He smote the firstborn of Egypt, ♦
the firstborn of man and beast.
- 9 He sent signs and wonders into your midst, O Egypt, ♦
upon Pharaoh and all his servants.
- 10 He smote many nations ♦
and slew mighty kings:
- 11 Sihon, king of the Amorites,
and Og, the king of Bashan, ♦
and all the kingdoms of Canaan.
- 12 He gave their land as a heritage, ♦
a heritage for Israel his people.
- 13 Your name, O Lord, endures for ever ♦
and shall be remembered through all generations.
- 14 For the Lord will vindicate his people ♦
and have compassion on his servants.

- 15 The idols of the nations are but silver and gold, ♦
the work of human hands.
- 16 They have mouths, but cannot speak; ♦
eyes have they, but cannot see;
- 17 They have ears, but cannot hear; ♦
neither is there any breath in their mouths.
- 18 Those who make them shall become like them, ♦
and so will all who put their trust in them.
- 19 Bless the Lord, O house of Israel; ♦
O house of Aaron, bless the Lord.
- 20 Bless the Lord, O house of Levi; ♦
you who fear the Lord, bless the Lord.
- 21 Blessed be the Lord from Zion, ♦
who dwells in Jerusalem.
Alleluia.

Psalm 136

- 1 Give thanks to the Lord, for he is gracious, ♦
for his mercy endures for ever.
- 2 Give thanks to the God of gods, ♦
for his mercy endures for ever.
- 3 Give thanks to the Lord of lords, ♦
for his mercy endures for ever;
- 4 Who alone does great wonders, ♦
for his mercy endures for ever;
- 5 Who by wisdom made the heavens, ♦
for his mercy endures for ever;
- 6 Who laid out the earth upon the waters, ♦
for his mercy endures for ever;
- 7 Who made the great lights, ♦
for his mercy endures for ever;
- 8 The sun to rule the day, ♦
for his mercy endures for ever;

- 9 The moon and the stars to govern the night, ♦
for his mercy endures for ever;
- 10 Who smote the firstborn of Egypt, ♦
for his mercy endures for ever;
- 11 And brought out Israel from among them, ♦
for his mercy endures for ever;
- 12 With a mighty hand and outstretched arm, ♦
for his mercy endures for ever;
- 13 Who divided the Red Sea in two, ♦
for his mercy endures for ever;
- 14 And made Israel to pass through the midst of it, ♦
for his mercy endures for ever;
- 15 But Pharaoh and his host he overthrew in the Red Sea, ♦
for his mercy endures for ever;
- 16 Who led his people through the wilderness, ♦
for his mercy endures for ever;
- 17 Who smote great kings, ♦
for his mercy endures for ever;
- 18 And slew mighty kings, ♦
for his mercy endures for ever;
- 19 Sihon, king of the Amorites, ♦
for his mercy endures for ever;
- 20 And Og, the king of Bashan, ♦
for his mercy endures for ever;
- 21 And gave away their land for a heritage, ♦
for his mercy endures for ever;
- 22 A heritage for Israel his servant, ♦
for his mercy endures for ever;
- 23 Who remembered us when we were in trouble, ♦
for his mercy endures for ever;
- 24 And delivered us from our enemies, ♦
for his mercy endures for ever;

- 25 Who gives food to all creatures, ♦
for his mercy endures for ever.
- 26 Give thanks to the God of heaven, ♦
for his mercy endures for ever.

Psalm 137

- 1 By the waters of Babylon we sat down and wept, ♦
when we remembered Zion.
- 2 As for our lyres, we hung them up ♦
on the willows that grow in that land.
- 3 For there our captors asked for a song,
our tormentors called for mirth: ♦
'Sing us one of the songs of Zion.'
- 4 How shall we sing the Lord's song ♦
in a strange land?
- 5 If I forget you, O Jerusalem, ♦
let my right hand forget its skill.
- 6 Let my tongue cleave to the roof of my mouth
if I do not remember you, ♦
if I set not Jerusalem above my highest joy.
- 7 Remember, O Lord, against the people of Edom
the day of Jerusalem, ♦
how they said, 'Down with it, down with it,
even to the ground.'
- 8 O daughter of Babylon, doomed to destruction, ♦
happy the one who repays you
for all you have done to us;
- 9 Who takes your little ones, ♦
and dashes them against the rock.

Psalm 138

- 1 I will give thanks to you, O Lord, with my whole heart; ♦
before the gods will I sing praise to you.
- 2 I will bow down towards your holy temple and praise your name,
because of your love and faithfulness; ♦
for you have glorified your name
and your word above all things.
- 3 In the day that I called to you, you answered me; ♦
you put new strength in my soul.
- 4 All the kings of the earth shall praise you, O Lord, ♦
for they have heard the words of your mouth.
- 5 They shall sing of the ways of the Lord, ♦
that great is the glory of the Lord.
- 6 Though the Lord be high, he watches over the lowly; ♦
as for the proud, he regards them from afar.
- 7 Though I walk in the midst of trouble,
you will preserve me; ♦
you will stretch forth your hand against the fury of my enemies;
your right hand will save me.
- 8 The Lord shall make good his purpose for me; ♦
your loving-kindness, O Lord, endures for ever;
forsake not the work of your hands.

Psalm 139

- 1 O Lord, you have searched me out and known me; ♦
you know my sitting down and my rising up;
you discern my thoughts from afar.
- 2 You mark out my journeys and my resting place ♦
and are acquainted with all my ways.
- 3 For there is not a word on my tongue, ♦
but you, O Lord, know it altogether.
- 4 You encompass me behind and before ♦
and lay your hand upon me.

- 5 Such knowledge is too wonderful for me, ♦
so high that I cannot attain it.
- 6 Where can I go then from your spirit? ♦
Or where can I flee from your presence?
- 7 If I climb up to heaven, you are there; ♦
if I make the grave my bed, you are there also.
- 8 If I take the wings of the morning ♦
and dwell in the uttermost parts of the sea,
- 9 Even there your hand shall lead me, ♦
your right hand hold me fast.
- 10 If I say, 'Surely the darkness will cover me ♦
and the light around me turn to night,'
- 11 Even darkness is no darkness with you;
the night is as clear as the day; ♦
darkness and light to you are both alike.
- 12 For you yourself created my inmost parts; ♦
you knit me together in my mother's womb.
- 13 I thank you, for I am fearfully and wonderfully made; ♦
marvellous are your works, my soul knows well.
- 14 My frame was not hidden from you, ♦
when I was made in secret
and woven in the depths of the earth.
- 15 Your eyes beheld my form, as yet unfinished; ♦
already in your book were all my members written,
- 16 As day by day they were fashioned ♦
when as yet there was none of them.
- 17 How deep are your counsels to me, O God! ♦
How great is the sum of them!
- 18 If I count them, they are more in number than the sand, ♦
and at the end, I am still in your presence.
- 19 O that you would slay the wicked, O God, ♦
that the bloodthirsty might depart from me!
- 20 They speak against you with wicked intent; ♦
your enemies take up your name for evil.

- 21 Do I not oppose those, O Lord, who oppose you? ♦
Do I not abhor those who rise up against you?
- 22 I hate them with a perfect hatred; ♦
they have become my own enemies also.
- 23 Search me out, O God, and know my heart; ♦
try me and examine my thoughts.
- 24 See if there is any way of wickedness in me ♦
and lead me in the way everlasting.

Psalm 140

- 1 Deliver me, O Lord, from evildoers ♦
and protect me from the violent,
- 2 Who devise evil in their hearts ♦
and stir up strife all the day long.
- 3 They have sharpened their tongues like a serpent; ♦
adder's poison is under their lips.
- 4 Keep me, O Lord, from the hands of the wicked; ♦
protect me from the violent
who seek to make me stumble.
- 5 The proud have laid a snare for me
and spread out a net of cords; ♦
they have set traps along my path.
- 6 I have said to the Lord, 'You are my God; ♦
listen, O Lord, to the voice of my supplication.
- 7 'O Lord God, the strength of my salvation, ♦
you have covered my head in the day of battle.
- 8 'Do not grant the desires of the wicked, O Lord, ♦
do not prosper their wicked plans.
- 9 'Let not those who surround me lift up their heads; ♦
let the evil of their own lips fall upon them.
- 10 'Let hot burning coals rain upon them; ♦
let them be cast into the depths, that they rise not again.'

- 11 No slanderer shall prosper on the earth, ♦
and evil shall hunt down the violent to overthrow them.
- 12 I know that the Lord will bring justice for the oppressed ♦
and maintain the cause of the needy.
- 13 Surely, the righteous will give thanks to your name, ♦
and the upright shall dwell in your presence.

Psalm 141

- 1 O Lord, I call to you; come to me quickly; ♦
hear my voice when I cry to you.
- 2 Let my prayer rise before you as incense, ♦
the lifting up of my hands as the evening sacrifice.
- 3 Set a watch before my mouth, O Lord, ♦
and guard the door of my lips;
- 4 Let not my heart incline to any evil thing; ♦
let me not be occupied in wickedness with evildoers,
nor taste the pleasures of their table.
- 5 Let the righteous smite me in friendly rebuke;
but let not the oil of the unrighteous anoint my head; ♦
for my prayer is continually against their wicked deeds.
- 6 Let their rulers be overthrown in stony places; ♦
then they may know that my words are sweet.
- 7 As when a plough turns over the earth in furrows, ♦
let their bones be scattered at the mouth of the Pit.
- 8 But my eyes are turned to you, Lord God; ♦
in you I take refuge; do not leave me defenceless.
- 9 Protect me from the snare which they have laid for me ♦
and from the traps of the evildoers.
- 10 Let the wicked fall into their own nets, ♦
while I pass by in safety.

Psalm 142

- 1 I cry aloud to the Lord; ♦
to the Lord I make my supplication.
- 2 I pour out my complaint before him ♦
and tell him of my trouble.
- 3 When my spirit faints within me, you know my path; ♦
in the way wherein I walk have they laid a snare for me.
- 4 I look to my right hand, and find no one who knows me; ♦
I have no place to flee to, and no one cares for my soul.
- 5 I cry out to you, O Lord, and say: ♦
'You are my refuge, my portion in the land of the living.
- 6 'Listen to my cry, for I am brought very low; ♦
save me from my persecutors, for they are too strong for me.
- 7 'Bring my soul out of prison,
that I may give thanks to your name; ♦
when you have dealt bountifully with me,
then shall the righteous gather around me.'

Psalm 143

- 1 Hear my prayer, O Lord,
and in your faithfulness give ear to my supplications; ♦
answer me in your righteousness.
- 2 Enter not into judgement with your servant, ♦
for in your sight shall no one living be justified.
- 3 For the enemy has pursued me,
crushing my life to the ground, ♦
making me sit in darkness like those long dead.
- 4 My spirit faints within me; ♦
my heart within me is desolate.
- 5 I remember the time past; I muse upon all your deeds; ♦
I consider the works of your hands.
- 6 I stretch out my hands to you; ♦
my soul gasps for you like a thirsty land.
- 7 O Lord, make haste to answer me; my spirit fails me; ♦
hide not your face from me
lest I be like those who go down to the Pit.

- 8 Let me hear of your loving-kindness in the morning,
for in you I put my trust; ♦
show me the way I should walk in,
for I lift up my soul to you.
- 9 Deliver me, O Lord, from my enemies, ♦
for I flee to you for refuge.
- 10 Teach me to do what pleases you, for you are my God; ♦
let your kindly spirit lead me on a level path.
- 11 Revive me, O Lord, for your name's sake; ♦
for your righteousness' sake, bring me out of trouble.
- 12 In your faithfulness, slay my enemies,
and destroy all the adversaries of my soul, ♦
for truly I am your servant.

Psalm 144

- 1 Blessed be the Lord my rock, ♦
who teaches my hands for war and my fingers for battle;
- 2 My steadfast help and my fortress,
my stronghold and my deliverer,
my shield in whom I trust, ♦
who subdues the peoples under me.
- 3 O Lord, what are mortals that you should consider them; ♦
mere human beings, that you should take thought for them?
- 4 They are like a breath of wind; ♦
their days pass away like a shadow.
- 5 Bow your heavens, O Lord, and come down; ♦
touch the mountains and they shall smoke.
- 6 Cast down your lightnings and scatter them; ♦
shoot out your arrows and let thunder roar.
- 7 Reach down your hand from on high; ♦
deliver me and take me out of the great waters,
from the hand of foreign enemies,
- 8 Whose mouth speaks wickedness ♦
and their right hand is the hand of falsehood.

- 9 O God, I will sing to you a new song; ♦
I will play to you on a ten-stringed harp,
- 10 You that give salvation to kings ♦
and have delivered David your servant.
- 11 Save me from the peril of the sword ♦
and deliver me from the hand of foreign enemies,
- 12 Whose mouth speaks wickedness ♦
and whose right hand is the hand of falsehood;
- 13 So that our sons in their youth
may be like well-nurtured plants, ♦
and our daughters like pillars
carved for the corners of the temple;
- 14 Our barns be filled with all manner of store; ♦
our flocks bearing thousands,
and ten thousands in our fields;
- 15 Our cattle be heavy with young; ♦
may there be no miscarriage or untimely birth,
no cry of distress in our streets.
- 16 Happy are the people whose blessing this is. ♦
Happy are the people who have the Lord for their God.

Psalm 145

- 1 I will exalt you, O God my King, ♦
and bless your name for ever and ever.
- 2 Every day will I bless you ♦
and praise your name for ever and ever.
- 3 Great is the Lord and highly to be praised; ♦
his greatness is beyond all searching out.
- 4 One generation shall praise your works to another ♦
and declare your mighty acts.
- 5 They shall speak of the majesty of your glory, ♦
and I will tell of all your wonderful deeds.
- 6 They shall speak of the might of your marvellous acts, ♦
and I will also tell of your greatness.

- 7 They shall pour forth the story of your abundant kindness ♦
and joyfully sing of your righteousness.
- 8 The Lord is gracious and merciful, ♦
long-suffering and of great goodness.
- 9 The Lord is loving to everyone ♦
and his mercy is over all his creatures.
- 10 All your works praise you, O Lord, ♦
and your faithful servants bless you.
- 11 They tell of the glory of your kingdom ♦
and speak of your mighty power,
- 12 To make known to all peoples your mighty acts ♦
and the glorious splendour of your kingdom.
- 13 Your kingdom is an everlasting kingdom; ♦
your dominion endures throughout all ages.
- 14 The Lord is sure in all his words ♦
and faithful in all his deeds.
- 15 The Lord upholds all those who fall ♦
and lifts up all those who are bowed down.
- 16 The eyes of all wait upon you, O Lord, ♦
and you give them their food in due season.
- 17 You open wide your hand ♦
and fill all things living with plenty.
- 18 The Lord is righteous in all his ways ♦
and loving in all his works.
- 19 The Lord is near to those who call upon him, ♦
to all who call upon him faithfully.
- 20 He fulfils the desire of those who fear him; ♦
he hears their cry and saves them.
- 21 The Lord watches over those who love him, ♦
but all the wicked shall he destroy.
- 22 My mouth shall speak the praise of the Lord, ♦
and let all flesh bless his holy name for ever and ever.

- 1 Alleluia.
Praise the Lord, O my soul:
while I live will I praise the Lord; ♦
as long as I have any being,
I will sing praises to my God.
- 2 Put not your trust in princes,
nor in any human power, ♦
for there is no help in them.
- 3 When their breath goes forth, they return to the earth; ♦
on that day all their thoughts perish.
- 4 Happy are those who have the God of Jacob for their help, ♦
whose hope is in the Lord their God;
- 5 Who made heaven and earth,
the sea and all that is in them; ♦
who keeps his promise for ever;
- 6 Who gives justice to those that suffer wrong ♦
and bread to those who hunger.
- 7 The Lord looses those that are bound; ♦
the Lord opens the eyes of the blind;
- 8 The Lord lifts up those who are bowed down; ♦
the Lord loves the righteous;
- 9 The Lord watches over the stranger in the land;
he upholds the orphan and widow; ♦
but the way of the wicked he turns upside down.
- 10 The Lord shall reign for ever, ♦
your God, O Zion, throughout all generations.
Alleluia.

Psalm 147

- 1 Alleluia.
How good it is to make music for our God, ♦
how joyful to honour him with praise.
- 2 The Lord builds up Jerusalem ♦
and gathers together the outcasts of Israel.
- 3 He heals the brokenhearted ♦
and binds up all their wounds.
- 4 He counts the number of the stars ♦
and calls them all by their names.
- 5 Great is our Lord and mighty in power; ♦
his wisdom is beyond all telling.
- 6 The Lord lifts up the poor; ♦
but casts down the wicked to the ground.
- 7 Sing to the Lord with thanksgiving; ♦
make music to our God upon the lyre;
- 8 Who covers the heavens with clouds ♦
and prepares rain for the earth;
- 9 Who makes grass to grow upon the mountains ♦
and green plants to serve our needs.
- 10 He gives the beasts their food ♦
and the young ravens when they cry.
- 11 He takes no pleasure in the power of a horse, ♦
no delight in human strength;
- 12 But the Lord delights in those who fear him, ♦
who put their trust in his steadfast love.
- 13 Sing praise to the Lord, O Jerusalem; ♦
praise your God, O Zion;
- 14 For he has strengthened the bars of your gates ♦
and has blest your children within you.
- 15 He has established peace in your borders ♦
and satisfies you with the finest wheat.
- 16 He sends forth his command to the earth ♦
and his word runs very swiftly.

- 17 He gives snow like wool ♦
and scatters the hoarfrost like ashes.
- 18 He casts down his hailstones like morsels of bread; ♦
who can endure his frost?
- 19 He sends forth his word and melts them; ♦
he blows with his wind and the waters flow.
- 20 He declares his word to Jacob, ♦
his statutes and judgements to Israel.
- 21 He has not dealt so with any other nation; ♦
they do not know his laws.
Alleluia.

Psalm 148

- 1 Alleluia.
Praise the Lord from the heavens; ♦
praise him in the heights.
- 2 Praise him, all you his angels; ♦
praise him, all his host.
- 3 Praise him, sun and moon; ♦
praise him, all you stars of light.
- 4 Praise him, heaven of heavens, ♦
and you waters above the heavens.
- 5 Let them praise the name of the Lord, ♦
for he commanded and they were created.
- 6 He made them fast for ever and ever; ♦
he gave them a law which shall not pass away.
- 7 Praise the Lord from the earth, ♦
you sea monsters and all deeps;
- 8 Fire and hail, snow and mist, ♦
tempestuous wind, fulfilling his word;
- 9 Mountains and all hills, ♦
fruit trees and all cedars;
- 10 Wild beasts and all cattle, ♦
creeping things and birds on the wing;

- 11 Kings of the earth and all peoples, ♦
princes and all rulers of the world;
- 12 Young men and women,
old and young together; ♦
let them praise the name of the Lord.
- 13 For his name only is exalted, ♦
his splendour above earth and heaven.
- 14 He has raised up the horn of his people
and praise for all his faithful servants, ♦
the children of Israel, a people who are near him.
Alleluia.

Psalm 149

- 1 Alleluia.
O sing to the Lord a new song; ♦
sing his praise in the congregation of the faithful.
- 2 Let Israel rejoice in their maker; ♦
let the children of Zion be joyful in their king.
- 3 Let them praise his name in the dance; ♦
let them sing praise to him with timbrel and lyre.
- 4 For the Lord has pleasure in his people ♦
and adorns the poor with salvation.
- 5 Let the faithful be joyful in glory; ♦
let them rejoice in their ranks,
- 6 With the praises of God in their mouths ♦
and a two-edged sword in their hands;
- 7 To execute vengeance on the nations ♦
and punishment on the peoples;
- 8 To bind their kings in chains ♦
and their nobles with fetters of iron;
- 9 To execute on them the judgement decreed: ♦
such honour have all his faithful servants.
Alleluia.

- 1 Alleluia.
O praise God in his holiness; ♦
praise him in the firmament of his power.
- 2 Praise him for his mighty acts; ♦
praise him according to his excellent greatness.
- 3 Praise him with the blast of the trumpet; ♦
praise him upon the harp and lyre.
- 4 Praise him with timbrel and dances; ♦
praise him upon the strings and pipe.
- 5 Praise him with ringing cymbals; ♦
praise him upon the clashing cymbals.
- 6 Let everything that has breath ♦
praise the Lord.
Alleluia.